

DOLPHIN LOG

Collection, Year 2017

**The Bulletin of the
Dolphin Swimming & Boating Club
San Francisco, Established 1877**



**Dolphin Swimming & Boating Club
502 Jefferson Street
San Francisco, CA 94109**

SPRING 2017

DOLPHIN LOG

THE BULLETIN OF THE DOLPHIN SWIMMING & BOATING CLUB • SAN FRANCISCO • ESTABLISHED 1877



Once 'Round the Cove

Dolphin Log

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Notes from recent Board Meetings

- With 33 new members in February, membership remains around 1650 members.
- The club received with much appreciation, a major donation of \$50K by Sophie Taggart in memoriam of her husband Pax Beale who passed away on May 4, 2016. The donation will fund the improvements of the weight room including a new foundation and acquisition of new equipment.
- Street level toilets have been refurbished.
- A series of 'Pot Lucks' on the last Sunday of each month have begun. They are open to all members.
- After 50 years of quiet, diligent service, Jim Storm has been appointed Lake Merced Commissioner to oversee and manage the operations of the building and rowing program.



Lake Merced boathouse

The Shepinski family: Slow Jews over 60

You may have overheard some silliness over the years about the "Shepinski medal" which is given to the first member of the Shepinski family to reach shore in the club races. The Shepinski family consists of slow Jews over 60. Here's how we were born:

The Crazy Cove swims are designed to stretch our imagination, if not our patience. One such swim about 7 years ago required us to form "families" of three and swim around the cove passing our "baby" (a raw egg) back and forth with no hands, or something like that. I was partnered with Pete Neubauer and Robin Rome. We were told to adopt names. Pete called us the Shepinski family and so the legend began.

Immediately afterward, we pulled in Ken Coren and decided we slowpokes would have a friendly competition. (Kate Coleman wanted to join, but she is way too fast.) Robin designed and built a beautiful mezuzah--a ritual Jewish item usually placed on doorposts or worn around the neck-- as the medal. It says Mazel Tov (good luck.)

Over the years, the medal has been won by each of us, except for a brief period when Ken was uncatchable. Our membership is wide open and our ranks have grown as others have aged up or slowed down, such as Andy Stone. (We have no inspections to verify who is Jewish!) We even have younger Shepinskis-in-training, such as Jane Mermelstein, who has some years to go.

In this year's historic Pier 39 swim, all six Shepinskis were pulled, but Robin was the first to reach shore, so she got the medal. Since we have no by-laws, Robin suggested we consult our in-laws.

A few years ago, the Contemporary Jewish Museum featured the Shepinski family as part of an exhibit about the different ways in which Jews have come together in the Bay Area. We are delighted that the Dolphin Club is a place where we can celebrate the many identities that help define us, including our love of bay swimming, our "maturity," our curious pace, our Jewish heritage, and, of course, our homage to silliness.

Naphtali Offen

Do you remember when....

There are swimmers and rowers not yet born who will one day listen in the sauna as old-timers tell of the strange Winter of Seventeen. That was the year thirty people were pulled in a single race. Swimmers clung to pilings and stanchions getting ripped by barnacles as they alternated between terror and the nonchalance of hyperthermia, wondering if they would ever be rescued. A police

boat was summoned. The bay waters turned brown and there was so much debris on the surface some days that there was nowhere left to swim. For the first time in years the water temperature dropped below 50 degrees, something these young listeners would never experience in the Cove. And most mysterious of all, the tides changed direction. Ebbs became floods and floods were ebbs.



Photo John Grunstad

This winter saw a new set of obstacles in the Cove



Photo Rich Cooper

The new weather vane, donated by Rich Cooper, was installed by John Grunstad



Photo John Grunstad

Charlie and Gabrielle Cross circumvent the debris.



Photo Keith Howell

All found floating in the Cove

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Charles M. Farrell double turns 100

Richard Cooper



Charles M. Farrell



Thomas R. Keenan

Let's wish a "Happy Birthday" to the *Farrell*, our splendid Whitehall double, turning 100

years old in 2017. The *Farrell* is the second oldest boat still in service built specifically for the Dolphin Club fleet. The *Wieland* dates back to 1887.

Farrell is the double with a dolphin artfully carved into the bow seat. The 18-foot-long *Farrell* has been a favorite of countless Dolphin rowers for piloting duty and long pulls up river to Sacramento. One early assignment for *Farrell* was to help pilot the very first Dolphin Club Golden Gate Swim on September 9, 1917. As in recent years, *Farrell* will mark the finish line for the anniversary Gate Swim this year, 2017.

Of course, keeping any wooden boat operational for a century is not easy. To survive, the *Farrell* has required the full commitment of Boat Captains, regular maintenance by boat shop volunteers, a major restoration by Jon Bielinski, plus tender loving care by all rowers.

The boat is named for Charles M. Farrell who was born in 1869, joined the Dolphin Club in 1891, became a skilled oarsman, and served as club president in 1903 and 1904. Respected by the rowing community, he was chosen to head the newly founded Pacific Association of Amateur Oarsmen in 1904. As a civic leader, Farrell fought long



Charles M. Farrell double turns 100

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and hard for the transformation of Black Point Cove into the public recreational Aquatic Park of today.

The *Farrell* was crafted by another Dolphin, Thomas R. Keenan, in his shop at 249 Jefferson Street. Keenan was born in 1870 and joined the club in 1892 as a competitive rower. In

1895 he entered the boat building business, supplying and repairing boats for many West Coast clubs. The oars he made were considered the best and used exclusively by Pacific battle fleet crews. His brother, Joseph B. Keenan, also became a famous Dolphin, and the club's weight room

is named for Joseph.

These legendary Dolphins, Charles M. Farrell and Thomas R. Keenan, would both pass away in 1933. Could they have imagined that rowers would still be enjoying their beautiful boat well into the 21st Century?

Kevin Starr, 1944-2017

Chris Kelly

Kevin Starr was many things: husband, father, devoted Catholic, eminent historian of California, student and lover of institutions, among many other worldly delights. Shortly after he joined the Dolphin Club in 1992 [?], he influenced our uniquely San Francisco institution and all who came into contact with him.

I first met Kevin in the summer of 1993, having joined the Club about two years earlier. A new Log editor was needed, and I was very interested. Stan Hlynsky, Club president at the time, arranged an introduction. Kevin and I shared our good fortune at discovering this place, then we talked a bit a bit about our backgrounds. He was very curious about what brought me to the Club, my experiences and what I loved writing about. Stan asked Kevin if I might be the right person to do the “leg work” of running the Log; Kevin immediately replied “I will only edit the Log if Chris is my co-editor.” (Kevin edited from 1993 to 1994; I stayed on until 2005.) This would be only the first of countless times I experienced the generous spirit of this man both in and out of service to the Club.

The first issue of the *Log* that we worked on together featured full color front and back covers, almost certainly the first in the history of the *Log*. Kevin contributed a feature on the extensive renovations made to the club during that time, noting the love that the late architect and Dolphin Dan Osborne had for “this much amended Victorian building.” Kevin also contributed profiles of our Beachmaster Lou Marcelli and then-president Jon Nakamura in later issues.

I found myself not only apprentice editor to Kevin but also one of his guides and coaches in the ways of open-water swimming and Club life. Shortly after we began work on the *Log*, he invited me to his high-rise apartment on Franklin Street for a working lunch. Against a background of sparkling views of Nob Hill, we enjoyed a fine meal provided by his generous wife Sheila, followed by ports and cigars as well as illuminating and humorous conversation.

Kevin steadily learned the ways of swimming in the bay and became a regular participant in our swim program with his debut at the 1991 Thanksgiving Day cove. He took to the waters in seven other races, including Yacht Harbor. His wife Sheila recently recalled Kevin's enthusiasm for the Club during these years: “...it opened up a new San Francisco world to him. He told me that the big water was wonderful – that he had never experienced anything like it. He felt so alive and so a part of creation.”

One afternoon, fresh from his swim as I was dressing, he approached his locker, which could have housed perhaps a fraction of his collected volumes on California, he noted other lockers large enough to house both a miniature bar and a shrine to athletic glories past. He mentioned that a larger locker might enhance his experience at the Club. I answered that I would make inquiries for him, to which he replied “I certainly hope so...you have juice around here!”

Life Member Matthew Sheridan, a Log editor from 1993 to 2002, fondly recalls working as a younger writer with Kevin, being encouraged and feeling a genuine comradeship. This extended to dinners in the Club galley. (“Kevin so enjoyed the Friday dinners,” Sheila concurred.) Kevin invited Sheridan to be his guest at the Bohemian Club one evening, which ended very early the following morning at Moose's. Sheridan's happy memories extended to 2016, when he was present for Kevin's tribute to the late local journalist Warren Hinckle.

I attended Kevin's memorial service at Saint Ignatius in late January. As I sat in a bittersweet reverie of how this man had touched my life, the words spoken by another of his friends, the poet laureate of California, Dana Gioia, made me realize my feelings were shared by everyone who knew him: “To describe Kevin, we must summon an international lexicon of human happiness, with words imported like fine Champagnes from France: joie de vivre, bonhomie, elan, éclat, esprit de corps and savoir faire.” The Dolphin Club as a physical institution provides shelter, hot water and a view; Kevin Starr, in his relatively brief time with us, brought me everything else.



SWIMMER IN JEOPARDY

Kevin Shanahan

I joined the Dolphin Club in 2012 while in my early sixties and have swum between half a mile and a mile almost every day since then, though seldom outside the cove. I am a slow swimmer but have taken lessons from trainer Laura Zovickian.

On Tuesday, February 21 I plunged in at low tide, about 2:25 pm, thinking I faced the very end of an ebb (the moored boats gave little indication of water movement, and I was aware of the uncertain conditions lately). My simple course was to swim west along the beach and back to the club along the buoy line in flat water, about 53 degrees. Only later did I realize how fast I was moving west, which should have been a signal.

I swam close to the beach and decided, as I have often done, to return swimming wide, out toward and around the white tugboat, and then back to the Club beach. This proved to be a nearly fatal mistake.

As I made the wide turn and headed toward the tugboat, I began to realize I was being pulled by a strong current toward the "Goal Post" to the north. Despite trying to really dig in, and head back diagonally as hard as I could toward the club, parallel to the buoy line, it was soberingly clear that a huge amount of water was moving against me, pushing me toward the northwest corner of the cove and the municipal pier. I was also trying to determine if at any point I could head to the beach, but that was never an option.

I had no control, and went toward, and then past, the Sea Scouts at a high rate of speed. It was clear by now that I was going to go hard into the pier, and maybe into the sea wall underneath it. As I approached the pilings, I realized I had to try and grab one to stop my movement, otherwise

I was going to go deep under the pier and into the sea wall.

At this point the water was still huge and moving very fast under, over and through the jagged concrete of the sea wall barrier. The water pushing me from behind was now beginning to come in the form of rollers, raising and lowering me in the water.

I hit a piling, grabbed around it, and aligned myself so the water would best press me directly against the piling. And that is where I came to a stop. The piling was crusted over with a variety of jagged material that began to take a toll on my feet, shins, knees, thighs, stomach, shoulders and arms, and most severely, my hands. However, at this point, that was the least of my worries.

I was now hanging onto, actually hugging, the piling, using all my strength to not lose my grip. The water pressure was actually a blessing, although I had to stay centered, to avoid being swept to one side or the other of the piling, and on to the jagged concrete sea wall, now only about 15 feet away. It was clear there was no way I could let go and try to get through the sea wall and out the other side. I believe, had I tried, I would have been slammed into the concrete and trapped either in the slabs, or held hard against them. I was aware enough to know this was not a good option.

Basically, I had no options. Additionally, I was under the pier out of sight of pedestrians above. No one could see me, and the noise of the water rushing in and under the pier was loud, despite my earplugs. I had to yell for help, but I had no idea if anyone was around or could hear me.

As I looked to my right down the arc of the pier rail, I saw two fishermen about 40 feet away, and I

started yelling in their direction

"HELP, CALL THE FIRE DEPARTMENT" , "HELP ME, CALL THE FIRE DEPARTMENT".

Thank God, after my third or fourth call, they turned and saw me, and realized I was in trouble. I kept yelling and, after what seemed an eternity, I began to hear people above me shouting that the fire department was on its way, and for me to hang on.

I heard sirens, but I was now realizing that the rollers had gotten bigger, and I was being raised and lowered on the piling, which couldn't be good, and I was also getting very, very cold and beginning to shiver. By my estimate, I had now been in the water approximately 35 minutes, 20 swimming and another 15 minutes stationary on the piling. I was thinking my body temperature must be plunging, given I was not moving.

However, I was still coherent, and keenly aware of what was going on. I did not seem to have lost any strength, which I suppose was because of the adrenaline pumping through my system.

After what seemed like an eternity, but was most likely not more than 10-15 more minutes, I was beginning to relax, and didn't seem to be afraid of what was going on -- and from what I've heard from other swimmers, this is not good. I was aware, but not overly concerned anymore, and was thinking "how in the heck is the fire department going to reach out and down to get me up onto the pier?" I just could not figure out how that would work, and because I was becoming hypothermic, I guess, that didn't bother me. I was also aware that this

Anne Sasaki



thinking was quite odd, given the circumstances.

My shivering increased, and the rollers got bigger, but my grip seemed OK, and I could hear the sirens getting closer, and the people above yelling for me to hang on. But I was getting very cold.

I was also now beginning to think about my wife, Connie, and what this would mean for her.

She trusted that I could take care of myself swimming in the ocean. She believed in me. She loves me. And my heart is actually aching because I love her so much, and it is becoming highly likely I may never see her again. What was the last thing I said to her? When did I last see her earlier today? And I am getting colder and colder. I am also getting very sad, my spirit is slowly

draining out of me. I'm aware I'm in pain, but more than that, I am getting very sad about what all this will mean, because it is now clear to me that it is going to be a long shot for me to survive. I am beginning to accept that I am going to die today. Today is the day. Today is the day I am going to die. I realize that sounds dramatic now in the telling, but at the time it was just a sad fact that I



Kevin gives 9 year old Aaron Olvera an appreciative hug.

was beginning to accept.

All at once, off to my right, entering the cove, was a black boat with a flashing light on top! A high speed Police Boat! And, I realized, that was how they were going to rescue me! The SFFD must have called the SFPD. The boat roared up off to my right, but then slowed and even in my deteriorating state of mind, I knew they were afraid of the speed and volume of the water. The boat made one approach and backed off. It swung around and backed in toward me. But it clearly couldn't get too close, and the rollers were still in play. The water was still huge and rushing under the pier. The boat slowly and steadily crept toward me. One officer was on the stern with a throw rope and the other was backing up the boat, looking over his shoulder, and doing all this with incredible skill and focus.

They got close, and the officer on the stern with the rope yelled to me **"CAN YOU CATCH THIS ROPE?"**

I gave him a positive sign, and I

could tell that he felt that if he got it near me, I could grab it. I saw it had loop in the end with a padded boat fender type material section in it.

He yelled to me that if I let go of

I'm out! I made it! They've rescued me! I am not going to die today!

the piling, I gotta get the rope. He was yelling to me, stressing that I was only going to have one shot at this once I let go of the piling, because if I let go and didn't have the rope, I would be gone. He again was yelling to stress that I gotta try to let the rope get to me, that I cannot afford to lunge at it and miss. And, he kept telling me to hang in there.

It's also about then that I realized "I'm back in the game!" I thought, "It must be the adrenaline, I'm coherent and understand what the situation is, and what he's telling me to do. I get it. It makes sense....I gotta let the rope come to me".

At this point I was really cold and shivering like crazy, and I was beginning to realize the raw pain up and down the front of my body from the barnacles. I gotta do this. I gotta do this.

The rope landed close and started to move fast toward me. I took my right hand off the piling and stabbed it through the loop and grabbed the rope, and then grabbed with my left hand -- and all of a sudden I was off the piling and free in the water, but I had the rope! I had a solid grip,

but was worried now that the skin was going to pull off my hands. It didn't.

The boat pulled slowly away from the pier and out to the center of the cove where the water seemed smoother and calmer though still rolling. With the engines set at neutral and away from the pier, the other officer came back and the two of them grabbed me and lifted me out of the water and onto the black steel deck.

I'm out! I made it! They've rescued me! I am not going to die today!

The pilot ran back and hit the throttle, while the other officer held me down, telling me to hold on and stay put. We roared out of the cove, heading west around Fort Mason to Gas House Cove, where the boat backed into the dock. I could see there were Paramedics there and an EMT ambulance truck waiting.

Amazingly, I could still walk. I was helped up the stairs and into the back of the truck and onto a gurney. I was shivering like I never knew was possible -- but I was alive.



Dolphin Kevin Shanahan with his rescuers, fisherfolk Fermin Duran Olvera, Jennifer Dagio Cervantes and Aaron Duran Olvera

The EMT's got me stabilized and started getting me warmed up, but they couldn't get me to stop shivering despite blankets and more blankets. Meanwhile they were trying to get my body temperature, pulse and blood pressure. Finally, when the shivering slowed a bit, they were able to get my temperature, which they said was just under 95 degrees. I could tell from their expressions that was not good.

They kept the heat on full tilt and began sticking hot packets under my arms, and between my legs. I

could tell we weren't going anywhere until they got my body temp up to some safe level - they weren't talking now as much as they had been.

Then things changed, and I could tell they were more relaxed and talking to me, and even joking, and then they told me we could head to the hospital. I told them that I was fine now, and asked that they just drop me off at the Dolphin Club so I can get my belongings, valuables, keys and car and head home. Yeah, right!

They ran up the hill to CPMC on

Buchanan, unloaded me, and got me into the ER. The doctors and nurses at CPMC were all over me, working to get my body temperature up. I was still shivering a lot. They kept warming me up, joking with me about swimming in the Bay, how cold it is, and asking if I've ever heard of a "wetsuit"? The doctor was laughing at me, and it was then I knew I was really going to be OK, especially when he said, "Get him warmed up, call his wife, again, and have her come over and get him", and then he said to the other doc and the RN's "Forget about the wetsuit idea, if he wore a wetsuit, they'd kick him out of that Dolphin Club".

Then Connie showed up, and that was very special. Oh, my God... I am soooooo lucky to be alive. I asked her to take me to the Club to get my clothes, and the doctor said, "Do not let him drive or do anything for a day or two." This was the first mention of the fact that I would have some post trauma effects. He looked me directly in the eye, and added, "I'm not kidding. This is serious stuff." I listened. I believed him.

But I also remembered to mark up one square on my polar bear chart.



Kevin and Connie Shanahan with police boat crew Matt Mattei and Matt Reiter.



photo Colin Gift

Life Meml

Front row (seated): Will Powning (1985), Lee Hammack (1985), Elizabeth Tippin (1985), Era Osibe (1977), Diana Anderson (1983), Padraic Doyle (1985), Susan Sward (1985)

Second row: Meg Reilly (1983), Aldo Cuneo (1954), Anton Gelardi (1940), Tom Gould (1956), Tony Kline (1985), James Vanya (1984), Peter Marchant (1984), Helene Marchant (1984), Lindsay Casablanca (1990)

Third row: Jerry Jacob (1982), Carol Murphy (1990), Kate Coleman (1985), Carol Black (1982), Albert De La Pena (1985), Dennis deRuyter (1992), Joni Beemsterboer (1977), Susan Allen (1977), Karen Boyer (1988), Megan Sullivan (1990)

Fourth row: Peter Brand (1979), Ed de Cassio Jr. (1957), Mathew Sheridan (1992), Mark O'Hara (1991), Laura Kuo Carmony (1987), Monica Towers (1990), Ann Sasaki (1990), Susan Lauritzen (1983), Mickey Lavelle (1989), Thad Carhart (1988)

Fifth Row: Rafael Torres-Gil (1986), Joseph Schatz (1977), Steve Spickard (1979), Christopher Cadelago (1979), Reuben Hechan (1990), George Rubin (1990), Philip Rieff (1992), Barry Christian (1990), Davis Ja (1984), Sam Lawson (1982)

Sixth row: Eduardo Barranco (1980), Brian Gilbert (1968), Vince Huang (1978), Peter Bianucci (1962), Bob Danielson (1984),



Members 2017

(1982), Neal Powers (1991), Katie Mahoney (1978), Ken Frank (1977) Phil Rollins (1981), Peter Neubauer (1979), Elmer Tosta
 (1957), John Davis (1965), Walt Schneebeil (1948), Dino Landucci Jr, (1948), Liz Ann Schiff (1988), Mimi Osborne (1979),
 Annis Watson (1982), Carol Watson (1981), Suzanne Heim Bowen (1978), Larry Scroggins (1989), Pavla Podolska (1977), Lorna
 (1992), Don Harrison (1980), Chuck Scawthorn (1986), Neal Fishman (1984), Gina Rus (1988), Michael Lord (1991), Maxine
 (1981), Lisa Smith (1984), Karen Drucker (1984), Stu Etzler (1991)
 (1984), Ken Coren (1982), Steve Lathram (1986), Scott Anderson (1981), Steve Schatz (1990), Bill Arietta (1973),
 James Weil (1980), Bob Bonnet (1981), Jude Stalker (1991), Charles Korelec (1954), Noel Turner (1984), Sid Hollister (1987)

2.18.17 THAT DAM SWIM, aka the Oroville Push, aka the 2017 Pier 39 Swim

There are a couple of phrases no one, least of all Swim Commissioners, wants to hear... and “five swimmers unaccounted for” is near the top! Yet, as we came to the dock Saturday from the Pier 39 swim, those words were uttered. Turned out fine... some swimmers’ numbers had yet to be transferred onto the magic sheet. ‘Phew.

To start at the beginning, or at least close to it, on Friday morning, February 17, we had a test swim for the Pier 39 swim. At 7:15, five swimmers of varying speeds undertook disparate piloted paths on the way from the Pier 39 dock to our beach; the northern-most course produced the fastest time (35 minutes) and the clinging to the breakwater approach the longest. The middle swimmers hit a patch off Pier 41 with no current at all but persevered (in in under 40 minutes). That’s our standard test procedure as we look at strategy on the current, and want to assure best jump time. Consensus was eight would work; swimmers should come out of the slot on the east side, head for Alcatraz or North Tower to get to the current, ride the current to Creakers (or beyond) and arc into the Cove.

Saturday morning, after the traditional rounds of pilot and swimmer briefings and the walk over to Pier 39, the fifty-one swimmers and their seventeen pilots started off. The first and only swimmer to come in through the opening, Adam Eilath, came in at 1 hour 5 minutes... toughest swim of his Dolphin career. The other twenty who came in under their own steam came through Creakers, with the last coming in at 1 hour, 47 minutes. Thirty swimmers, spread across the course, of different experience levels and strengths, came in in our ABs, South End’s RIBs (again, gratitude! they were pulling their own Pier 39 swimmers as well) and our rowboats, with most being pulled between 60 and 75 minutes.

The following weekend, February 25-26, we had our test swim for Gas House... not a lot of current outside the Cove and still those crazy currents in the Cove. Thankfully, the test proved out on the day of the swim, a beautiful blue

day with no traffic on the Bay, with our fastest swimmers in in around 20 minutes.

What did we (re-) learn in February?

1. The Bay is a magnificent living creature to be respected, always.
 2. The tides and currents don’t read the tides and currents charts.
 3. Our pilots know how to bring swimmers into the woodens as well as into the ABs.
 4. The Oroville Push is real. Lots of water (and detritus) barreling through, contributing to previously unbeknownst –or at least unheralded- back eddies and other adventurous conditions.
 5. Getting in to the Cove is NOT the end of your swim.
 6. There’s a fine line between knowing your limitations and pushing your personal boundaries.
 7. We ordered two dozen blankets.
 8. We are training more AB and Arias2 pilots, and doing training on radio use protocol (knowing what to say and who you are saying it to matters).
- Grateful to be part of this magnificent community...

Your Swim Commissioners

The View From the Water

This year’s Pier 39 swim will be sauna fodder for a long time to come. Many seasoned Dolphins said they had never seen anything like it. What should have been a comfortable ebb in a winter of almost nothing but ebbs, turned into a powerful flood that had thirty of us swimming in place--and pulled.

The day before I had swum the Pier 39 test swim in 42 minutes, which is blazing fast for me. Thanks to my knowledgeable pilot, Adam Eilath, I caught a swift ebb fairly far out, and got to the Creakers, the eastern end of the breakwater and the half-way point, in 21 minutes, but



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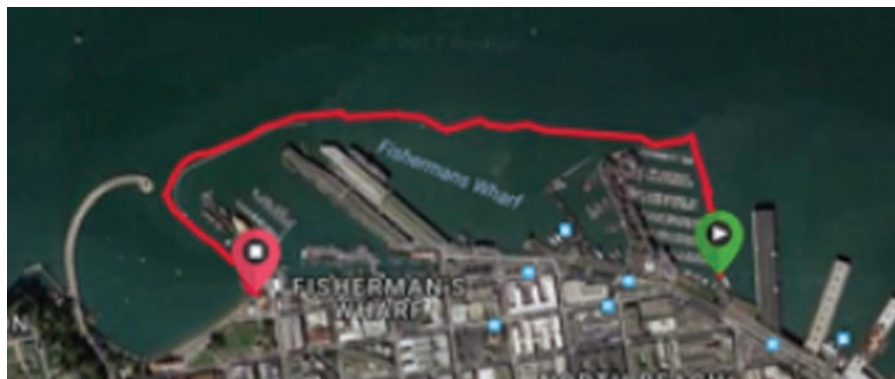
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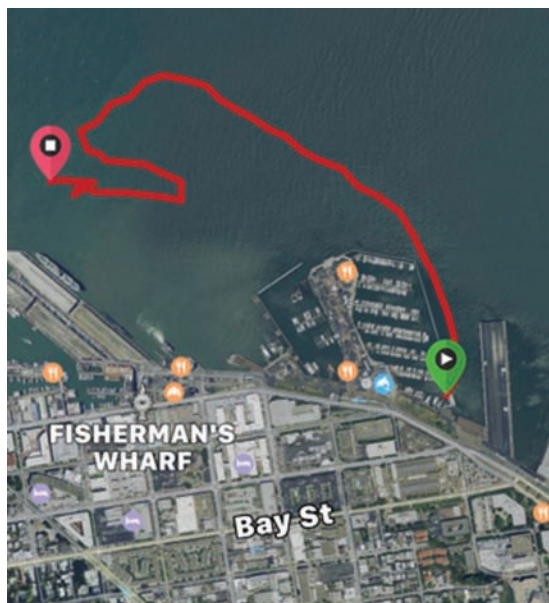
COMPASS



*Andrew Cassidy tracks his test swim the day before Pier 39.
Tough but manageable*

when I couldn't see any of the much faster swimmers along the breakwater, I presumed they had already turned in to the cove, and that I was crawling. But as I reached the opening, Andrew Cassidy and Charlie Cross, much faster, overtook me. They had swum closer to shore and got caught in dead water near the Jeremiah O'Brien.

However on the day of the actual swim, all bets were off. The swim began conventionally enough, with a decent ebb for the first 20 minutes. But there was far more detritus in our faces than the day before, and a lot more chop. By 26 minutes, I was almost in line with



Barry Christian's route - until he was pulled.

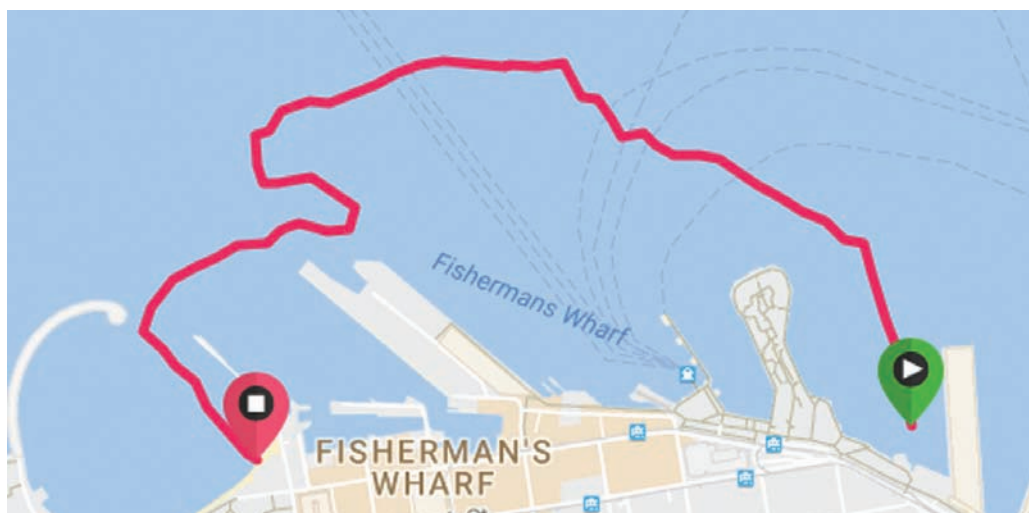
the Creakers, though far north of it. And then everything changed. No matter how hard we pushed, we seemed to be carried further. After an hour, and not even half way, we opted to be pulled.

A kindly South End pilot plunked four of us out of the soup. Closer to end of the breakwater, we spotted two more swimmers clinging to the breakwater, who wanted to be pulled. To my surprise, they were not doing the Pier 39 swim. They had swum out to the opening and been pulled eastward by the unexpected flood, a cautionary tale.

Barry Christian, one of our most experienced pilots and readers of the currents, had a plausible explanation for why the flood appeared. We certainly understand how all the runoff coming down the Sacramento River can create a powerful ebb to overcome a predicted flood. It's difficult to understand the reverse. He suggested that not all of the enormous volume of water racing toward the ocean can make it through the narrow Gate. Much of it bounces back, creating a back eddy and fresh-water flood so powerfully fed, that it stretched back four miles east to interfere with our swim. Even this flood from nowhere can be attributed to the dramatic force of the ebb of 2017.

The best thing about this swim was the outstanding performance of our pilots (and the distraction from national politics!) Everyone was brought safely home. There was no significant hypothermia, in spite of the long times in the water. As Swim Commissioner Diane Walton noted: it wasn't a swim, it was a pilot training session. Here's to the pilots and swim commissioners who kept us safe!

Hal Offen



*Tom Neil finished the swim after a detour and inside the breakwater.
A flood intrudes in the midst of an ebb.*

DOLPHIN LOG SWIM STATISTICS

New Year's Day Swims JANUARY 1, 2017

Dolphins swam in two swims: the usual NYD cove swim, and the SERC NYD Alcatraz swim:
NYDay Cove swim was a fun swim, and the list of swimmers follows: Joni Beemsterboer, Charles Cross, Nancy Friedman, Sue Garfield, Morgan Kulla, Aniko Kurczinak, Susan Lauritzen, Keith Lipp, Jane Mermelstein, Marcy Michael, Daragh Powers, Neal Powers, Mark Robinson, Robin Rome, Aaron Rosenthal, Daniel Wheeler, Janice Wood
Helpers: Sue Garfield, Joe Marenda Dolphin NYD Alcatraz helpers: Lindzy Bivings, Duke Dahlin, Nancy Friedman, Sue Garfield, Mark Harrold, Tom Hunt, Polly Rose, Ryan Utsumi, Janice Wood
The Dolphin NYD Alcatraz swimmers:

Place Name Time

1	Adam Eilath	29:40
2	Suzanne Heim	30:21
3	Noah Zovickian	32:44
4	Darren Leva	35:01
5	Yossi Ettinger	35:43
6	Stephen Schatz	35:49
7	Ross Browne	35:52
8	Laura Zovickian	35:55
9	Sean McFadden	36:41
10	Michael T.-Hahn	36:42
11	Joe Marenda	38:25
12	Marton Siklos	38:26
13	Kala Sherman-Presser	39:22
14	Tom Neill	39:32
15	Jon Nakamura	40:23
16	Tom Brown	40:45
17	Sean Lavelle	41:13
18	Gina Rus	42:12
19	Mickey Lavelle	42:30
20	Terry Huwe	42:52
21	Rich Haymes	45:53
22	Tyler Meade	45:54
23	Joe Ferrero	46:23
24	Mike Mitchell	49:14
25	Kevin Whalen	49:26
26	Kathleen Duffy	50:09
27	Bill Burke	52:00
28	Scott Cauchois	53:52
29	Andy Stone	55:41
30	Joey Cannata	55:58
31	Robert Callan Jr.	56:16

Pier 41 Swim JANUARY 21, 2017

This was the first group swim of the year: swim from Pier 41 to the Cove and in to the Dolphin Club beach. The distance is approximately 1 mile (4 squares for Polar Bears). Conditions were rough: tides disrupted by the storm water, choppy, cold and lots of debris in the water. To those who finished – congratulations! To those who did not finish – no shame, it was a tough one.

Place Name Time

1	Catherine Breed	20:40
2	Adam Eilath	20:41
3	Ian Simon	26:07
4	Lauren Au	26:55
5	Randy Edwards	27:30
6	Stephen Schatz	27:33
7	Joe Marenda	28:17
8	Yossi Ettinger	28:31
9	Marton Siklos	28:46
10	Tom Neill	29:50
11	Tor Lundgren	30:40
12	Tom Brown	32:31
13	Anna Olsen	32:43
14	Charlie Cross	33:40
15	Bob Cable	34:36
16	George Morris	34:50
17	Joel Bleskacek	35:41
18	Morgan Kulla	36:21
19	Rich Haymes	37:31
20	Marcy Michael	42:22
21	Joey Cannata	42:41
22	Kathleen Duffy	43:28
23	Holly Reed	43:38
24	Bill Burke	43:49
25	John Hornor	44:32
26	Scott Cauchois	46:10
27	Hal Offen	46:48
28	Trevor Haynes	47:48
29	Michael Barber	48:03
30	Deb Sullivan	49:10
31	Aaron Rosenthal	49:57
32	Will Powning	51:03
33	Robin Rome	52:03
34	Andy Stone	52:24
35	William Tucker	59:35
36	John Ingle	59:50
37	Stuart Gannes	1:03:17
	Barry Baskin	dnf
	Peter Cullinan	dnf
	Keith Howell	dnf
	Joe Illick	dnf

Pilots: Marcus Auerbuch, Jon Bielinski, John Blackman, Nicole Cabrera, Barry Christian, Paul DuBois, Pauline Farmer-Koppenol, Reuben Hechanova, Terry Horn, Nancy Hornor, Davis Ja, Gavin Jefferies, Liz Kantor, Brian Kiernan, Eric Lam, Tom McCall, Jane Mermelstein, David Nettell, Gizem Orbey, Lance Starin, John Stauffer
Helpers: Barry Baskin, Joel Bleskacek, Lindsay Boswell, Bill Burke, Andrew Cassidy, Duke Dahlin, Sue Garfield, Brian Gilbert, Sheila Gleeson, Rich Haymes, John Hornor, Nancy Hornor, Tom Hunt, John Ingle, Morgan Kulla, Susan Lauritzen, Andrea Morgan, David Nosrati, Hal Offen,

Daragh Powers, Neal Powers, Jamie Robinson, Aaron Rosenthal, Gina Rus, Julian Sapirstein, Susan Saylor, Stephen Schatz, Andy Stone, Deb Sullivan, Chris Wagner, Janice Wood
Test Swim: Andrew Cassidy, Charlie Cross, Peter Cullinan, Margaret Healy, Tom Neill, Terry Horn, Tom McCall, John Blackman, Brian Kiernan, Joe Marenda

Pier 39 Swim FEBRUARY 18, 2017

The winner and only swimmer to complete the out of cove course said this was the hardest swim he's ever done. Conditions were not the same as they were during the test swim: the ebb created a strong back eddy that acted like a flood, making it very difficult to swim beyond the start of the breakwater on the outside, so all swimmers after the first were directed to swim inside the breakwater. Many made strong efforts but eventually were pulled. As such, all but the swimmer who was pulled in the first 15 minutes were given credit for a qualifying swim. Our neighbors at SERC were in the water at the same time and helped with our swimmers, as we helped them with theirs. Thank you SERC. When the risk becomes high, rivalries are put aside. Good job to all!

Place Name Time

*1	Adam Eilath	1:02:02
2	Ben Zovickian	0:57:29
3	Patrick Dinan	1:05:31
4	Tom Neill	1:07:16
5	Stephen Schatz	1:09:55
6	Ian Simon	1:10:56
7	Randy Edwards	1:12:08
8	Lauren Au	1:12:19
9	Yossi Ettinger	1:13:19
10	Peter Bartu	1:17:04
11	Amanda Ernzer	1:20:59
12	Keira Koss-Baker	1:23:02
13	Megan Wachs	1:23:19
14	Bri McCarthy	1:23:49
15	Scott Cauchois	1:24:46
16	Tyler Meade	1:24:53
17	Lindzy Bivings	1:25:01
18	Mickey Lavelle	1:25:24
19	Lewis Haidt	1:29:38
20	Bill Burke	1:30:40
21	John Ingle	1:37:17

DNF: Stan Baker, Michael Barber, Barry Baskin, Bob Cable, Robert Callan Jr., Ken Coren, Charles Cross, Tim Dumm, Stuart Gannes, Sheila Gleeson, Rich Haymes, Terry Huwe, Wiktor Jakubiuk, Mark Lubiszewski, Tor Lundgren

DOLPHIN LOG SWIM STATISTICS

Marcy Michael, Peter Neubauer, David Nosrati, Hal Offen, Will Powning, Robin Rome, Aaron Rosenthal, Kathleen Sheridan, Andy Stone, Deb Sullivan, Arnie Thompson, Nihan Tiryaki, William Tucker, Kevin Whalen, Daniel Wheeler

***only swimmer to finish original course outside of the breakwater**

Pilots: Marcus Auerbuch, Holly Baskin, Jon Bielinski, John Blackman, Laura Burtch-Zovickian, Barry Christian, Jay Dean, Marianne Dean, Paul DuBois, Reuben Hechanova, Terry Horn, Davis Ja, Douglas James, Gavin Jefferies, Brian Kiernan, Aniko Kurczinak, Maggie Lonergan, Tom McCall, Mikhail Melnikov, Rick O'Hara, John Robiola, Diane Walton, David Zovickian
Helpers: Andrea Allen, Lauren Au, Michael Barber, Lindsay Boswell, Bill Burke, Robert Callan Jr., Andrew Cassidy, Scott Cauchois, Ken Coren, Amanda Ernzer, Yossi Ettinger, Sue Garfield, Christopher Germain, Brian Gilbert, Byron Harbour, Rich Haymes, Tom Hunt, Timothy Kreutzen, Susan Lauritzen, Michaela Lynn Meyers, Marcy Michael, Andrea Morgan, Peter Neubauer, David Nosrati, Will Powning, Jamie Robinson, Polly Rose, Aaron Rosenthal, Gina Rus, Stephen Schatz, Sibylle Scholz, Kathleen Sheridan, Eric Shupert, Deb Sullivan, Tommaso Trinonfi, Janice Wood
Test Swim: Andrew Cassidy, Charlie Cross, Joe Illick, Hal Offen, Joseph Omran, John Blackman, Adam Eilath, Terry Horn, Brian Kiernan, Aniko Kurczinak, Tom McCall, Tom Neill, Diane Walton

Gas House Cove Swim FEBRUARY 26, 2017

Place	Name	Time
1	Patrick Dinan	19:30
2	Ben Zovickian	20:18
3	Ian Simon	20:34
4	Stephen Schatz	21:37
5	Randy Edwards	22:07
6	Laura Zovickian	22:21
7	Joe Dinan	22:22
8	Tom Neill	23:53
8	Bri McCarthy	23:53
10	Peter Bartu	25:10
11	Tim Dumm	25:49
12	Mickey Lavelle	25:51
13	Erik Cufino	25:54
14	Terry Huwe	25:58
15	Andy Braithwaite	26:02
16	Keira Koss-Baker	26:24
17	Kathleen Sheridan	26:27
18	Charlie Cross	26:33
19	Bob Cable	27:26
20	Rich Haymes	27:55

21	Maggie Lonergan	29:04
22	Nihan Tiryaki	29:35
23	Tyler Burton	29:36
24	David Nosrati	30:33
25	Bill Burke	30:47
26	Mark Harrold	30:56
27	Andrea Allen	31:20
28	Wiktor Jakubiuk	31:28
29	Joni Beemsterboer	32:14
30	Hal Offen	32:51
31	Tom Trinonfi	33:02
32	Marcy Michael	33:21
33	Jim Frew	33:34
34	Scott Cauchois	34:10
35	Michael Barber	34:33
36	Ken Coren	35:10
37	Deb Sullivan	35:14
38	Robert Callan Jr.	35:50
39	Mark Lubiszewski	35:52
40	Andy Stone	36:35
41	Andrea Morgan	37:44
42	Robin Rome	38:04
43	Peter Neubauer	38:05
44	Keith Howell	38:06
45	Lindsay Boswell	40:01
46	Joe Gannon	40:20
47	Marton Siklos	41:14
48	Stuart Gannes	46:45
49	Suma Snehalatha	1:06:25
50	John Ingle	1:06:29

Pilots: Eduardo Barranco, Jon Bielinski, John Blackman, Ross Browne, Barbara Byrnes, Gretchen Coffman, Jay Dean, Pauline Farmer-Koppenol, Rebecca Groves, Jon Grunstad, Reuben Hechanova, Terry Horn, Liz Kantor, Brian Kiernan, Tim Kline, Aniko Kurczinak, Eric Lam, Tom McCall, Mikhail Melnikov, Violetta Muselli, David Nettell, Rick O'Hara, Joseph Omran, Donald Osborne, Will Powning, John Robiola, Phillip Rollins, Anna Schatz, Diane Walton, David Zovickian
Helpers: Deborah Baker, Robert Callan Jr., Andrew Cassidy, Scott Cauchois, Duke Dahlin, Kathleen Duffy, Joe Gannon, Sue Garfield, Brian Gilbert, Laura Grubb, Byron Harbour, Gregory Hicks, Lindsey Hoshaw, Tom Hunt, John Ingle, Susan Lauritzen, Mickey Lavelle, Gary Leong, Mark Lubiszewski, John Marsh, Bri McCarthy, Andrea Morgan, Peter Morgan, Peter Neubauer, David Nosrati, Daragh Powers, Neal Powers, Denise Sauerteig, Stephen Schatz, Sibylle Scholz, Suzanne Scott, Eric Shupert, Marton Siklos, Deb Sullivan, Sue Taylor
Test Swim: Lauren Au, Andrew Cassidy, Charlie Cross, Peter Cullinan, Joe Illick, Aniko Kurczinak, Hal Offen, Joseph Omran, Ryan Utsumi, John Blackman, Jay Dean, Jim Frew, Jon Grunstad, Reuben

Hechanova, Terry Horn, Liz Kantor, Brian Kiernan, Tom McCall, Tom Neill, David Nettell, Diane Walton

Yacht Harbor Swim MARCH 11, 2017

Place	Name	Time
1	Adam Eilath	26:03
2	Noah Zovickian	27:27
3	Ian Simon	28:06
4	Lauren Au	28:18
5	Stephen Schatz	28:56
6	Randy Edwards	29:09
7	Brenna Fleener	29:11
8	Trent Kloppenburg	29:58
9	Tor Lundgren	30:10
10	Yossi Ettinger	30:47
11	Alex Strand	31:34
12	Tom Neill	32:54
13	Andrew Braithwaite	33:09
14	Peter Bartu	33:14
15	Laura Burtch-Zovickian	34:09
16	Terry Huwe	34:11
17	Duke Dahlin	34:21
18	Kathleen Sheridan	34:58
19	Charlie Cross	35:30
20	Rich Haymes	35:42
21	Keith Nelson	36:35
22	Mickey Lavelle	36:50
23	Maggie Lonergan	37:32
24	David Nosrati	38:38
25	John Hornor	40:28
26	Dean Badessa	40:39
26	Isabel Friedman	40:39
28	Joni Beemsterboer	40:40
29	Andrea Allen	40:51
30	Deb Sullivan	42:23
31	Kathleen Duffy	42:25
32	Hal Offen	42:37
33	Susan Saylor	42:48
34	Timothy Kreutzen	43:05
35	Scott Cauchois	43:34
36	Holly Reed	43:43
37	Bill Burke	43:50
38	Aaron Rosenthal	44:20
39	Peter Neubauer	47:37
40	Michael Barber	48:12
41	Joe Gannon	48:25
42	Will Powning	48:49
43	Janice Wood	50:12
44	Terry Keenan	53:08
45	Donna Schumacher	53:21
46	Lindsay Boswell	53:42

Pilots: Jon Bielinski, John Blackman, Bob Cable, Barry Christian, Jay Dean, Marianne Dean, Tim Dumm, Jon Grunstad, Anita Holmquist, Nancy Hornor, Davis Ja, Douglas James, Liz Kantor, Brian Kiernan, Eric Lam, Gary Leong, Monica Lyons, Tom McCall, Miguel Melendez, Mikhail Melnikov, Jane Mermelstein, Kent Myers,

DOLPHIN LOG SWIM STATISTICS

David Nettell, Rick O'Hara, Joseph Omran, Gizem Orbey, John Robiola, Sibylle Scholz, Arnie Thompson, Diane Walton Helpers: Adam Ballachey, Michael Barber, Peter Bartu, Andrew Braithwaite, Robert Callan, Andrew Cassidy, Scott Cauchois, Peter Cullinan, Nancy Friedman, Sue Garfield, Brian Gilbert, Byron Harbour, Rich Haymes, Lindsey Hoshaw, Keith Howell, Tom Hunt, Terry Huwe, Terry Keenan, Timothy Kreutzen, Morgan Kulla, Daphne Lagios, Susan Lauritzen, Keith Nelson, Peter Neubauer, Hal Offen, Julian Sapirstein, Anne Sasaki, Tommaso Trionfi, Chris Wagner Test Swim: Andrew Cassidy, Peter Cullinan, John Ingle, Aniko Kurczinak, Jane Mermelstein, Hal Offen, Joseph Omran, John Blackman, Charlie Cross, Adam Eilath, Jon Grunstad, Liz Kantor, Brian Kiernan, Tom McCall, Tom Neill, Sibylle Scholz, Diane Walton Thanks also to: Eileen Davis, non-member; Tsogtor, former member

Polar Bear Results Winter 2016-2017

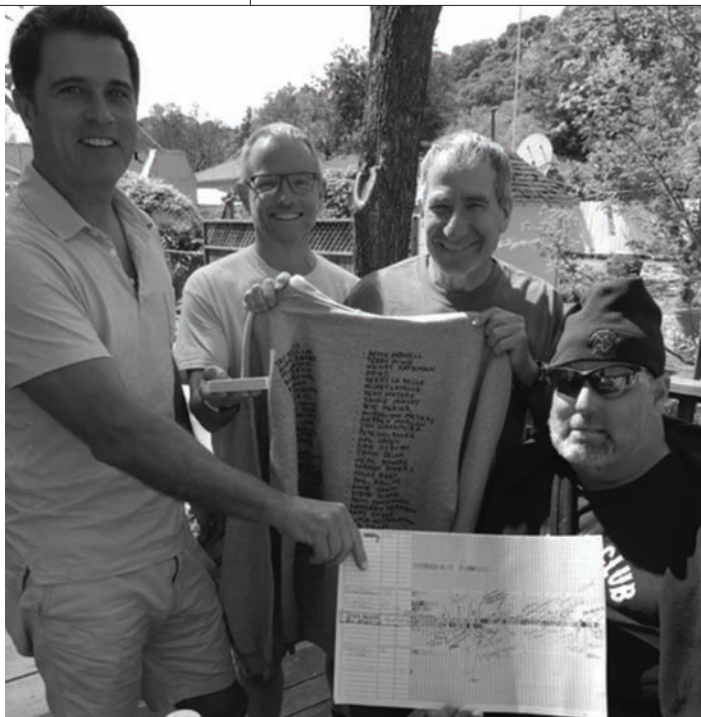
Byron Harbour	303	12/28
	4:00 PM-	40 miles
Tom Neill	138	OG
Luca Pozzi	120	40 @ 1/27
Andrew Wynn	116.5	
Joe Illick	97	OG
Charles Cross	86	OG
Catherine Breed	84	V
Wolf Riter	82	OG
David Holscher	80	

Laura Merkl	80	
33 Consecutive - over 3000 PB miles		
Hal Offen	75	OG
John Selmer	71	
John Nogue	69.5	OG
In Absentia		
Ross Browne	68	
Peter Cullinan	67	
Hubert Chaperon 65V		
Marton Siklos	65	
Bill Burke	61	OG
Lindsay Boswell	58.5	V
Andrew Cassidy	54	OG
Gabriella Cross	54	
Mark Robinson	53	
Adam Eilath	52	
Yossi Ettinger	52	V
Terry Huwe	52	
John Ottersberg	52	
Bob Tandler	52	OG
Kamran Atabai	50	
Natazha Bernie	50	
Randy Edwards	50	
Danny De Leon	49.5	
Daniel Handler	48	V
Alice Ma	48	SERC
Neal Powers	46	OG
Scott Cauchois	45.5	V
Jay Adams	45	OG
Suzanne Whelan	45	
Bob Cable	44.5	
Larry Scroggins	44.5	OG
Daragh Powers	44.25	OG
Mickey Lavelle	44	OG
Michaelyn Meyers	44	OG
Carter Seddon	44	
Deb Sullivan	44	

Barry Baskin	43.5	OG
Gavin Jefferies	43.5	
Andrea Allen	43	
Erik Cufino	43	
Brian Fitzgibbons	43	OG
Morgan Kulla	43	
Nancy Lange	43	OG
Tor Lundgren	43	
Michael Matthay	43	OG
Jane Mermelstein	43	
Alex Buehlmann	42.75	
Michael Barber	42	
Ward Bushee	42	OG
Joanne Carr	42	OG
Jim Frew	42	
Stuart Gannes	42	OG
John Ingle	42	
John Mervin	42	
Marcy Michael	42	
Holly Reed	42	OG
Joe Butler	41.75	SERC
Terry Keenan	41.75	
Donald Osborne	41.75	
Tom Brown	41.5	
Jim Ebert	41.5	
Mark McKee	41.5	
Mauricio Prieto	41.5	
Gina Rus	41.5	
Arnold Oji	41.25	
Robert Callan Jr.	41	
Michael Caniglia	41	
Phoebe Holscher	41	
Dmitry Kosorukov	41	
Peter Neubauer	41	OG
Milan Odehnal	41	OG
Ian Simon	41	
Suma Snehalatha	41	
Madhuri Yechuri	41	All Fly
Peter Bartu	40.5	
Keith Howell	40.5	OG
Joseph Mannion	40.5	
Sunny McKee	40.5	OG
Jon Nakamura	40.5	OG
Stephen Schatz	40.5	
Kala Sherman-Presser	40.5	
Anna Olsen	40.25	
Rebecca Tilley	40.25	
Darcy Wettersten	40.25	
Joni Beemsterboer	40	OG
Joel Bleskacek	40	
Andrew Braithwaite	40	
Laura Zovickian	40	
Joey Cannata	40	V
Duke Dahlin	40	OG
Kathleen Duffy	40	OG
Brenna Fleener	40	V
Joe Gannon	40	OG
Sue Garfield	40	OG
Chris Germain	40	
Pejmun Haghighi	40	
Mark Harrold	40	V

continued on opposite page

John Nogue (right) receives his Polar Bear from John Ebert, Peter Cullinan and Hal Offen. Though John was not present he was credited with 69.5 miles donated by 70 other Polar Bear swimmers.



Just Another Swim

Keith Howell

It was a routine swim, barely a mile, and one I had done many times before. The tide had always been complicit, encouraging us along, so that we could feel happy emerging easily out of the briny after 25 minutes of a watery stroll.

We were warned that this year things might be a mite tougher. The participants in a test swim the previous morning had taken a few minutes longer than in previous years. The tide, they said, had not cooperated and the waters were choppy. But we lined up at Pier 41 on Fisherman's Wharf at the appointed hour, jumped in to the 50 degree Bay—a little colder than usual—and set out. The first few minutes or so were uneventful. The temperature of the water that might seem chilly on a regular daily swim, warrants little notice when you are alongside a few dozen fellow floaters. We were all cold. No matter.

Ten minutes later we approached the first landmark—the end of a breakwater, nostalgically referred to as “the creakers” after a long lost, noisy makeshift marker. That was the first time we were in what might be classed as open water. It was where one generally picks up the obliging current and watches with increasing satisfaction as each breakwater buttress slides by almost without effort. Today, that wasn't happening. Even the Creakers seemed suddenly out of reach. It passed slowly and grudgingly. The various sentinels, beacons along the breakwater, which had all been happy to see us in previous years, seemed reluctant to be overtaken, each stood tauntingly, watching passively as the struggling swimmers inched forward. But the waves were not passive. They bounded and broke, forming little hillocks in the water which each swimmer had to mount. The wind blew from the west, right in our faces. When the white caps came too fast there was no time to reach out above them. The stroke was engulfed, the effort wasted.

Eventually, after far too long, the everlasting breakwater gave way to the swim's final stretch, a short quarter mile crawl to the beach, which we had all done many times before. But today was different. The water

temperature had long since receded from consciousness, the arms still swung, the legs kicked, and yet, and yet, progress was miniscule. “Swim close to the wall,” a pilot shouted, but it seemed to make no difference. Now we faced a southerly wind.

A sudden rush of water overcame the gusts. A brief respite: the end was in sight, a mere hundred yards. I stopped to look around. As most of the other swimmers were home, some long since, the accompanying, sheltering rowboats, bereft of other charges, had crowded close to the remaining stragglers. By now, I had been in the water nearly an hour, twice my normal time in winter's inclement seas, but in thirty years of swimming in open water, I had never been “pulled,” never given up on a swim, however long. It was a point of no small pride. The rowers waited. I tried again. But nothing seemed to work. Those arms were spent. This is what it must feel like before you drown, I thought, before you surrender. There was no pain, no discomfort, just an unfamiliar feeling of helplessness. Is this how hypothermia feels? Would I be so calm if I was not surrounded by so much ready assistance? Not likely. But nothing I could do would make a difference. I was in an alien land, on an alien sea. The elements had, of course, won.

I would like to profusely thank those boatmen and women who waited out my intransigence, assisted me to shore, and frog-marched me to the ever-forgiving sauna.



The unassuming Creakers

continued from page 16

Trevor Haynes	40	V	John Stassen	40	Rey Hassan	23	OG
Peter Hollingsworth	40		Andy Stone	40	Kevin Shanahan	22.2	OG
John Hornor	40		Nobuya Takahashi	40	Lolly Lewis	22	OG
Sergei Khorochev	40		Ted Tilles	40	Janice Wood	22	OG
Keira Koss-Baker	40		Marc Cruciger	35	Kate Matthay	21.25	OG
Peter Kruit	40		Rusa Chiu	31.5	Lee Hammack	21	OG
Aniko Kurczinak	40		Julie Haas	30	Wendy Katzman	21	OG
Kerry LaBelle	40		Nancy Hornor	30	Thomas McGraw	21	OG
Sean McFadden	40		Vincent Huang	29	John Theede	21	OG
Nash Mittelman	40	V	Rudeen Monte	27.5	Phillip Rollins	20.75	OG
Jason Prodoehl	40		Robin Rome	26.5	Anne Sasaki	20.5	OG
Susan Saylor	40		Terry Horn	25	Norm Degelman	20	OG
Donna Schumacher	40		Krist Jake	24.75	Heidi Howell	20	OG
Ben Springwater	40	V	Lindsay Casablanca	23	William Tucker	20	OG

After so much talk recently about new boats for the Dolphin Club, it's time to look at the rowing we do. At its essence, rowing is a very simple thing; a natural physical motion, repeated again and again. But on that very simple foundation Dolphin rowers build a remarkably varied rowing experience. For Dolphins, rowing can be an intense athletic effort, a relaxing vacation from stress, a multi-day adventure, an intense competition, a thrilling test of skill and nerve, or a fun social occasion with friends. Even

"erging": an ugly word for a beautiful exercise

better, that variety of experience is expected to grow as we add newer craft and new elements to our program in 2017.

One type of rowing that is gaining popularity at our club doesn't even require a boat. While not as exciting as dashing across the bay, rowing a machine is quick, you stay dry, and is a great way to get into shape. Rowing machines are also called "ergometers, as they can be configured to measure power output (measured in "ergs") so rowing them is sometimes referred to as "erging": an ugly word for a beautiful exercise. If you are not an experienced "land-rower" watch for notice of Wyatt Nordstrom's popular Erging for Beginners classes. Once you've learned, you can start training for next winter's Grizzly Bear challenge, the club's annual competition for rowing machine glory.

The most recent Grizzly, running from Thanksgiving to New Year's Eve, was the largest ever with 58 Dolphins competing. Gary Ehram has established a tradition of runaway victories, this year rowing 1,072,361 meters during the challenge, a new record, and



Gary Ehram erged over a million meters last December. First in the club, fourth in the world.

Gary's sixth victory. Dave Nettel took second with 531,204 meters rowed, a fabulous total except when compared to Gary's. Four rowers exceeded the "Grizzly Adams" goal of 500,000 meters and 35 made "Grizzly Bear" status with over 100k meters rowed.

To put Gary's achievement in context, the manufacturer of our rowing machines, Concept 2, held a similar competition on a similar

schedule using their on-line rowing log system. Of over 6,800 competitors worldwide who each rowed the minimum 100k, Gary finished fourth! Go Gary!

On the bay our ever-expanding fleet of traditional wooden boats allows our rowers to enjoy easy excursions around the bay, pilot our swims, or challenge themselves on rough, fast-moving water. This winter we have held new advanced training clinics, tackling rough waters in a "big-ebb" (and a downpour!) and the South Tower of the Golden Gate Bridge at peak flood. More advanced clinics are being planned to allow Dolphin rowers to gain skills and experience in all conditions.

Dolphin rowers have made multi-day trips to Sacramento in our wooden boats for many years, and last fall a long one-day row to Petaluma was reinstated. In March, a group made a two-day row around Alameda. Other

"adventure-rows" are in the planning and "dreaming" stage. If multi-day events are more than you want to take on, group rows to various restaurants, state parks and other attractions have always been popular at the DC, either as a fleet of boats or in the *Wieland*. Expect that to continue. Rowing with friends is a special treat.



Latest addition to the Dolphin fleet, the Liteboat

Greetings and Welcome to another Year of Living Dangerously at the Dolphin Club. As we continue to forge the Culture that is uniquely ours, Traditions molded from over a century of activities in and beyond San Francisco Bay, and Heritage that is branded into our boats, building and members; remember always that you are a 'Dolphin', day in and day out.

We ventured into the New Year and 'cardinal century' with the ritual of the celebrated and legendary 'it can't be done' swim from Alcatraz. This renowned swim will be repeated twice this year in October, giving the bay water a chance to warm up. Take time to check out the 2017 Swim and Event Schedule for the many club events of swims, rowing or related events that should prepare one to pilot or swim from 'The Rock.'

The Culture of the Dolphin Club is defined by our members who by their nature are eccentric, eclectic and independent individuals with the zest for living;

much like a moth attracted to a flame, we are attracted to the bay waters. The symbolic namesake of the 'Dolphin' club exemplifies an inherent love for water and having fun swimming, rowing, running or whatever the club offers, even a nap before or after a swim.

The attraction to the bay, felt even before one enters the club, ultimately results from a democratic choice, as 'you choose to define who you are by what you do'. One major trait in our culture, high on the list of 'must do at the club' is sharing the bounty of experiences that is offered: whether it is to swim or row in the bay, run, lift weights, read, nap or be rewarded with some tasty treat created by talented culinarians in the

Kitchen and usually complimented by a beverage of choice. Another major trait on any given swim marks the nature of our culture; strict attention to Safety. Literally 'watching each other's back' on a swim or row in the bay in the heat of competition or on a solitary outing in Aquatic Park. Inherent to many, if not in all, of our members is a competitive nature, serving to drive our engine, but in all reality, you always find someone faster



or slower than yourself. True progress measured on your personal bar shows up or down like the tidal waters of the bay or 'how many squares' have you done so far, or where and how far did someone go on a row. It takes time to understand the Culture of the Dolphin Club but one also needs to create time to seek, find and jump in to its timeless nature.

The Traditions of the Dolphin Club have been collectively created over a series of events or activities inherent to our existence that has endured repeated testing, probing and challenges. The multitude of traditions, from swimming through a 'Polar Bear' Winter, 'erging' the Grizzly challenge, indulging in the Dolphin Club version of 'Thanksgiving' or rowing 'Salmon Style-upstream'

to Sacramento are only a few of the many to be experienced. These traditions are not taken for granted nor were they created overnight. The significance, meaning and longevity of these traditions are defined by our annual Golden Gate swim. This challenging swim began a century ago. It was conquered long before the bridge existed. But the sheer ambition, energy and determination of the many individuals in our club have continuously kept this annual tradition alive to this year proclaim, on September 16th, the 100th Anniversary of the Golden Gate swim. Truly a once in a lifetime Dolphin Club 'Bucket List' item for members.

The Heritage of the Dolphin Club is now on our shoulders to take into the next century. The content of our legacy comes from those who significantly made their mark with their accomplishments and contributed to exemplify the nature of our culture. Their names are in the building - Staib, Keenan, Zahler, Sancimino, etc., or boats - Wieland, Baggianni, Foster, Cecco, etc., or swims - Joe Bruno Golden Gate, Doc Howard Over-45, Walt Schneebeli Over-60, and in members who are honored by the 'Old Timer' title. Heritage is our legacy and synonymous to vintage, like fine wine - memorable in a timeless way in whatever you do at the club to keep it alive.

The Dolphin Club is universally diverse and an exorbitantly rich mix in blood, sweat and tears--salty in flavor and language. In many ways, keeping the richness of Culture, Tradition and Heritage is an everyday challenge that becomes even more extraordinary whenever you enjoy a Swim, Row, Eat, Drink, Discuss or Debate this coming year of Living Dangerously in a place like no other, the Dolphin Club.



The Dolphin Swimming
& Boating Club
502 Jefferson Street
San Francisco, CA 94109

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2017 DOLPHIN CLUB SWIM & EVENT SCHEDULE

Jan 1	Sun TBD	*New Year's Day Alcatraz
Jan 1	Sun 10:00 am	New Year's Day Cove Swim
Jan 21	Sat 8:00 am	*Pier 41
Feb 4-5	Sat/Sun 00:58	24 hour cove relay
Feb 12	Sun TBD	Old Timer's Lunch
Feb 18	Sat 8:00 am	*Pier 39
Feb 26	Sun 9:00am	*Gas House Cove
Mar 11	Sat 8:00 am	*Yacht Harbor
Mar 21	Tue 11:00 pm	End of Polar Bear
Mar 26	Sun 9:00 am	*Dick Beeler Crazy Cove
Apr 1	Sat TBD	McCovey Cove Regatta
Apr 30	Sun 6:45 am	*Bay Bridge
May 6	Sat 7:45 am	*Coghlan Beach (fun swim)
May 13	Sat TBD	Rowers Dinner
May 28	Sun 7:30 am	*Pier 23
Jun 1	Thur 5:00 am	100-Mile Swim Begins
Jun 10	Sat 10:00 am	*SE/DC LGBT Pride Swim
Jun 18	Sun 9:15 am	*Pier 15
Jun 24	Sat TBD	*Coghlan Fun Swim
Jul 2	Sun 6:30 pm	*Doc Howard Over 45
Jul 8	Sat 4:00 pm	Under 30*/Under 45* Cove Swim
Jul 9	Sun TBD	Baykeeper Relay
Jul 15	Sat TBD	*Trans Tahoe Relay
Jul 29/30	Sat/Sun 11/8:30	*Santa Cruz Pier Swim
Aug 20	Sun 9:00 am	*Crissy Field
Sep 2	Sat 8:15 am	*Fort Point
Sep 9	Sat TBD	Angel Island Regatta
Sep 16	Sat 9:45 am	100th Joe Bruno Golden Gate
Oct 1	Sun 9:30 am	Alcatraz
Oct 14	Sat 9:30 am	Walt Schneebeli Over 60 Cove
Oct 15	Sun TBD	Dolphin/South End Triathlon
Oct 28	Sat 7:40 am	Escape from Alcatraz Triathlon
Oct 31	Tue 11:00 pm	100-Mile Swim Ends
Nov 1	Sat TBD	Pilot Appreciation Dinner
Nov 23	Thur 10:30 am	Thanksgiving Day Cove
Nov 24	Fri 5:00 am	Grizzly Bear Challenge
Dec 9	Sat TBD	Shiny Shoes
Dec 16	Sat 9:30 am	New Year's Day Qualifier & Holiday Brunch
Dec 21	Thur 5:00 am	Polar Bear Swim Begins
Dec 31	Sat 11:00 pm	Grizzly Bear Challenge Ends

ROWING TRAINING

These Saturdays as 9:00 am

January 21

February 18

March 18

April 15

May 20

June 17

July 15

August 19

September 16

October 21

November 18

December 16

Intro to bay swimming *usually*
offered Saturdays *or* Sunday
after Board Meetings, check
website www.dolphinclub.org

SWIM PROGRAM RULES

1. Club scheduled swims are restricted to club members, who are current on their dues and fees and in good standing.
 2. Swimmers must have current USMS membership, or USA Swimming membership, as appropriate and abide by each organization's rules and requirements.
 3. Swimmers are required to wear orange caps on all scheduled swims.
 4. Swimmers cannot use swim aids including fins and wet suits, on any timed scheduled swims.
 5. New members are not eligible to swim in scheduled out-of-cove swims for either 6-months from the start of their membership, or before successfully completing the 100-mile swim, the Polar Bear swim, or the Accelerated Out-of-Cove process.
 6. All out-of-cove swims require a pilot:swimmer ratio of 1:3.
 7. Time limits may be imposed at the discretion of the Swim Commissioner(s).
 8. All Club boats are reserved for scheduled swims. Co-pilots are encouraged. Riders are prohibited.
 9. Swimmers must register during check-in and attend the swim briefing in order to swim.
 10. To swim Golden Gate or Alcatraz, members must successfully complete at least three qualifying swims and help on at least two swims.
 11. Out-of-town members must have successfully completed two of the last three club scheduled Alcatraz and/or Golden Gate swims or meet Rule 10 above.
- (Nothing in the above rules shall contravene any applicable Federal laws and statutes.)

Alcatraz Island
1.4 miles



Fort Point
3.5 miles

Crissy Field
2.5 miles

Yacht Harbor
1.5 miles

Gas House Cove
1 mile

Aquatic Park Cove

Pier 41½
1.2 miles

Pier 43
1 mile

Life Members

Dolphin Swimming & Boating Club

Antone Gelardi Dec 1940	Stanley Hlynsky Feb 1970	Richard Detheridge Aug 1976	Richard Cooper Jul 1978	Ned Hoffman Oct 1980	Jerrold Jacoby May 1982
Walter Schneebell Mar 1948	Jack Bettencourt Jun 1970	Cynthia Ehrlich Jun 1977	Elizabeth Fisher Jul 1978	Edward Urban, Jr Oct 1980	Alan Farnham Jun 1982
Dino Landucci, Jr. Jul 1948	Murray Abstott Sep 1970	Jacqueline Fowning Jan 1977	Sherry Kent Aug 1978	Scott Schwartz Nov 1980	Prentis Hale III Jun 1982
James Morino Jan 1949	Len Pera Jun 1971	Patricia Flynn Feb 1977	Catherine Huang Sep 1978	Ronald Nagle Dec 1980	Karen Heisler Jul 1982
Vince La Rocca Jul 1949	Mike Garibaldi Aug 1972	Carol Pierotti Sep 1977	Vincent Huang Sep 1978	Roger Apton May 1981	Dodi Marosi Jul 1982
Roger Gaal Oct 1953	Dieter Tede Nov 1972	Thomas Callinan Mar 1977	Barbara Dykas Oct 1978	Jeffrey Heth May 1981	Roxanne Richards Jul 1982
Aldo Cuneo Jun 1954	Stephen Pinetti Dec 1972	Marilyn Rodman Dec 1977	Suzanne Heim Dec 1978	Keith Howell May 1981	Rusa Chin Aug 1982
Bob Demo Jun 1954	Philip Sturiale Dec 1973	George Galarza Apr 1977	Norman Duffett, Jr Jan 1979	Herb Madden May 1981	Lorna Newlin Aug 1982
Charles Korelec Sep 1954	Phillip Sancimino Jun 1973	Sophie Taggart May 1979	Mimi Osborne Jun 1979	Linda Wilson Jun 1981	Samuel Lawson Sep 1982
Phil Gaal Oct 1954	Stephen Sancimino Jun 1973	Milo Fay Jan 1977	G. James Avery Jun 1979	Reb Anderson Jul 1981	Stephen North Sep 1982
Thomas Gould III Apr 1956	George Brennan Jr Aug 1973	Morgan Kulla Jan 1977	Noel Freilich Jun 1979	Robert Bonnet Jul 1981	Omer Thompson Sep 1982
Stephen Gaal Sep 1956	William Arletta Sep 1973	Pavla Podolska Jun 1977	Thomas Sancimino Jun 1979	Thaddeus Carhart Aug 1981	Thomas McGraw Oct 1982
James Vanya Apr 1957	Robert Colyar Sep 1973	Kenneth Frank Jul 1977	Peter Brand Jul 1981	J. Brooks Crawford Aug 1981	Michael Rollieri Oct 1982
Edward De Cossio, Jr. May 1957	Stephen Wolf Sep 1973	Jacqueline Merovich Jul 1977	Diane Campbell Jul 1979	Donald Reid Aug 1981	Ken Coren Nov 1982
David Hinton Jul 1957	Stanley Prusiner Oct 1973	James Storm Jul 1977	Katherine Fox Jul 1979	Eric Shackelford Aug 1981	Dennis Watson Nov 1982
Domenic Cannizzaro Aug 1957	Thomas Silk Oct 1973	Joseph Schatz Aug 1977	Richard Livingston Jul 1979	Carol Watson Aug 1981	Richard Antonchuk Dec 1982
Robert Corvarich Jun 1958	Hugo Buchholz Dec 1973	William Van Horn Aug 1977	E. C. Cadelago, Jr Aug 1979	Samuel Megeath Sep 1981	Jeff Banchemo Dec 1982
Frank Blackburn Mar 1959	Larry Schultz Dec 1973	Susan Allen Sep 1977	Steven Spickard Aug 1979	Ralph Zappala Sep 1981	Mary Cantini-Norkin Dec 1982
Rudolph De May Jul 1959	John Tansley Jan 1974	Era Osibe Sep 1977	David Sherk Sep 1979	Scott Anderson Oct 1981	Fran Collier Dec 1982
Patrick Kelly Apr 1961	Randy Pinetti Mar 1974	Robin Rome Sep 1977	Gary Noe Nov 1979	John Horner Mar 1983	Nick De May Mar 1983
Zack Stewart Jun 1961	James Guldbeck Apr 1974	Joni Beemsterboer Oct 1977	Susan Garfield Jan 1980	Peter Jacobsen Oct 1981	Elmer Tosta Mar 1983
Richard Fossat Sep 1961	Ivan Balarin May 1974	Peggy Knickerbocker Oct 1977	James Weil Jan 1980	Raymond Mondini Oct 1981	Margaret Titus Apr 1983
Lewis Cook, Jr. May 1962	Rollin Schroth May 1974	Katherine Rockwood Dec 1977	Eduardo Barranco Feb 1980	Phillip Rollins Oct 1981	William McKown May 1983
Pierre Hathaway May 1962	Michael Cerre Jun 1974	Louise Bea Jan 1978	Neil Hartnett Mar 1980	Bernard Schmidt Oct 1981	Ann Somerville May 1983
Peter Bianucci Jun 1962	George Kebbe Jul 1974	Kathleen Maloney Mar 1978	Jamie Nelson Mar 1980	Steven Townsend, Jr. Oct 1981	Thomas Anderson Jul 1983
Gerald Cullen May 1964	Hiroshi Tsuyumine Jul 1974	Flicka McGurra Apr 1978	Donald Harrison Apr 1980	Sean Kelly Nov 1981	Anne Baxter Jul 1983
John Davis Feb 1965	John Sylvester Aug 1974	Carlton Bea May 1978	John Dahlberg Jun 1980	M. Elizabeth Hale Dec 1981	Bill Fink Jul 1983
Brian Gilbert Feb 1968	Thomas Hofmann, Jr Aug 1975	Steven R. Krollik May 1978	Peter Neubauer Jun 1980	Keith Nelson Jan 1982	Patricia Mullen Jul 1983
Bill Harlan Mar 1968	James Hulihan Aug 1975	Brian Gilpin Jun 1978	Terry Chodosh Jul 1980	Heinz Wichelhaus Jan 1982	Diane Schatz Jul 1983
Walter Thurman Jr May 1968	Conrad Von Blankenburg Aug 1975	Virginia Hofmann Jun 1978	Holland Ja Jul 1980	Diana Anderson Apr 1982	Anthony Treacy Jul 1983
Anthony Stagliano Dec 1968	David Hull Mar 1976	Sarah McCuskey Jun 1978	Michael Koga Aug 1980	Carol Block May 1982	Peter van der Sterre Jul 1983
Harry Corellas Feb 1970	Peter Applegate Jun 1976	Judy Pryor Jan 1978	Robert McKenzie Sep 1980	Susan Cobb May 1982	Susan Lauritzen Aug 1983

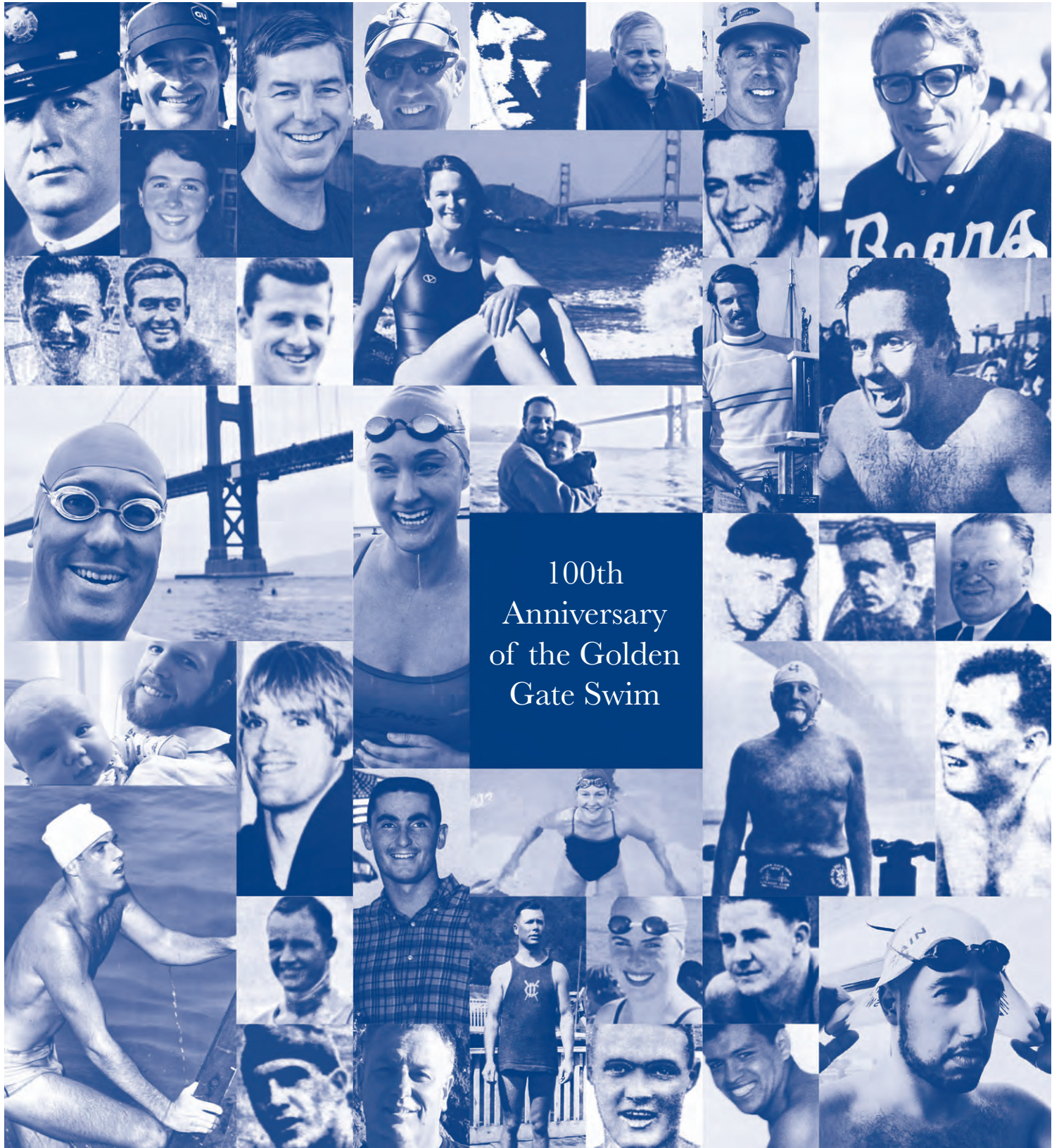
Alan Liss Aug 1983	Will Powning Jun 1985	Peter Drino Dec 1986	Gary Gach Jun 1989	Pat Howard Dec 1990	Anthony DuComb Dec 1992
John Blankenship Sep 1983	Elizabeth Tiffin Jun 1985	Suzanne MacDonald Dec 1986	Tom Whelan Jun 1989	Christopher Kelly Dec 1990	Gregory LaRoche Dec 1992
Sandra Lehmkuhl Sep 1983	Katherine Dermitzakis Jul 1985	Michael Weissenberger Feb 1987	Mickey Lavelle Jul 1989	John Kortum Dec 1990	
Margaret Reilly Sep 1983	Anthony Kline Jul 1985	Maxene Spellman Mar 1987	Richard Perkins Aug 1989	Stuart Etzler Jan 1991	
Mary Sancinino Sep 1983	Tony Reveaux Jul 1985	Liam Hennessy Apr 1987	Steven Roach Aug 1989	Nancy Friedman Jan 1991	
Jack Aquilere Oct 1983	John Selmer Jul 1985	Celeste McMullin Jun 1987	Nancy Hornor Sep 1989	J Richard Haymes III Feb 1991	
Jeffery Ranta Oct 1983	Susan Sward Jul 1985	Sid Hollister Jul 1987	Larry Scroggins Sep 1989	Harry Lansing Mar 1991	
Suzy Royce Oct 1983	Angelica Thieriot Jul 1985	Carrie Seddon Jul 1987	Margaret Curtis Oct 1989	Karena Liberty-Gurr Mar 1991	
Dahlia Kamesar Nov 1983	Rust Muirhead Aug 1985	Vicki Smith Jul 1987	Lance Fell Oct 1989	Suzie Dods Jun 1991	
David Zovickian Mar 1984	Kate Coleman Sep 1985	Alan Budenz Aug 1987	Steve Worthington Oct 1989	Eric Mellinger Jun 1991	
Reuben Hechanova Apr 1984	Padraic Doyle Sep 1985	Leibert McGurrian Aug 1987	Robert Boglages Nov 1989	Julia Stalker Jul 1991	
Lisa Smith Apr 1984	Noreen Tierney Sep 1985	Barbara Keller Dec 1987	Barry Christian Jan 1990	Neal Powers Aug 1991	
Davis Ja May 1984	Lee Hammuck Oct 1985	Jonathan Epstein Jan 1988	Dennis Deisinger Jan 1990	Eric Hansen Sep 1991	
Richard Keltner May 1984	Mike Dixon Jan 1986	Bob Mittelstadt Jan 1988	John Dugan Jan 1990	Mark O'Hara Sep 1991	
Victor Pizarro III May 1984	Steve Lathram Jun 1986	Terry Kleid Feb 1988	Patrick Freilinger Feb 1990	Rachel Kaufman Oct 1991	
Karen Drucker Jun 1984	Jim Biggs Apr 1986	John Ferino Feb 1988	Paul Brady Mar 1990	Michael Lord Nov 1991	
Neal Fishman Jul 1984	Judy Polatchek Apr 1986	Louis Bristol Mar 1988	Carlo Caunell Apr 1990	Paul Wanabele Nov 1991	
E. Ray Dunaway Aug 1984	John Sullivan Apr 1986	Dave Stimson Mar 1988	Lindsay Casablanca Jun 1990	Joseph Cowan Dec 1991	
James Sancinino Aug 1984	Mike DiNunzio May 1986	Hal Cranston Apr 1988	Anne Sasaki Jun 1990	Pam Derks Feb 1992	
Jack Kamesar Sep 1984	Elliot Evers May 1986	Linnea Lundquist Apr 1988	Stephen Frantz Jul 1990	Matthew Sheridan Feb 1992	
Helene Marchant Sep 1984	Charles Scawthorn May 1986	Joe Ferrero May 1988	Julie Marcus Jul 1990	Renee de Cossio Apr 1992	
Peter Marchant Sep 1984	Rafael Torres-Gil May 1986	Phil Fernandez Jul 1988	Laura Burtch Sep 1990	Phillip Reiff May 1992	
George Buffington Oct 1984	Mike Mitchell Jun 1986	Kevin McNiff Jul 1988	Gary Ehrsam Sep 1990	Brain Lilly Jan 1992	
Jon Bielinski Nov 1984	Daniel Weinstein Jun 1986	Liz Schiff Jul 1988	Mike Glanini Sep 1990	David Shutt Aug 1992	
Robert Danielson Nov 1984	Harry Louie Jul 1986	Karen Boyer Sep 1988	Megan Sullivan Sep 1990	Martin Zeleznik Aug 1992	
Noel Turner Nov 1984	Don Campbell Aug 1986	Jon Nakamura Sep 1988	Krist Jake Oct 1990	Ross Anderson Sep 1992	
Laura Merkl Dec 1984	Mag Donaldson Aug 1986	Gina Rus Sep 1988	Carol Murphy Oct 1990	Todd Oppenheimer Sep 1992	
John Stauffer Jan 1985	Colin Gift Aug 1986	H Charles Vogt Nov 1988	David Rich Oct 1990	Laura Kuo Oct 1992	
Albert De La Pena Apr 1985	Kate Bennett Oct 1986	Keith Weaver Nov 1988	George Robln Oct 1990	Nick Streichuk Oct 1992	
Charles Martin Apr 1985	John Mattox Oct 1986	Gerald O'Dwyer Jan 1989	Stephen Schatz Oct 1990	Lorna deRuyter Nov 1992	
Mark Lubiszewski May 1985	Marty Mattox Oct 1986	Nikola Pavicic Mar 1989	Robert Blum Nov 1990	Eric Mathewson Nov 1992	
John Lennox Jun 1985	Mike Webb Nov 1986	Marla McGowan Apr 1989	Monica Towers Nov 1990	Pamela Amoss Dec 1992	

January 2017

SUMMER 2017

DOLPHIN LOG

THE BULLETIN OF THE DOLPHIN SWIMMING & BOATING CLUB • SAN FRANCISCO • ESTABLISHED 1877



Special Issue

Golden Gate Swim

100th Anniversary Celebration

Dolphin Log

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Sunny McKee, *Graphic Designer*
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Cover:

Almost all the winners of the
Golden Gate Swim from 1917-
2016

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photo Colin Gift

Swimmers' view of the Golden Gate Bridge

On September 16, 2017 the Dolphin Club will celebrate the 100th anniversary of the Golden Gate Swim. Twenty past champions of the GG Swim will be participating in this celebration.

Invitations have been sent to dignitaries throughout the state and local government to attend our celebration.

Swimmers and spectators will board two boats to go to the starting area near Fort Point. The San Francisco Fire Department fireboat escort will arrive at the starting area just before the jump. Mayor Ed Lee or another dignitary will start the swim. At the start of the 100th GG swim, the fireboat escort will parade from the South Tower of the Golden Gate Bridge to the North Tower.

Everyone will return to the DC to a tasty breakfast organized by Joseph Omran and John Hornor. The SF Soundwaves, a 20-30 woman barbershop choir, will sing ocean themed tunes throughout the ceremonies.

At twelve noon, John Hornor will give a brief history of the swim, followed by DC President Reuben Hechanova's introduction of dignitaries and special guests. This will be followed by Supervisor Peskin's presentation of a proclamation of the 100th Golden Gate Swim.

Peter Prato, photographer extraordinaire, will take a group picture of all attending the 100th GG Swim celebration, followed by a photo of all champions at the celebration.

Following the special ceremony, especially designed t-shirts by Kent Myers will be distributed to all pilots, helpers, swimmers and special guests.

A very special thanks and acknowledgements to: Reuben Hechanova, Diane Walton, Terry Horn, Aniko Kurczinak, Keith Howell, Joe Illick, Sunny McKee, Story Rafter, Rich Cooper, Nancy Friedman, Meredith May, Hal Offen, Kent Myers, John Hornor, Joseph Omran, Jim Frew, Andrea Fabian, SF Soundwaves, Peter Prato, Marla Aufmuth, Jon Grunstad, Board Members and other volunteers.

It's going to be an exciting day at the DC. I hope that all Dolphins, your family and friends can help us celebrate this special occasion.

Duke Dahlin

Across the Golden Gate

The First Half Century

Richard Cooper

Few people alive can visualize the Golden Gate without its iconic bridge, yet the Dolphin Club's swim began 20 years before the bridge opened. Our celebration is not about a bridge, it is about the many hardy, adventuresome club members, some talented, most not, who have braved those cold, rough waters and treacherous currents for a once in a lifetime achievement.

The first Dolphin Club group swim was on September 9, 1917. Earlier, in 1896, Charles Cavill conquered the Golden Gate, and other solo crossings followed, some by Dolphins. However, the distinction of first club swim, certainly the most enduring annual group swim, belongs to the Dolphin Club. Our respected neighbor, the South End Rowing Club, didn't start swimming the Gate until 1930. In 1917, there was excitement about our upcoming swim. There were newspaper articles including a published letter expressing "good luck" from Hiram W. Johnson, United States Senator. Permission has also requested from Major General Hunter Liggett, Commander of the Western Department, because the planned race from Fort Point to Lime Point involved use of Government reservations. Newspapers published Liggett's reply sanctioning and supporting the event. Coverage and public interest in our Golden Gate swims remained high for the next 50 years. Interest was also high within the Dolphin Club. Twenty-four men, a quarter or more of all club members, made the jump that morning in 1917. Weather was clear and calm, but tides tricky.

Spectators in a separate launch were treated to an exciting race won by Henry "Doc" Koch in the time of 26:51 (26 minutes 51 seconds). His pilot was the famed Alex Pape, former Pacific Coast rowing champion and later



1917 Winner Henry Koch and pilot Alex Pape



Start of the first Golden Gate Swim in 1917

considered the top SF Bay swimmers' pilot of his time. After the race there was a celebration at the club house for members and family. It was also a poignant farewell for the men, including Henry Koch, who would be leaving soon for the WWI trenches in France.

Dolphin legend Jimmy Cronin completed his first crossing in 1917 at age 51. He swam again in 1918. Then, for many years, he served as official starter of the race, at least when his old pistol fired. Also, Frank Staib, who became the first 50-year Dolphin member, was official timer during the early decades.

Weather conditions were less favorable in 1918. Twenty swimmers started, and 18 completed the course. Clarence Kiernan came in first, although his time of 31:23 was slower than the prior year.

Ben Derham, a city fireman, won in 1919. Strong eddy currents skewed the race course. Only 13 out of 18 finished. Remarkably, second place went to Thomas E. "Pop" McNulty, age 60. A regular in those early years, his final swim was in 1926 at age 67.

By the time the Dolphin Log began listing past winners, the 1918 and 1919 results had been mistakenly reversed and not corrected until now.

The 1919 Golden Gate Swim was also the first for new member Lawton Hughes. We usually remember Lawton as a champion oarsman. However, he also swam the Gate for ten years. Later he was always an important official at the swim, such as Marshall of the Course, well into the 1970s. The annual Dolphin Club swim was cancelled in 1920. The boat to transport swimmers was very late, and by then tides had changed with no chance to safely hold the swim. Conditions were rough in 1921. Only 11 attempted the crossing with eight able to finish. More importantly, it marked the debut of Syd Foster, age 28. Foster became the first to dominate the annual club swim by winning three races in four years. Overall, he entered 16 consecutive Dolphin Golden Gate Swims. Syd was a club member for 60 years. A classic sliding-seat Whitehall boat named in his honor is still in daily service.

Syd Foster had the fastest time of 26:01 in 1922 but only won by 5 seconds ahead of C. R. Hoffman. Nine out of ten starters finished.



Syd Foster 1921, '22, '24

We remember the 1923 Gate for heavy fog, strong tides, and a fast newcomer, Leo Purcell, from Alameda. Although 22 members had signed-up, only 11 dove in with six able to finish. Purcell, who also swam for the Olympic Club, won but had wanted to break Walter Pomeroy's 1914 Gate record of 20:44. Mother Nature would have none of it.

Leo Purcell returned to swim a Golden Gate round trip. He dove in with the rest of the Dolphins in 1924, but while the rest of the club did their traditional one-way crossing, he turned round and swam back. His time of 1 hour and 6 seconds beat Pomeroy's record. First place honors that day went again to Syd Foster in 33:45. Purcell went on to become a noted long-distance swimmer, and the Bay Area's favorite. Piloted by Alex Pape, he competed in Wrigley's 1927 race from Catalina for prize money.



Leo Purcell 1923

Conditions were choppy in 1925. Twelve started and 11 finished. Howard McGovern became a first-time winner by nearly three minutes. He challenged again but failed to win another.

The seas were restless again the next year. "One of the most difficult Gate trials ever held" was the newspaper report in 1926. George McMillan won, in 25:41, ahead of Charlie Sava and Howard McGovern. A total of 12 made it.

Charlie Sava was the story in 1927. Charlie had the best time of 27:53, quite fast considering weather and bumpy seas. Twelve out of 14 reached Lime Point. In future years, Sava became a Hall of Fame swimming coach. His teams at the old Crystal Plunge in North Beach won ten National AAU Championships. He coached Ann Curtis, the 1948 Olympic Gold Medalist. San Francisco named a pool for Sava. All that aside, as a Dolphin member from 1926 to 1983, Charlie was just one of the guys taking a daily splash in SF Bay.



George McMillan 1926

A field of 13 started in 1928, but the day ended in a hard fought dual. Jack Sieber out-touched veteran George McMillan. Sieber's time was 36:32. Four boats were needed to carry enthusiastic spectators. The first five swimmers received silver trophy cups.

Several young newcomers dominated the race in 1929. Bill Egan, a recent Lowell High star, outlasted John McManus. Egan won in 25 minutes 11 seconds, a new club record. Nineteen Dolphins participated.

Bill Egan was back to win the following year. August 17, 1930, was a cold,

dismal day, but only three out of 20 swimmers failed to touch Lime Rock. Owing to conditions, Egan's time of 30:15 was slower than the year before.

Leslie "Buster" Olds was the story in 1931. The 17-year-old New Zealand lad set a new Dolphin record of 22 minutes 6 seconds. In 1932 Buster Olds, now on the Stanford team, successfully defended his title while lowering his record to 21:27.

In 1933 Mayor Angelo J. Rossi fired the starter's gun, however, at the end Buster Olds stole the show by winning his third straight Gate Swim. Times were off, but 23 out of 26 made it to the finish line.

Later, in 1938 Buster lost a race across the Gate to "Blackie" the horse.

Construction of the Golden Gate Bridge began on January 5, 1933. The new bridge opened on May 27, 1937. During those four years Dolphin Club swims continued with some adjustments. It's hard to imagine the sights and feelings of swimmers and pilots as the vast openness of the strait became spanned by a colossal lane marker in the sky. Anyway, it would never seem quite the same.

The 1934 Gate is remembered as the weirdest, roughest, and toughest swim so far. However, all 13 brave men finished. John McManus, the fighting Irishman from County Cork, won his first Gate in 44:13. Also,



Bill Egan 1929, '30

this was the first Dolphin crossing for Joe Bruno who went on to establish Golden Gate records for the next half century. More about Joe Bruno later.

Mayor Angelo Rossi returned in 1935 to present trophies, and the winner was special. Dick Rittger, despite having only one leg, beat the field of 21 with a time of 25:53.

Times weren't fast in 1936, but John McManus, the 31-year-old bank clerk, won his second Gate ahead of nearest competitors Paul Sylvester and Joe Bruno. Three of the 19 starters failed to finish.

A fresh face, Jack Reynolds, with a newly completed bridge overhead, beat a lineup of 21 Dolphins in 1937. He had an ordinary time, 33:40, and few could have imagined the decade ahead; winning five straight races, serving four years in WWII, and returning to win another Gate Swim. In 1937, however, Reynolds had to share newspaper space and photos the next day with Zada Weed, a teenager, who snuck into the



Buster Olds 1931-33. Later, lost to "Blackie," the wonder horse.

1939, but Reynolds made it three in a row with a winning time of 27:26. Twenty-three jumped in 1940, and 19 finished but more than five minutes behind Jack Reynolds.

Jack Reynolds won his fifth straight Gate Swim in 1941 in 24 minutes and 12 seconds. The other 14 Dolphins didn't seriously challenge him.

The WWII years, 1942-1945, put the Golden Gate Swim on hold due to Navy activity, submarine nets, and other wartime restrictions.

Jimmy Cronin's starter's pistol marked the revival of

Dolphin Club swim and finished high in the pack. We consider her to be the first female to do our club Gate Swim, unofficially, of course. Nearly 40 years later, Zada Weed Taft became one of first five women permitted to join the club. In 1938 the powerful Reynolds, breathing on alternate sides, left the other 24 in his wake, winning by a six-minute margin. Rough weather and currents scattered the swimmers in

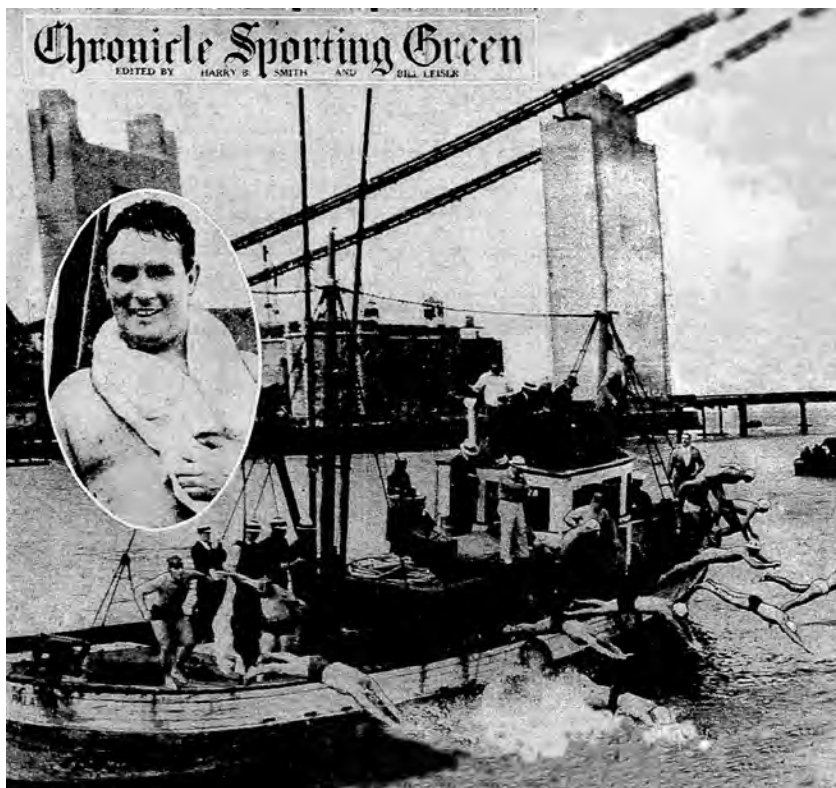
the annual swim on October 6, 1946. With ideal conditions, Ex-GI Jack Reynolds defended his title despite the four-year layoff. He won his sixth straight in a time of 28:56. All 15 Dolphins finished.

In 1947, a recent Galileo high school grad, Ray Carmassi, was the fastest. His time was 26:39, winning by over five minutes. This was the Gate Swim's 30th anniversary, and there were 28 participants, the most so far.

Carmassi returned in 1948 and threatened the club record with a fast time of 22:36. It was more of the same in 1949. Ray's time of 23:53 was best again. Twenty-eight out of 30 completed the race. For a dollar ticket, you could ride on the spectator boat and attend the dance.

Journalist Anita Day Hubbard was one of the pilots in 1949. That year the Dolphin Club presented a gold key to Mrs. Hubbard and counted her as the first, albeit honorary, female member.

In 1950, thirty-four swam. Ray Carmassi won, but tides caused a disappointing time of 30:16. Walt



Start of 1936 swim beneath bridge construction. Inset: winner John McManus



Jack Reynolds 1937-39



Ray Carmassi 1947-51

Schneebeli was happy to finish his first of many Gate Swims, but it was slow going for all.

Carmassi, now a U.S. Marine, returned in 1951 for his last Gate Swim, and he made it five straight victories. Despite the bay being very rough, 26 out of 28 Dolphins finished.

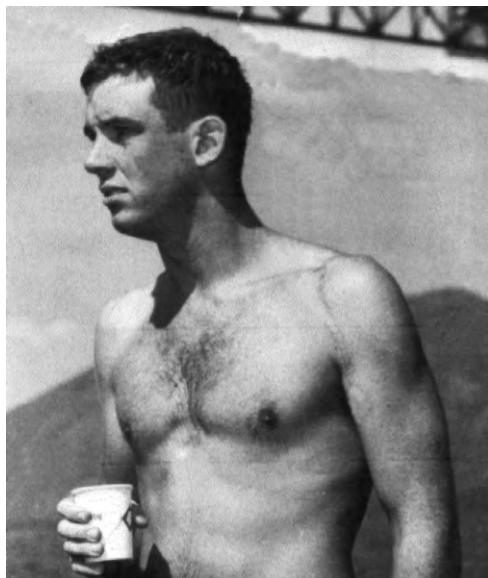
The Dolphin Club observed its 75th birthday in 1952 as well as the 35th anniversary of their annual swim across the Golden Gate. It was also time for a new kid to rack-up a string of

victories.

The new kid was Bill McIvor. In his first try he established two records. After touching Lime Rock in 22:15, a new club record, his pilot talked Bill into swimming back to Fort Point. He then completed the two-way crossing in 53:35, also a new mark. Thirty-Five Dolphins made the swim in 1952.

The following year, 1953, Bill McIvor, a teammate with Dan Osborne at Stanford, lowered his record with a 21:41 clocking. Thirty-four swimmers were credited with finishing, although a few were forced to land west of Lime Point.

In 1954 McIvor failed to set any records but still won rather easily over a field of 45 Dolphins. At one point, with swimmers spread-out across the Gate, the Coast Guard intercepted an outward bound Standard Oil tanker just in time.



Bill McIvor 1952-55

Bill McIvor made it four straight wins in 1955. His time of 21:12 set a new club record, but we all know records are made to be broken.

Don Kane stroked to a record of 19:56 the next year. Fifty-Three Dolphins swam, the largest turnout to

date. Bill McIvor was second and continued swimming through 1958, however medical school was now his highest priority.

In 1957, for the 40th Gate anniversary, crazy currents prevented any more records. Don Kane repeated, but his time was only 31:58. The last one to finish took two hours. The race marked Jimmy Vanya's first Gate swim.

Don Kane captured the 1958 Gate Swim, his third consecutive, in record time of 19 minutes 48 seconds. Don wasn't the only aquatic standout in the Kane household. His wife, Marion Olsen Kane, coached the famous San Francisco Merionettes synchronized swim team.

Champion Don Kane's time in 1959 was excellent, 20:43, but not a new mark. Because of a recent, fatal shark attack just outside the bridge, some who had trained skipped the swim.

Hector Valencia, who had been in the elite group for 3-4 years, broke through in 1960 to win, despite the Gate being a tough test that October day.

A trio of current and former University of California stars shined brightly for the next

decade. In 1961, with ideal weather but tricky currents, former UC swimmer Jim Small won the race in 26 minutes 55 seconds, more than five minutes ahead of second place Joe Flahaven. Joe Bruno completed his 25th Gate Swim.

Jim Small came in first again in 1962, his time 24:04, followed by Jim Baird, another Cal Bear. There were 73 starters, the most so far for a Dolphin Gate Swim. The Cal swimmers traded places in 1963. Jim Baird touched ahead of Jim Small. It wasn't that surprising; Baird had been winning many other club swims. Seventy-



Don Kane 1956-59



Hector Valencia 1960



Jim Small 1961-62

One Dolphins, including 65-year-old Ted Monell, veteran of more than 30 Gate swims, were treated to rare, nearly ideal conditions. Mayor John F. Shelley presented the awards.

The 1964 Gate was fogged-out. In 1965 Ed Duncan, 20-year-old UC senior, became the champion in 20 minutes 43 seconds. A year later, in a solo effort, Ed set records



Jim Baird 1963



Ed Duncan 1965-72, 78

across the Gate in 19:06 and round trip in 51:45.

In 1966, Duncan won the club swim again in 20:59. The remaining Dolphins had a more difficult crossing; 15 of the 58 entrants failed to finish.

The following year was epic. The Dolphin Swimming & Boating Club celebrated the 50th anniversary of their club's annual Golden Gate Swim. On September 24, 1967,

Ed Duncan punctuated the occasion by winning his third straight race. Col. Stewart Evans, the first person to swim from the Farallones to the California mainland earlier in the month, finished ninth in 28:59.

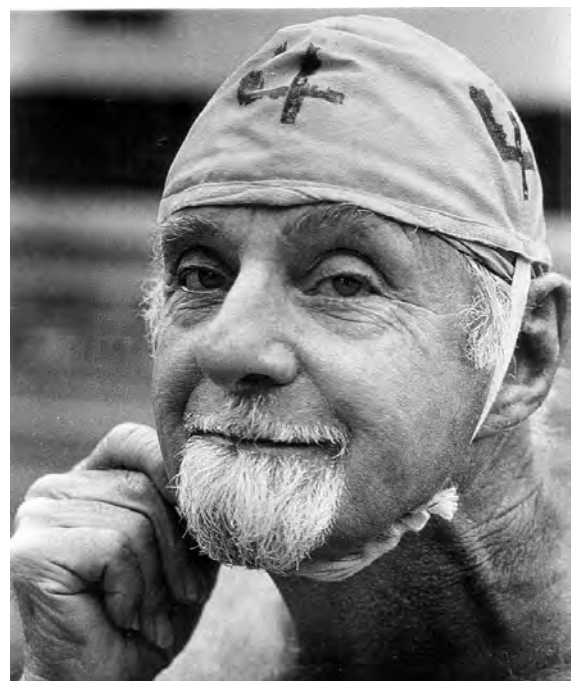
The first half century was now in the books, and the Dolphin Club and its Golden Gate Swim were both alive and well, however some say it marked the end of the innocent, glory days. Public interest in amateur endurance sports had waned, and San Francisco had become a major-league sports city with TV and other diversions.

The focus of this story has been mostly on the athletes, but these Dolphin Club swims were only successful because of arduous work by our swim commissioners, pilots, and helpers.

There were also two other relatively unknown Dolphins that quietly contributed to the growth and popularity of the Golden Gate Swim. George F. Lineer served as the swimming expert of the San Francisco Chronicle from 1923 until the 1960s. Although he covered all aquatic competitions, his major contribution was creating interest in SF Bay open-water swimming. The Dolphin Club especially benefited by Lineer's newspaper articles covering every major club swim.

Jerry Hawryluk, a Dolphin member from 1947 to 1981, with his excellent camera, was the official club photographer. He captured all club events, and his prints are the surviving visual record of Golden Gate Swims from that era.

For a glimpse at the next fifty years, Ed Duncan, by then an attorney in Southern California, won eight straight Gates between 1965 and 1972, plus another in 1978. He set a record of 18:42 in 1968 that lasted until 1983. Paul Sylvester, a truly brave competitor since 1930, swam with his son, Dennis, in 1969 but soon retired. Veteran Joe Bruno kept on swimming the Gate until 1993, 61 in total, a club record. Moreover, until 2016, Bruno was the oldest Dolphin, at age 80, to do the swim. To honor his achievements, the swim is named the **Joe Bruno Golden Gate Swim**.



Joe Bruno made 61 crossings from 1934-1993

The Golden Gate Swim: In Their Own Words

*Compiled and edited
by Nancy Friedman*



Brian Gilbert

"Each Year Was Different"

– Mike Garibaldi

I joined the club in 1970. Back then you had to be a member for a year before you could do the Golden Gate Bridge swim. I had my first Gate swim against a reigning champion, Ed Duncan, who had swum at Cal. He beat me by a few seconds. I had no clue what was going on – I didn't know the course. I beat him the next year and went on to win everything for the next 13 or 14 years. Each year was different. One time we went north to south because of tide conditions. One year the water temperature was 48 degrees.

I've done other big swims – out and around Alcatraz, to Angel Island and back, Sausalito to San Francisco – but the Golden Gate Bridge was always #1. Going across that little opening, working out the tides ... it's just a

"What the hell was that?"

– Brian Gilbert

The Gate swim I remember most vividly is one of the first ones I piloted. I was in the middle of the group of swimmers, and fairly new to the experience. All the pilots were watching the swimmers intently, and suddenly we heard a tremendous whoom from the middle of the cluster. Naturally, we all turned around and saw a column of water descending from the middle of the pod. We and looked at each other, and someone asked, "What the hell was that?"

Lou Marcelli was one of the pilots, and he rowed over to the spot. He looked down and said, "There's a stiff in the water. Tell Frank [Drum the club president at the time] to tell the Coast Guard."

Someone, I never found out who, had decided to memorialize the swim by jumping off the Golden Gate Bridge.

The ancient Greeks memorialized heroism by sacrificing cattle. What greater memorial than to sacrifice oneself?

challenge, and it's always been dear to me.

Editor's note: Mike Garibaldi took first place in the Golden Gate swim a total of 13 times. He now lives in Oregon.

"Just Do It!"

– Carol Block

In the fall of 1981 I was thinking about turning 40 the following year. I wanted to make it special. Somewhere I read that the artist Joan Brown had marked her 40th by swimming across the Golden Gate. I thought this would be perfect for me as a native San Franciscan.

The article mentioned a swim



Carol Block

club at Aquatic Park. In early January 1982 I knocked on the Dolphin Club door. I was let in. I announced my goal of a Golden Gate swim and was told "Just do it!"

I returned the next day prepared to swim. I got to the first buoy and the pain relented so I swam to the flag and back. I swam every cove and out-of-cove swim that spring and summer, but first I had to improve my strokes. My kids, age 10 and 12, were on a swim team so I asked their coach for help. Two weeks later I was tuned up and proficient in all four strokes.

The morning of the Golden Gate swim the fog was low and dense, bringing concerns about safety. Caution was cast aside and we started from the west beach under the bridge. Making it to the south tower seemed daunting but the rest went well until we had to board the Boston Whaler at the end of the swim. A rope net was cast over the side – tough with cold hands to grip! I yelled out "I didn't train for this!"



Lorna Newlin

Minimum Wake: October 16, 2010

POLLY ROSE (head timer): The swim itself was over — we'd clocked in all the swimmers. It had been an eventful day. The start of the swim was delayed about 20 minutes because of a freighter passing through the Gate. Now the flood tide had given way to the ebb, catching the slower swimmers



Polly Rose

in its path. Whitehalls, kayaks, and swimmers were clustered around the Horse as the swimmers — tired and spent — worked their way to the jump boat and hot coffee and warm clothing. Mimi Osborne and I were in the stern of the Horse, armed with clipboards, pens, and stopwatches, and dressed for a cold morning at the Gate: warm boots, deck coats, hats, gloves. Suddenly a surging wave loomed before us.



Mimi Osborne

LORNA NEWLIN (swimmer): I was relieved to see Lime Rock, but the next thing I knew I was going backward, being swept due south about 50 yards. As I struggled back to Lime Rock I glanced to my right and saw a rowboat I thought was going to crash down on me.

JANICE WOOD (swimmer): Suddenly I was on top of a huge wave, watching the rowboat in front of me teetering. I was sure it was about to capsize.

POLLY: I felt like I was in an illustrated Moby-Dick, the part where



Barry Christian

small whaling boats, unmoored from the mother ship venture out to do battle against the angry sea.

BARRY CHRISTIAN (pilot, in the Horse): The captain of the freighter noticed our group near the rocks, and made a great decision to warn us. That advance notice allowed us to clear the rocks, although Jon Grunstad's rowboat came really close, with Lorna Newlin in the water hanging onto the stern as Jon was towing her away from the rocks.

POLLY: Barry guided our boat up the wall of the wave. Mimi and I sat, still and (for once) silent. I made to remove shoes and coat, in preparation for my own Joe Bruno experience. It seemed like the wave would never stop rising. Toward the top, Mimi said, very quietly, "It'll be all right." And in fact it was. We made it, along with the other boats and kayaks and swimmers.

BARRY: I think the wave lifted us



Era Osibe

about eight or nine feet. There were actually two waves, with a deep trough in the middle. The boat handled them very well.

POLLY: How could this have happened? Reuben Hechanova, the boat captain, later told us that while he was directing the swim from the Arias he was in radio contact with the captain of a freighter entering the gate. (Yes, there were two freighters in a single swim.). Reuben said the pilot offered to slow his speed to "minimum wake" — no waves. Reuben said he told the captain, "Don't bother. We don't need minimum wake." Maybe Reuben didn't need minimum wake, but we sure could have used it. On the other hand, then there would have been no story to tell.

"Should I Panic?"

— *Era Osibe*

September 15, 2013. The weather was terrible. The vessel out to the Gate was old and slow. The captain had a hard time keeping the boat still in the wind. The person in charge was not sure whether or not to cancel the swim. When it was decided that the swim was on, we were told to get to the start quickly. I jumped off the back of the boat as I'd always done, and immediately found myself underneath it. I grabbed a leg — it was Janice Wood's — but could not hold on. I looked up to see the keel inches from my face. Should I panic? The next moment I was out on the other side, where a stand-up paddler managed to drag me aboard and rush me to the start. It must have been the adrenaline, because that was my fastest swim ever. I was feeling pretty good until, back at the club, I was accused of delaying the start. Rather unfair, I thought.

On Lime Rock



photo Dave Zovickian

Lime Rock, once the finish post

For many years, before governmental concerns about security led to a ban on the practice, a crew of at least three helpers would be stationed on Lime Rock to hand out sticks and record swimmers' times.

MIMI OSBORNE: We tied a long, sturdy rope around the waist of the person who was giving out the sticks and then ran it up to the metal ladder that connected the rock to a walkway. The person who gave out sticks stood about waist deep on a narrow shelf. Every now and then that person would be washed out, and we'd pull them back.

SUSAN ALLEN: We finally learned to wear wetsuits.

KATE COLEMAN: Most years the swim was divided into a fast day and a slow day. I'd swim on the fast day and work the rock on the slow day.



Kate Coleman

MIMI: Most of the time we were lucky enough to get a ride out in an Avon. But on one occasion Stanley [Hylinski, a past president and frequent pilot] was in a big hurry and didn't want to carry anyone in the Arias. So we went with the swimmers in the bus to Fort Point. We had to swim from the beach to the big Avon and climb onto it, dragging ourselves up and over into the boat. It was really, really strenuous.



photo Colin Gift

Susan Allen

SUSAN: If you were timing on the rock, you had to look at the watch constantly. When you were handing out sticks, you were getting washed.

MIMI: One year it rained, and none of our writing implements would write on the paper. We started with a pencil, then switched to ballpoint. When that didn't work, we ended up incising the numbers on the sheet.

SUSAN: Tom Keller would play the bagpipes on the rock.

KATE: During the 2003 swim I was standing on the little ledge, tied and tethered, handing out the sticks. The swimmers were halfway across. Suddenly we're being yelled at from up above. Half a dozen uniformed parks officials are saying, "You can't be on the rock!" I said we've done this for almost 50 years, we have permission from the Coast Guard. They said, "You don't have permission from here." I was screaming: "Do you think we'd do a terrorist act by swimming across the Gate? And with little rowboats and kayaks?" So they backed off. And we all cheered. Then the next year they banned our occupation of Lime Rock.*



photo Colin Gift

KEITH HOWELL: Sitting on Lime Rock one year, timing the swim, I saw a group of dolphins with legal flippers bouncing along under the bridge, leading the pod and showing us how it's done.

**Editor's note: Since that incident, the floating finish line of the Golden Gate swim has been a club rowboat.*

A Family Swim

— Gina Bianucci Rus

My most memorable Golden Gate Bridge swim was in 1993, not quite three months after I'd given birth to Justin, my second child.

Justin was born on June 30, 1993, and the Golden Gate Bridge swim was on September 11. I'd invited my mom on board to hold Justin while I swam; my grandfather, Mario Bianucci — a club member at one point — and grandmother Norma were on board watching my older son Brian, who turned 2 that day. I was nursing Justin when I heard the call to jump in the water, so I handed him off quickly.

My dad, Pete Bianucci, and his wife-to-be, Meg Reilly, also swam that day, and I think my husband, Bill, was out piloting. It was a family event, for sure.

Editor's note: Gina finished sixth out of 59 swimmers, with a time of 29:32.

Swim Queen

— Mary Sancimino

Years ago, before the club allowed women to be members, they used to name a Swim Queen. When I was 16, I held the title. I might have been the last one. It figures, because that year it was too foggy to do the swim! I remember I got to ride in a cool Chris Craft with Lawton Hughes, and I remember I wore gray pinstripe gauchos and tan Frye boots.



Gina Rus

The Magic Food

— Sue Garfield

If it was an early swim, John Davis would pick me up at home and we'd head to the club to make vats of hot coffee and hot water, chop donuts, and pack everything in shopping carts or vehicles to be delivered to the boat.

John would be the bartender, passing out hot drinks on the boat. After I stopped doing the race, or in the years when we did the race over two days, I took great pleasure in passing around donuts to the cold swimmers and watching as their color improved and they started to feel better. A few times swimmers tried to tell me they didn't eat donuts. ("No junk food!") I insisted that they take one anyway. Donuts are indeed the magic food when your body is depleted.

"I Can't Go without a Struggle"

— Gail Grynbau

The Golden Gate swim I remember most vividly was in 1998. As soon as I jumped in I knew it would be difficult — the water was wild, I had a hard time getting a rhythm to my breathing, and I couldn't quite see the top of the bridge because of the thick fog.

As I approached the North Tower, I couldn't make progress against the strong ebb tide. The waves were getting bigger and I couldn't see any swimmers. There were no pilots within yelling distance. The thought came to me: "I could die here." Then: "I can't go without a struggle." I waved for help and tried to calm my panic by imagining my husband and a friend on the shore waiting for me.

After a couple of minutes I saw Rich Cooper. He rowed over, but he couldn't come close because the water was too rough. He pointed out the way. I followed. Then Barry Christian came over in a kayak. At last the back eddy caught me in her arms and I started moving toward Lime Rock — away from the open ocean which had been pulling me out just moments before. I saw the rock and the wet suited man holding out my stick, number 30.

I later found out that of the 47 original swimmers, two were pulled out within the first five minutes, eight were pulled out under the span, and 37 finished. I had been in the water

for an hour and ten minutes.

We'd all been through this group adventure, a shared experience of an altered state. I guess that's why we do it — for the thrill, the aliveness, the feeling of living on the edge, in what may otherwise be fairly ordinary lives.

"Stop and Look Up"

— Catherine Breed

While I do "race" the Dolphin Club swims, I think of them much more as a reward — we have this incredible privilege to swim in the bay — or just as a fun sprinty swim. I thought of this swim as exceptionally special because of all the chatter that went on surrounding it, and I was very excited to have my go at swimming under the Golden Gate Bridge. The best advice I got before the swim was to stop and look up.

As we plunged into the water, Adam [Eilath] and I found each other since we like racing each other, and off we went. In the middle of the race I remembered the advice I got, and I turned over to swim backstroke for a bit, taking in the magnitude of the bridge. While I have sailed under it plenty of times, it is even more humbling to swim under it. I was able to fully grasp how small I am compared not only to the bridge but to the ocean. People travel from all over the world to see the bridge and we get to swim under it!

Editor's note: Catherine took first place in the 2016 Gate swim.

From Picture to Reality

— Suzanne Heim-Bowen

I joined the Dolphin Club in 1978 but missed the 1979 and 1980 swims. I was a student at Cal Poly San Luis Obispo in 1979, and I bought a gorgeous poster of the bridge and hung it on my dorm-room wall. I'd wake up every morning and look at that picture, imagining what it would be like to actually swim under the bridge.

Finally, in 1981, I had my chance and was terrified. Yes, terrified. I was a swimmer but not an ocean swimmer — I'd had a near-drowning accident when I was about 4. The waves were pounding onto the beach, and all I could think of was that I wanted to start swimming and get to the other

side. I calmed myself for a few minutes before the start, just taking in the sights – the huge bridge, the water, the bird life, and the great group of people with whom I was swimming – and started to feel a little more relaxed.

The horn went off, and I followed Mike Garibaldi as I figured he knew the best way around the rocks. For the first few minutes I felt like I was swimming for my life. After the initial adrenaline rush, even though I was in the midst of a race, I made sure to stop several times, turn over on my back, and just look up at the bridge,



Catherine Breed

thinking how lucky I was to have this view and swim with like-minded people. I flashed back to the picture I'd had in my dorm room for almost a year and I smiled to myself. I was finally swimming across the Gate!

Editor's note: Suzanne finished third on the fast day of the 1981 Golden Gate swim. She went on to take first place in 10 subsequent Gate swims.

"The Swim Went All Too Quickly"

– Andrew Willis

I'll never forget my first Golden Gate swim in 2016. I was so excited that I jumped without my goggles. I quickly found they were unnecessary (and the vistas clearer to my dewy eyes!). The water tasted fresh as mint that day. The "S" course described during the swim briefing proved perfect – we aimed due north on the Pacific side and the current swept us east

into the Bay. Oh, the drama of the headlands and looking up at the girders! I felt small, fragile, and strong simultaneously. The swim went all too quickly; the party atmosphere on the boat was warm enough to compensate for the lack of sauna.

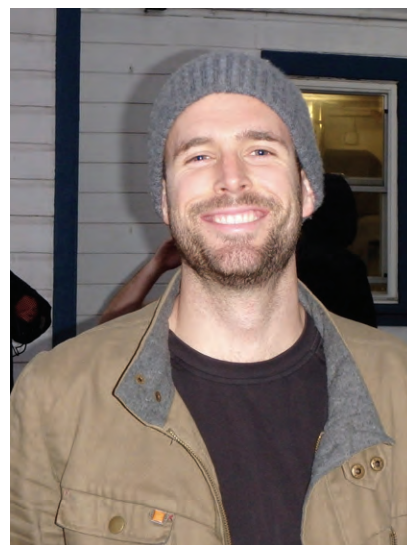


Suzanne Heim-Bowen

"A Love Story"

– Susan K. Lauritzen

My story is a love story. Yes, as a San Francisco Bay swimmer and member of the Dolphin Club, I have gazed at the underbelly of the Golden Gate Bridge for over 30 years. While backstroking the wild waters beneath the bridge, I've marveled at its structure, strength, and beauty. I seek the solitude, the feeling of being



Andrew Willis

held and carried along. Reaching for midspan and time to "cross over," I am aware of the sensuous curve of the golden cables as they come into view.

Imagine then my delight when I won an auction item for a trip to the top of the south tower of the bridge with breathtaking views all around. Surrounded by beauty, expansiveness and majestic perspectives, I took photos galore. Happy 100th birthday, dear bridge ... I await our next embrace.



Susan K. Lauritzen from bottom to top

Once 'Round the Cove

Baykeeper Bay Parade

On Sunday, July 9, Baykeeper hosted its biggest and most energetic Bay Parade yet! The Parade included the Golden Rivet swim from under the Golden Gate Bridge to McCovey Cove—a 6.5 mile open-water course. More than 200 swimmers, paddlers, boaters, and volunteers—many with noisemakers and elaborate costumes—celebrated a healthy San Francisco Bay in this annual on-the-water event... and we were joined on the Giants walkway by many sign-holding supporters as we found our way on to the Jumbotron, just before the game began, spreading the word in wider and wider circles.

We are so grateful to the Dolphin Club, and to our other sponsors, participants, and supporters for their commitment and enthusiasm for raising funds for Baykeeper and raising awareness of Bay pollution issues. We are pleased to announce that the Bay Parade raised over \$95,000 for Baykeeper's work this year. That's an amazing contribution to keeping the Bay safe, healthy, and clean!

Peter Molnar, Baykeeper Board Chair and
Diane Walton, Golden Rivet Swim Director

President's Message

- Please take extra caution on your swim(s) in Aquatic Park Cove with the Summer effect of Heavy Wind, Fog and unusually strong Currents flowing through since the Balclutha removed from Hyde Street Pier for repair till the end of the year.
- Membership is holding steady as we plan to stay within the 1600-1700 capacity to retain the 'quality of experience'.
- A comprehensive Long Range Master Plan of building improvements is underway and ongoing, including the Boiler Replacement, new Weight Room equipment, Kitchen Renovation and upgrades to Foundation and Electrical/Gas service.
- Lease extension is being negotiated with SF-Rec and Park, our landlord.

Annual Membership Meeting

The annual membership meeting of the Dolphin Swimming & Boating Club will begin at 6:30 p.m. on October 18, 2017 at 502 Jefferson Street, San Francisco, in the Staib Room.

The Board will review the business of the past year and proposed activities for the next year. Members are welcome to attend and participate per Article III, Section 6 of the By Laws.

Wedding at Sea

Surrounded by crowded rowboats, kayaks and swimmers and dozens of more cautious guests standing on the end of the Muni Pier, Club Manager and Steward John Ingle and Renee Kaufman exchanged vows at 5 pm on June 17. Renee arrived by boat, John swam in from Ft Mason. Ken Coren conducted the ceremony from the comfort of a Whitehall. Rings were exchanged in the form of life preservers duly placed over the head of their partner. Quite symbolic. Back at the dock, the reception continued well into the night.



photo Helena Laurent



Photo James Fahlbusch



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COMPASS

Golden Gate Swims

The Recent Years

By Richard Cooper

The Dolphin Club's Golden Gate Swim entered its second half century without missing a stroke, although there would be a few course changes along the way. Never changing are the unpredictable weather and currents of a Gate swim. Each crossing is a new adventure.

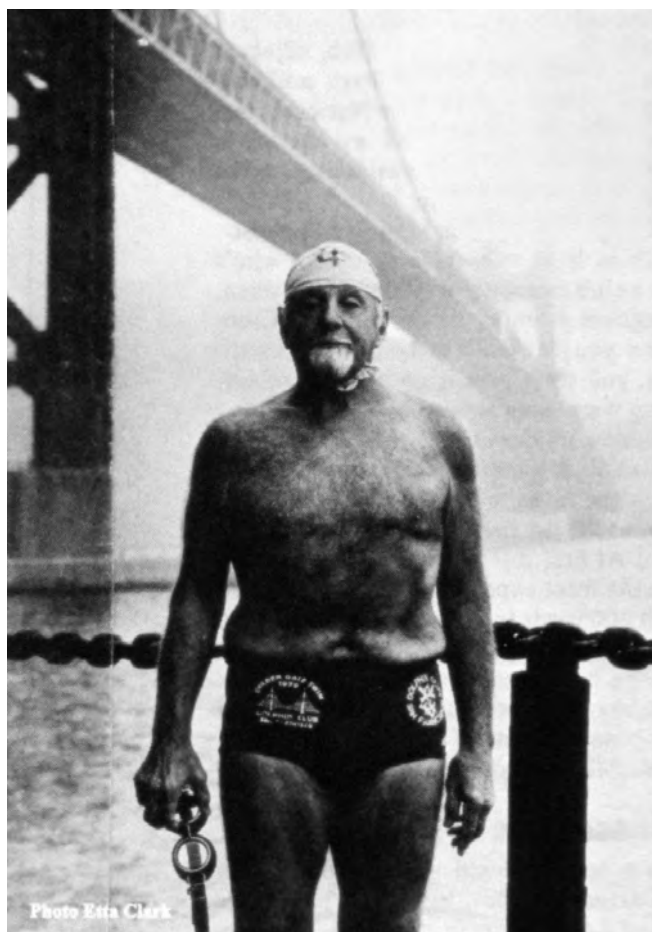
Unlike the previous 50 years, only four swimmers clearly stand out since 1967, most for their superior talents, but one for his lifetime achievements. The name of our Annual Dolphin Club Golden Gate Swim now honors Joe Bruno. He died in 2004 but still holds the record of 61 swims across the Golden Gate from 1933 to 1993. Joe was also the oldest Dolphin to swim the Gate at age 80 years until 2016 when Joe Illick, age 81, completed the crossing. Kate Coleman was 72 for the 2014 swim.

One noticeable difference from the early decades has been the increase in numbers of swimmers. Participation gradually increased and then took-off in the 1970s, peaking at 138 in 1989. Two Gate swims were held (a Saturday and Sunday) each year from 1978 to 1999 to handle demand. By the late 1990s the size of the swim had become manageable again.

During the past century, the Dolphin Club has helped an estimated 900 members to realize their dream of swimming the Golden Gate at least once. About 100 are expected this year, 2017, for the anniversary swim.

Like a century ago, San Francisco Bay waters remain rough and chilly with temperatures between 50 and 60 degrees. Of course, wet suits and other swim aides didn't exist in the beginning. The club has remained true to old-time traditions and standards.

Not that safety isn't a high priority. There have been a series of safety improvements. To be eligible to swim, you must be a club member for six months and then prove



Joe Bruno, 1980

your endurance in three SF Bay races prior to the annual Golden Gate swim. Pilots in the club's fleet of classic wooden rowboats, along with numerous kayaks, boards and motorized craft, guide and protect the swimmers. The Coast Guard requires at least one craft for three swimmers.



Mike Garibaldi, winner 13 times 1973-1986



Suzanne Heim-Bowen won ten times between 1987 and 2005



Beach start at Fort Point before lead paint made the beach off-limits

The Dolphin Club limits the size of each event to adhere to this requirement.

Protection is always needed because success is never guaranteed. The 1980 swim was especially difficult for both swimmers and pilots. Thirty did not finish (DNF) and needed help. There were 21 DNFs in 1984, and about 15 in several other swims.

For years, it was our tradition to swim South to North starting from the beach on the west side of Fort Point and finishing by touching Lime Rock. Since 1992 we've been denied access to the start beach due to potential lead-based poisoning from sandblasting the bridge. Then during the 2004 Gate Swim we were ordered, reportedly at gun point, to get off Lime Rock. Since then we've had to use water starts and finishes. Consequently, the course has been more variable, making results harder to compare.

Since 1917, thirty-eight different swimmers have won the race. The following stand out by winning three or more.

Swimmer	Wins	Years	Best Time
Syd Foster	3	1921-1924	26 min 01 sec
Buster Olds	3	1931-1933	21 min 47 sec
Jack Reynolds	6	1937-1946	24 min 12 sec
Ray Carmassi	5	1947-1951	22 min 36 sec
Bill McIvor	4	1952-1955	21 min 12 sec
Don Kane	4	1956-1959	19 min 58 sec
Ed Duncan	9	1965-1978	18 min 42 sec
Mike Garibaldi	13	1973-1986	18 min 25 sec
Suzanne Heim	10	1987-2005	18 min 44 sec
John Selmer	3	1999-2011	20 min 27 sec

Ed Duncan, an ex-Cal star, won eight straight races from 1965 to 1972, plus another in 1978. He set a record of 18 min 42 sec in 1968. Then Mike Garibaldi became the champion in 1973 and won a total of 13 Gate swims. He still holds the club record of 18 min 25 seconds set back in 1983.

Women finally joined the Dolphin Club in late 1976, and race on equal terms with the men. Six separate females have won the Golden Gate, so far, but Suzanne Heim-Bowen is beyond compare. She has been first female finisher 18 times spanning a remarkable 26-year period. In 1987 Suzanne was the first woman to win the Gate Swim outright, a feat she repeated nine more times. Suzanne also holds the female speed record of 18 min 44 seconds set in 1997.

The Golden Gate experience transcends the record book. Usually it is the last place survivor who has fought the hardest and longest who gets the biggest cheer. In 2000 Walt Schneebeli swam the Gate fifty years after his first one. Among Dolphins still swimming the Gate, those with 25 or more crossings are John Hornor, Susan Lauritzen, Mickey Lavelle, Pete Neubauer, and Lorna Newlin followed by a dozen others with 15 or more. They should be admired, and as well as all Dolphins who have met the challenge of the Golden Gate. For most of us, just attempting it and being out there is a personal achievement to be treasured for a lifetime.



"The traditional photo at Fort Point, 1981"

DOLPHIN LOG SWIM STATISTICS

Dick Beeler Crazy Cove MARCH 26, 2017

Dick Beeler Crazy Cove Swim is always fun swim, and depends on the Swim Commissioners to come up with a different way to swim the cove. This year, thanks to two of the swim commissioners, Terry Horn and Aniko Kurczinak, swimmers were randomly paired at roll call. Each swimmer received two playing cards at roll call. Beach start and finish. Swam and stayed with their partner. Swimmers, in pairs, approached a boat at the Flag, Repair and Opening and each swimmer received a card from each boat. Five cards total per swimmer. Swimmers finished in pairs. Each pair determined a high poker hand. Awards: \$20 swag certificate to both people of a pair with the highest hand, \$15 for second place, \$10 for third place. Highest hand: Robin Rome and Jim Frew. 1st pair to finish: Steve and Anna Schatz. **Swimmers:** Gregory Anderson, Michael Barber, Barry Baskin, Lindzy Bivings, Lindsay Boswell, Catherine Breed, Bill Burke, Michael Caniglia, Scott Cauchois, Ken Coren, Charles Cross, Gabriella Cross, Peter Cullinan, Duke Dahlin, Amanda Ernzer, Jim Frew, Isabel Friedman, Stuart Gannes, Sheila Gleeson, Patrick Grady, Lewis Haidt, Trevor Haynes, Suzanne Heim, John Hornor, Nancy Hornor, Wiktor Jakubiuk, Bryn Kass, Keira Koss-Baker, Timothy Kreutzen, Susan Lauritzen, Mickey Lavelle, Mark Lenz, Maggie Lonergan, Mark Lubiszewski, Tor Lundgren, Bri McCarthy, Stuart Moulder, Hal Offen, Donald Osborne, Era Osibe, Dennis Polston, Robin Rome, Julian Sapirstein, Anne Sasaki, Denise Sauerteig, Stephen Schatz, Anna Schatz, Kathleen Sheridan, Ian Simon, Suma Snehalatha, Andy Stone, Tommaso Trionfi, William Tucker, Kathryn Werhane **Pilots:** Jon Bielinski Jon Grunstad, George Shafer, Brian Kiernan **Helpers:** Gregory Anderson, Michael Barber, Holly Baskin, Lindsay Boswell, Andrew Cassidy, Ken Coren, Charles Cross, Erik Cufino, Eileen David, Amanda Ernzer, Pauline Farmer-Koppenol, Sue Garfield, Brian Gilbert, Sheila Gleeson, Patrick Grady, Trevor Haynes, Suzanne Heim, John Hornor, Nancy Hornor, Tom Hunt, Bryn Kass, Mark Lenz, Maggie Lonergan, Shijia Lu, Linda Mahnken, Hal Offen, Daragh Powers, Neal Powers, Denise Sauerteig, George Shafer, Andy Stone, Nihan Tiriyaki, William Tucker

Bay Bridge Swim APRIL 30, 2017

Place	Name	Time
1	Catherine Breed	35:23
2	Adam Eilath	35:27
3	Chris Wagner	36:12
4	Suzanne Heim	36:28
5	Patrick Dinan	40:58
6	Patrick Grady	58:00
7	Lauren Au	58:49
8	Stephen Schatz	1:01:05
9	Sean Lavelle	1:22:00
R	Tor Lundgren	48:36
R	George Shafer	53:10
R	Tim Smith	57:50
R	Keira Koss-Baker	58:20
R	Tom Neill	58:21
R	Hubert Chaperon	58:48
R	Chris Germain	58:57
R	Anna Olsen	59:09
R	Bri McCarthy	59:12
R	John Gibbon	59:42
R	Marton Siklos	59:50
R	Pauline F-Koppenol	1:01:04
R	Rich Haymes	1:01:36
R	Richard Goozh	1:02:00
R	Jim Frew	1:02:15
R	Terry Huwe	1:03:36
R	John Hornor	1:03:38
R	Lindsey Hoshaw	1:04:00
R	John Ingle	1:04:20
R	Marcy Michael	1:04:22
R	Lewis Haidt	1:05:52
R	Byron Harbour	1:05:55
R	Robin Rome	1:07:02
R	Michael Barber	1:08:21
R	Jamie Robinson	1:14:46
R	Joe Gannon	1:14:55
DNF	Barry Baskin	
DNF	Lindzy Bivings	
DNF	Bill Burke	
DNF	Tyler Burton	
DNF	Robert Callan Jr.	
DNF	Scott Cauchois	
DNF	Danny De Leon	
DNF	Randy Edwards	
DNF	Yossi Ettinger	

DNF Isabel Friedman
DNF Bryn Kass
DNF Morgan Kulla
DNF Mickey Lavelle
DNF Maggie Lonergan
DNF Katie McCall
DNF Keith Nelson
DNF Peter Neubauer
DNF Jason Prodoehl
DNF Gina Rus
DNF Denise Sauerteig
DNF Kathleen Sheridan
DNF Alex Strand
DNF Megan Wachs
DNF Kevin Whalen
DNF Janice Wood
R = repositioned. Received stick, time. Qualified swim **DNF** = did not finish. Landed without stick, time. Qualified swim
Pilots: Marcus Auerbuch, Eduardo Barranco, John Blackman, Ross Browne, Barry Christian, Charlie Cross, Paul DuBois, Tim Dumm, Stuart Gannes, Kelley Heye, Terry Horn, Davis Ja, Jenn Jackson, Brian Kiernan, Aniko Kurczinak, Meredith May, Tom McCall, Miguel Melendez, Mikhail Melnikov, Andrea Morgan, Kent Myers, David Nettell, Rick O'Hara, Hal Offen, Joseph Omran, Donald Osborne, Will Powning, Holly Reed, John Robiola, Chris Tschinkel **Helpers:** Andrea Allen, Michael Barber, Bill Burke, Andrew Cassidy, Hubert Chaperon, Robert Danielson, Danny De Leon, Nancy Friedman, Krista Gager, Joe Gannon, Sue Garfield, Brian Gilbert, Suzanne Heim, John Hornor, Keith Howell, Tom Hunt, John Ingle, Morgan Kulla, Daphne Lagios, Maria Lanigan, Susan Lauritzen, Sean Lavelle, Keith Nelson, Peter Neubauer, Hal Offen, Anna Olsen, Annette Polston, Dennis Polston, Daragh Powers, Neal Powers, Jason Prodoehl, Robin Rome, Polly Rose, Gina Rus, Tommaso Trionfi, Megan Wachs, Chris Wagner, Jeffrey White **Test Swim:** Andrew Cassidy, Charlie Cross, John Ingle, Aniko Kurczinak, Lolly Lewis, Hal Offen, Joseph Omran, John Blackman, Gabriella Cross, Adam Eilath, Jon Grunstad, Terry Horn, Brian Kiernan, Tom McCall, Jane Mermelstein, Tom Neill, David Nettell, Ryan Utsumi, Diane Walton **Thanks also to:** Pat McCarthy, father of Briana McCarthy for his help.



Photo Kent Myers

DOLPHIN LOG SWIM STATISTICS



Photo Susanne Freidrich

The two Andreas (Morgan & Allen)

Coghlan Beach Swim MAY 6, 2017

Place	Name	Time
1	Tim Smith	21:17
2	Anna Schatz	24:08
3	Stuart Moulder	24:14
4	Sean Lavelle	25:20
5	Duke Dahlin	25:34
6	Terry Huwe	26:01
7	Thomas Partridge	26:11
8	Stephen Schatz	26:27
9	Katherine Schatz	26:32
10	Chase Corum	26:51
11	Richard Goozh	27:09
12	Laura Grubb	28:07
13	Morgan Kulla	28:09
14	Lindzy Bivings	28:14
15	John Wilde	28:21
16	Gregory Anderson	28:49
17	Andrew Braithwaite	29:01
18	Danny De Leon	29:22
18	Tracy Lorenz	29:22
20	Dean Badessa	29:50
21	Andy Stone	29:55
22	Nancy Hornor	29:56
23	Hank Scoble	30:12
24	Andrea Allen	30:14
25	Donald Osborne	30:22
26	Barry Baskin	30:36
26	Mark Lenz	30:36
28	Holly Reed	30:38
29	Jackie McEvoy	31:21
30	Scott Cauchois	31:40
31	Jamie Robinson	32:06
32	John Hornor	32:53
33	Bill Burke	33:04
34	Joe Gannon	34:02
35	Janice Wood	34:04
36	Kathryn Werhane	34:19
37	Jane Mermelstein	34:33

38	Andrea Morgan	35:08
39	Kent Myers	35:28
40	Douglas James	35:46
41	Will Powning	36:32
42	Sheila Gleeson	40:56
43	Dennis Polston	43:18
44	Susan Saylor	48:00
45	Suma Snehalatha	1:05:55

Pilots: Marcus Auerbuch, John Blackman, Bob Cable, Charles Cross, James Dilworth, Jim Frew, Jon Grunstad, Davis Ja, Brian Kiernan, Aniko Kurczinak, Eric Lam, Mickey Lavelle, Gary Leong, Maggie Lonergan, Tom McCall, David Nettell, Rick O'Hara, Hal Offen, Sibylle Scholz, Kathleen Sheridan, Diane Walton

Helpers: Gregory Anderson, Cynthia Barnard, Barry Baskin, Holly Baskin, Joni Beemsterboer, Andrew Cassidy, Robert Colyar, Chase Corum, Danny De Leon, Sue Garfield, Chris Germain, Lewis Haidt, Lelan Hanson, John Hornor, Nancy Hornor, Tom Hunt, Terry Huwe, Susan Lauritzen, Peter Neubauer, Thomas Partridge, Lucy Partridge, Jamie Robinson, Polly Rose, Suzanne Scott, Eric Shupert **Test Swim:** Andrew Cassidy, Gabriella Cross, John Ingle, Aniko Kurczinak, Susan Lauritzen, Lolly Lewis, Bri McCarthy, Hal Offen, Lindzy Bivings, John Blackman, Charles Cross, Jon Grunstad, Brian Kiernan, Tom McCall, Tom Neill, Diane Walton Thanks also to: Andrew Shupert, son of Eric

Pier 23 Swim MAY 28, 2017

This is the first Pier 23 swim for the Dolphin Club, so the winning times are records: Men's fastest time = 26:33, and Women's fastest time = 27:55.

Place	Name	Time
1	Adam Eilath	26:33
2	Suzanne Heim	27:55
3	Ben Zovickian	28:52
4	Brenna Fleener	29:11
5	Lauren Au	29:15
6	Stephen Schatz	29:26
7	John Renko	30:04
8	Laura Zovickian	30:28
9	Marton Siklos	31:14
10	Krista Gager	31:58
10	Tom Neill	31:58
12	Anna Olsen	32:40
13	Kathleen Sheridan	33:04
14	Mickey Lavelle	34:01
15	Bob Cable	34:04
16	Morgan Kulla	34:39
17	Chase Corum	34:49

18	Margaret Keenan	34:59
19	Rich Haymes	35:16
20	Keith Nelson	35:41
21	Gina Rus	36:00
22	Mark Harrold	36:10
23	Timothy Kreutzen	36:55
24	Bill Burke	36:56
25	John Henderson	37:13
26	Joe Ferrero	37:37
27	Holly Reed	38:06
28	John Hornor	38:57
29	Halie Kampman	39:02
30	Nancy Hornor	39:20
31	Lewis Haidt	39:34
32	Scott Cauchois	40:08
33	Aaron Rosenthal	40:18
34	Andy Stone	40:21
35	Peter Cullinan	40:48
36	Barry Baskin	40:49
37	Kathleen Duffy	40:50
38	Donald Osborne	41:42
39	Janice Wood	41:43
40	Joe Gannon	41:46
41	Ron Russ	41:49
42	Lorna Newlin	42:14
43	John Ingle	43:08
44	Kent Myers	43:09
45	Byron Harbour	43:32

Pilots: Marcus Auerbuch, Eduardo Barranco, Jon Bielinski, Lindzy Bivings, John Blackman, Barbara Byrnes, Barry Christian, Jay Dean, Jim Frew, Mark Gustin, Anita Holmquist, Terry Horn, Davis Ja, Liz Kantor, Brian Kiernan, Aniko Kurczinak, Eric Lam, Tom McCall,

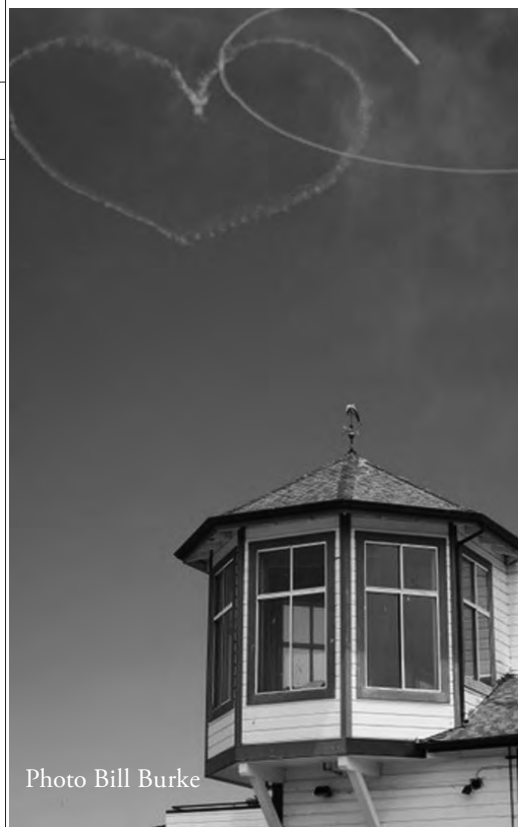


Photo Bill Burke

DOLPHIN LOG SWIM STATISTICS

photo Story Rafter



Lord of all it surveys, for two weeks this juvenile red tail hawk was a frequent visitor to the 15th floor of a building on Chestnut and Hyde.

Sasaki, Marie Sayles, Nihan Tiryaki, Kathryn Werhane, Janice Wood
Pilots: Barry Christian, Charles Cross, Jon Grunstad, Brian Kiernan, Aniko Kurczinak, Mary Magocsy, Tom McCall, Alex Migoushov, David Nettell, John Robiola, Diane Walton
Helpers: Andrew Cassidy, Terry Horn, John Hornor, Lorna Newlin, Aniko Kurczinak **Test Swim:** Andrew Cassidy, Peter Cullinan, Susan Lauritzen, Jackie McEvoy, Madhuri Yechuri, Firat Yener, Duke Dahlin, Margaret Healy, Brian Kiernan, Aniko Kurczinak, Tom McCall, Mikhail Melnikov, Hal Offen, Monica Towers

Pier 15 Swim
JUNE 18, 2017

Miguel Melendez, Jane Mermelstein, Rick O'Hara, Jesse Pence, John Robiola, Anne Sasaki, Sibylle Scholz, Diane Walton, David Zovickian **Helpers:** Lauren Au, Cynthia Barnard, Scott Cauchois, Chase Corum, Peter Cullinan, Duke Dahlin, Kathleen Duffy, Josiane Feigon, Nancy Friedman, Sue Garfield, Brian Gilbert, Mark Harrold, John Henderson, Nancy Hornor, Keith Howell, Mara Iaconi, John Ingle, Jerrold Jacoby, Margaret Keenan, Timothy Kreutzen, Daphne Lagios, Susan Lauritzen, Keith Nelson, Peter Neubauer, Lorna Newlin, Anna Olsen, Annette Polston, Dennis Polston, Polly Rose, Aaron Rosenthal, Suzanne Scott, Marton Siklos, Andy Stone, Elmer Tosta, Kathryn Werhane, Crissa Williams, Ben Zovickian **Test Swim:** Lindzy Bivings, Andrew Cassidy, Gabriella Cross, Jim Frew, John Ingle, Aniko Kurczinak, Lolly Lewis, Dennis Polston, Jon Bielinski, John Blackman, Charlie Cross, Adam Eilath, Jon Grunstad, Mark Gustin, Terry Horn, Brian Kiernan, Tom McCall, Jane Mermelstein, Tom Neill, Stephen Schatz, Diane Walton Thanks also to: Anastasia Renko, for her help in the Galley.

Pride Swim - SERC Led
JUNE 10, 2017

This was the first of two Pride swims: this one South End Rowing Club was the sponsor for both SERC and Dolphin Club swimmers. The jump was from Coghlan Beach, it was a fun swim, and so no places or times were captured. All DC swimmers have been given credit toward the Golden Gate and Alcatraz swims.

Swimmers: Dean Badessa, Lindzy Bivings, Robert Blum, Bob Cable, Peter Cullinan, Duke Dahlin, Kathleen Duffy, Jim Frew, Nancy Friedman, Andrea Gains-Germain, Alexander Germanacos, Sheila Gleeson, Margaret Healy, Nancy Hornor, John Ingle, Margaret Keenan, Keira Koss-Baker, Mickey Lavelle, Mark Lenz, Marcy Michael, Nash Mittelman, Andrew Moffatt, Andrea Morgan, Kent Myers, Hal Offen, Jason Prodoehl, Aaron Rosenthal, Michael Rousseas, Julian Sapirstein, Anne

This is the first Pier 15 swim for the Dolphin Club, so the winning times are records: Women's fastest time = 32:06, and Men's fastest time = 32:39.

Place	Name	Time
1	Catherine Breed	32:06
2	Quinn Fitzgerald	32:39
3	Adam Eilath	32:44
4	Andrew Wynn	33:23
5	Suzanne Heim	33:43
6	Tim Smith	36:04
7	Lauren Au	36:08
8	Patrick Grady	36:11
9	Stephen Schatz	36:25
10	Randy Edwards	36:39
11	Kala S-Presser	37:55
12	Tor Lundgren	38:09
13	Amanda Ernzer	39:25
14	Tom Neill	39:33
15	Chris Germain	39:39
16	Jason Prodoehl	40:45
17	Michael Rousseas	40:55
18	Anna Olsen	40:57
19	Terry Huwe	41:03
20	Chase Corum	41:31

photo Nancy Friedman



Balclutha in dry dock - Oakland

Kruit Painting Inc.

Pieter Kruit
 1400 Yosemite Ave
 San Francisco, CA 94124
 cell: 415-254-7818
 fax: 415-571-8610
pieter@Kruitpainting.com

DOLPHIN LOG SWIM STATISTICS

21	Mickey Lavelle	41:55
22	Danny De Leon	42:08
23	Megan Wachs	42:57
24	Gina Rus	44:10
25	Timothy Kreutzen	44:15
26	Maggie Loneragan	44:30
27	Peter Cullinan	44:50
28	Pauline F-Koppenol	44:55
29	Denise Sauerteig	46:02
30	Lindzy Bivings	46:12
31	John Wilde	46:23
32	Nancy Hornor	46:26
33	Andy Stone	46:43
34	Tracy Lorenz	46:47
35	Robert Callan Jr.	47:31
36	Marcy Michael	47:41
37	Barry Baskin	47:42
38	Laura Grubb	47:51
39	Kelly Clonts	48:44
40	Scott Cauchois	49:55
41	Michael Barber	50:45
42	Margaret Healy	50:59
43	Kent Myers	52:16
44	Peter Neubauer	52:40
45	Byron Harbour	58:37
46	Stuart Gannes	58:38

Nihan Tiriyaki dnf

Pilots: Allison Arnold, Marcus Auerbuch, Peter Bartu, Jon Bielinski, John Blackman, Bob Cable, Barry Christian, Jay Dean, Mark Gustin, Terry Horn, Keith Howell, Liz Kantor, Brian Kiernan, Aniko Kurczinak, Mark Lenz, Joe Marendia, Tom McCall, Stuart Moulder, David Nettell, Hal Offen, Rick O'Hara, Will Powning, John Robiola, Chris Tschinkel, Diane Walton **Helpers:** Michael Barber, Cynthia Barnard, Barry Baskin, Holly Baskin, Joni Beemsterboer, Chase Corum, Peter Cullinan, Kathleen Duffy, Adam Eilath, Nancy Friedman, Sue Garfield, Chris Germain, Brian Gilbert, Patrick Grady, Lewis Haidt, Nancy Hornor, John Hornor, Joe Illick, Dahlia Kamesar, Athena Kyle, Daphne Lagios, Susan Lauritzen, Linda Mahnken, Marcy Michael, Peter Neubauer, Hal Offen, Jason Prodoehl, Holly Reed, Polly Rose, Denise Sauerteig, Andy Stone, Megan Wachs, Cheryl Wallace, Kathryn Werhane **Test Swim:** Andrew Cassidy, Gabriella Cross, Peter Cullinan, Yossi Ettinger, Krista Gager, John Ingle, Aniko Kurczinak, Joe Marendia, Hal Offen, Kathleen Sheridan, Madhuri Yechuri, John Blackman, Charlie Cross, Duke Dahlin, Jim Frew, Jon Grunstad, Mark Gustin, Margaret Healy, Terry Horn, Brian Kiernan, Tom McCall, Tom Neill, David Nettell, Jesse Pence, Joe Spallone, Diane Walton

Thanks also to: One other person who helped with the clothes wrangling.



Nathan Tyler and Sakura Myers, youngest competitors

Doc Howard Over 45/Under 30 Swim JULY 2, 2017

The Doc Howard Over 45 swim was run simultaneously with the Under 30 swim. Both were from Gashouse Cove to the Dolphin Club beach, with the Over 45s jumping 3 minutes before the Under 30s. A special Under 30 in-cove swim for children or grandchildren of members also was run, with two special finishers:

Nathan Tyler 02:35
Sakura Myers 03:34

Over 45

Place	Name	Time
1	Stephen Schatz	22:37
2	Laura Zovickian	23:09
2	Jim Ebert	23:09
4	Ross Browne	24:00
5	Sean Kelly	24:26
6	Jason Prodoehl	26:23
7	Mickey Lavelle	26:56
8	Terry Huwe	27:03
9	Bob Cable	27:52
10	John Henderson	29:10
11	Joe Ferrero	29:54
12	Ted Tilles	29:56
13	Margaret Keenan	31:02
14	Timothy Kreutzen	31:08
15	Andy Stone	31:37
16	Robert Blum	31:55
17	Tommaso Trionfi	33:03
18	Marie Sayles	33:08
19	Ken Coren	34:08
20	Robert Callan Jr.	34:14

21	Ken Miller	34:51
22	Joni Beemsterboer	35:00
23	Bill Burke	35:27
24	Jim Frew	35:30
25	Scott Cauchois	35:48
25	Douglas James	35:48
27	Robert Strawbridge	36:55
28	Anne Hamersky	37:11
29	Barry Baskin	38:04
30	Michael Barber	38:05
31	Keith Howell	38:20
32	Janice Wood	39:27
33	Will Powning	40:46
34	Lorna Newlin	41:15
35	Susan Lauritzen	42:10
36	John Ingle	45:11
	Holly Baskin	dnf
	Anne Sasaki	dnf

Under 30

Place	Name	Time
1	Allison Arnold	18:31
2	Ben Zovickian	20:27
3	Noah Zovickian	20:57
4	Tim Smith	22:39
5	Hubert Chaperon	25:02
6	Amanda Ernzer	26:10
7	Andrew Willis	26:54
8	Nash Mittelman	31:51
9	Tim Kline	37:56
	Violetta Muselli	dnf

Pilots: Andrea Allen, Jon Bielinski, John Blackman, Barbara Byrnes, Jay Dean, Marianne Dean, Nancy Friedman, Joe Gannon, Dawn Holley, Terry Horn, Davis Ja, Brian Kiernan, Aniko Kurczinak, Tom McCall, Andrea Morgan, David Nettell, Hal Offen, John Robiola, Katherine Schatz, Chris Tschinkel, Megan Wachs, Maria Woodworth, David Zovickian **Helpers:** Lisa Adrian, Allison Arnold, Robert Blum, Hubert Chaperon, Ken Coren, Peter Cullinan, Duke Dahlin, Mag Donaldson, Brian Gilbert, Lewis Haidt, John Henderson, Libbie Horn, Gary Leong, Joe Marendia, Andrea McHenry, Jane Mermelstein, Violetta Muselli, Dennis Polston, Daragh Powers, Neal Powers, Polly Rose, Sibylle Scholz, Marton Siklos, Monica Towers, Andrew Willis, Madhuri Yechuri, Ben Zovickian, Noah Zovickian **Test Swim:** Gabriella Cross, Peter Cullinan, John Ingle, Aniko Kurczinak, Jane Mermelstein, Dennis Polston, Stephen Schatz, Charlie Cross, Terry Horn, Brian Kiernan, Tom McCall, David Nettell, Katherine Schatz, Diane Walton

Mystery Shark Deaths in the Bay

By Sejal Choksi-Chugh

For more than three months, hundreds of dead leopard sharks have been washing up on San Francisco Bay's shoreline. Shark experts investigating the mysterious deaths have made progress, but they haven't yet determined the exact cause.

Leopard sharks are small, three to five feet long, and do not attack people. They live in the Bay and along the California coast and are a key part of the Bay's food web. The sharks are a food source for seals and sea lions, and people occasionally catch them for sport and eat them, too.

Dead leopard sharks first began washing up along the South Bay shorelines of Redwood City and Foster City after heavy rains earlier this year. Shark deaths were later reported along Hayward, Berkeley, Oakland, San Francisco, and other areas of the Bay. Sharks held captive in a South Bay aquarium that uses filtered Bay water also had symptoms similar to those of wild sharks.

One suspected culprit is a fungal disease found in the tissues of some dead sharks, according to Dr. Mark Okihiro, a pathologist with the California Department of Fish and Wildlife. The infected sharks become confused and swim aimlessly before either sinking to their death or beaching themselves. This indicates a disease that attacks their brains.

The fatal disease may have first struck when leopard sharks left the deep Bay waters, where they spend most of the year, and moved into shallow areas for the spring birth and breeding season.

Fungal pathogens bloom in shal-

low water, and heavy rain can spread the blooms. Changes in the saltiness of water can also weaken leopard sharks. So the exceptionally wet rainy season this year may have delivered a one-two punch for the Bay's shark population. The rains diluted the water's salt levels in shallow areas, making the sharks more susceptible by weakening their immune systems, and the rains also spread the harmful fungus more widely.

Usually, leopard sharks move quickly into saltier water when they're in areas that aren't salty enough. But fish and sharks can sometimes get trapped behind tide gates in shallow breeding waters. Tide gates are operated by shoreline cities to prevent flooding of low-lying areas. The gates are closed during low tide, while the water is shallow, to prevent the high tide from coming in later and flooding the shoreline.

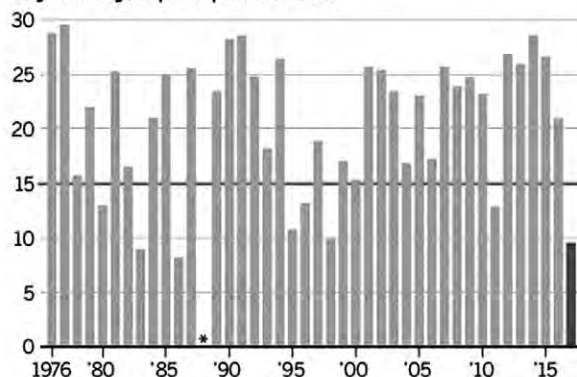
This year, if sharks were trapped behind tide gates in shallow waters during breeding season, they could have been trapped in water that wasn't salty enough because of heavy rain. The rains could have also led to those waters being abnormally concentrated with high levels of pollution.

After years of drought, a load of accumulated pollutants, including heavy metals, pesticides, and oils, got washed into the Bay from paved areas.

DYING SHARKS IN SAN FRANCISCO BAY

During record heavy rains earlier this year, so much water flowed into San Francisco Bay that its salinity dropped to its lowest level in 31 years. Some scientists say that might have contributed to the die-off of leopard sharks, which experience health problems when salinity falls below 15 parts per thousand.

Bay salinity, in parts per thousand



Note: Minimum salinity measured in March for each year.

*No data available for 1988.

Source: U.S. Geological Survey

BAY AREA NEWS GROUP

To keep wildlife from getting trapped in possibly fatal conditions, Baykeeper is advocating for shoreline communities to install a new type of tide gate that allows fish and sharks to escape back into the Bay. Our team of scientists and advocates also continuously monitors pollution and works to strengthen and enforce clean water laws to reduce pollution in the Bay. To learn more about Baykeeper and our work for a healthier San Francisco Bay, visit us at www.baykeeper.org.

You can help shark scientists pin down what's killing the Bay's leopard sharks. If you see a shark stranded on the shoreline, don't try to push it back in the water. Report its exact location to Baykeeper's hotline at 1-800-KEEP-BAY (1-800-533-7229) and send photos to hotline@baykeeper.org, or call California Department of Fish & Wildlife at (415) 470-7171.

Sejal Choksi-Chugh is the Executive Director of San Francisco Baykeeper. Baykeeper uses on-the-water patrols of San Francisco Bay, science, advocacy and the courts to stop Bay pollution. To report pollution, call Baykeeper's hotline at 1-800-KEEP-BAY (1-800-533-7229), e-mail hotline@baykeeper.org, or click "Report Pollution" at www.baykeeper.org.

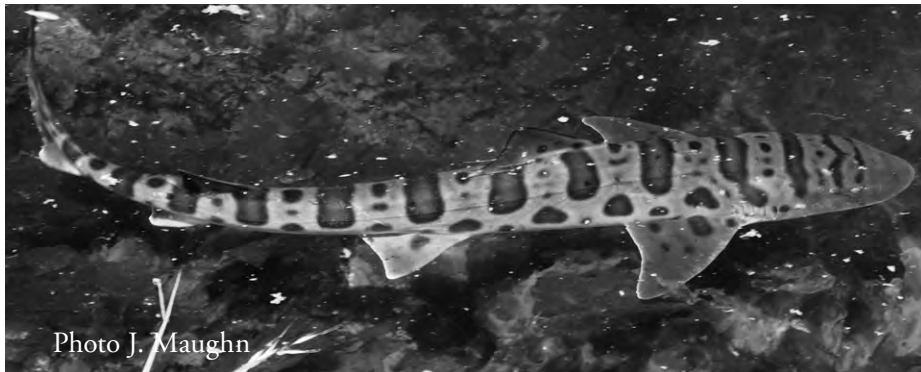


Photo J. Maughn

Leopard sharks have been washing up dead on the San Francisco Bay shoreline.

John Nogue: May his name be for a blessing

In a community with many beloved members, few were as beloved as John. The depth of his caring, his delight in being helpful to others, and his irrepressible warmth were often cited as his stand-out qualities.

I loved being silly with John. A few years ago, our 7am pod - a healthy mix of straight and gay swimmers - was bobbing in a circle at the opening, taking in the majestic sun-lit Golden Gate Bridge. Something occurred to Peter Cullinan. He pointed to everyone in the circle one at a time, including himself, and said, "Gay, gay, gay, gay, Nogue!" John was delighted.

How we miss our pal, lives diminished by his absence, but vastly enriched for the privilege of knowing him.

Andrew Willis: During my first Alcatraz (New Year's day 2016) John and I shared a boat out to the island. I was nervous—John was calm and helped assuage my fears. He spoke expansively about the club and his ritual of swimming. John was the first person I heard use spiritual terms to describe the Bay, calling the Cove his church. By the time we jumped, I felt I'd made a friend—such was his gift for connecting with people. His passing leaves a giant hole, the size of his gregarious spirit, in our community.

Doug James: John and I had wonderful times as swim commissioners together. I remember going up to their home for Hanukkah parties. I felt so welcome and included in their family circle. Of course, I have

continued to feel the same way during recent visits with John. When he was in a serious state of health, we moved much closer to each other. He had no fear about asking me about my personal life. It was concern for my well being, not merely curiosity.

Janice Wood: At the Rowers' Dinner, when he was already severely disabled, John went out of his way to thank me for taking care of the composting—still thinking about the club and the planet despite his



Photo David Bennett

personal problems.

Megan Wachs: John and I were about the same swimming speed, but John would always sprint to the finish of every club swim and beat me in the last ten strokes! He inspired me to throw some sprint practice into my workouts, so it became more of a toss up as to who would win. No matter the outcome, it was always great to finish next to John and be able to congratulate each other. John was so kind and good-spirited. I will miss swimming with him and hearing his booming voice announcing swim results. **Michael Barber:** I will never forget that cold foggy morning, after the Yacht Harbor test swim of 2015, when John wrapped me in a blanket and escorted me to the sauna.

I doubt that he, or any of the commissioners, had ever had a new, relatively young, disabled and stubborn member like me. John was

one of the first Dolphins to teach me to respect the open Bay water. He was also one of the first to teach me how to read my own body in the cold. I don't think I have been that cold since. Thank you, John.

David Bennett: Much of what I know about what it means to "be a Dolphin," I learned from John Nogue. When I joined the Dolphin Club just a few years ago, I quickly learned that the club is much more than a place to swim or row. I realized the significance

of the club through being welcomed and mentored by many of the long-time members and, most notably, by John. John always showed an unreasonable amount of patience with my questions, he took the time to get to know me and he led by example through the countless hours and constant smiles he contributed as a Swim Commissioner... In 2015, I wanted to do an out of cove swim and I knew right away that if I was going to do this swim, I was going to need John's help. I asked, and without hesitation he said he'd be there. He helped me plan the swim, which I had no idea how to do, he woke up at an ungodly hour for an early morning start, he hopped into a kayak in choppy waters at Point Bonita, and he stayed next to me the entire way...I have a countless list of fond memories of John, but for me, the time we spent in the water that day stands out. It's a special thing—to swim

a long while with someone by your side, and I feel really fortunate to have had those few hours with John.

Wendy Katzman: I had a wonderful insight into John's character one afternoon in the Sancimino room, prior to the wedding ceremony that John was performing the following week for Brendan and Lisa at the club. John and his wife and daughter were there, along with Brendan and Lisa, and Seth and I. We had a two-hour conversation about life, love, swimming, work, launching our children—it was one of those times that I fondly remember about the specialness of the club and our members. John was such a warm-hearted and generous man.

Brendan Crow: I first met John in the sauna after one of his easy two-hour swims... shocked that he wasn't cold and preferred no goggles! After getting to know him, he became my role model. For months we shared the joy of Tuesday morning swims out of the cove, wherever the tide would take us. In subtle ways he guided my learning and maturity on the water—such as when he recommended not using the VHF radio to make jokes to other pilots—and eventually he taught me the ropes of being a swim commissioner. When Lisa and I looked for someone to marry us who embodied our values, we wanted John. He and Emily have shown us an amazing, enduring love for each other. John lived in the moment, and took great joy in simple pleasures, such as a meal outdoors with friends under his fruit trees. I'm thankful to have shared many simple, glorious moments with John. I'm grateful to John for leading by example as a swim commissioner and Dolphin, as a loving husband and father, and most of all as a loving friend. We miss you John.

Hal Offen

MILES

2017
25
YEAR
LIFE
MEMBERS



Ross Anderson



Lorna deRuyter



Anthony DuComb



Laura Kuo



Brian Lilly



Eric Mathewson



Todd Oppenheimer



Phil Reiff



Matthew Sheridan



David Shutt



Nick Strelchuk

photos unavailable
Renee De Cossio, Pamela Amoss, Greg LaRoche

TONES

Deceased



Jacqueline Powning



Pax Beale



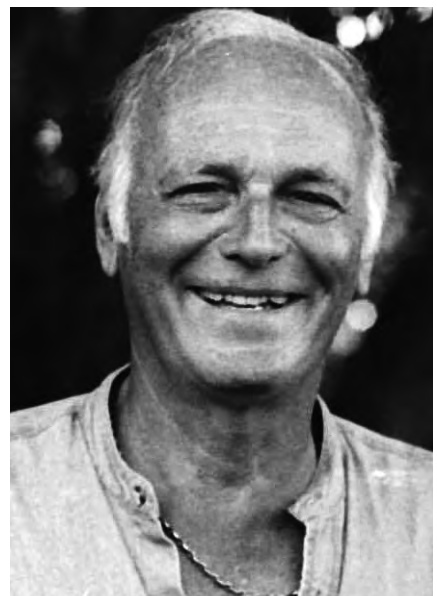
Pat McGarvey



John Nogue



Sal Cannizzaro



Renato Piombi



The Dolphin Swimming
& Boating Club
502 Jefferson Street
San Francisco, CA 94109

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2017 DOLPHIN CLUB SWIM & EVENT SCHEDULE

Jan 1	Sun TBD	*New Year's Day Alcatraz
Jan 1	Sun 10:00 am	New Year's Day Cove Swim
Jan 21	Sat 8:00 am	*Pier 41
Feb 4-5	Sat/Sun 00:58	24 hour cove relay
Feb 12	Sun TBD	Old Timer's Lunch
Feb 18	Sat 8:00 am	*Pier 39
Feb 26	Sun 9:00am	*Gas House Cove
Mar 11	Sat 8:00 am	*Yacht Harbor
Mar 21	Tue 11:00 pm	End of Polar Bear
Mar 26	Sun 9:00 am	*Dick Beeler Crazy Cove
Apr 1	Sat TBD	McCovey Cove Regatta
Apr 30	Sun 6:45 am	*Bay Bridge
May 6	Sat 7:45 am	*Coghlan Beach (fun swim)
May 13	Sat TBD	Rowers Dinner
May 28	Sun 7:30 am	*Pier 23
Jun 1	Thur 5:00 am	100-Mile Swim Begins
Jun 10	Sat 10:00 am	*SE/DC LGBT Pride Swim
Jun 18	Sun 9:15 am	*Pier 15
Jun 24	Sat TBD	*Pride & Joy Swim
Jul 2	Sun 6:30 pm	*Doc Howard Under 30/Over 45
Jul 9	Sun TBD	Baykeeper Relay
Jul 15	Sat TBD	*Trans Tahoe Relay
Jul 29/30	Sat/Sun 11/8:30	*Santa Cruz Pier Swim
Aug 20	Sun 9:00 am	*Crissy Field
Sep 2	Sat 8:15 am	*Fort Point
Sep 9	Sat TBD	Angel Island Regatta
Sep 16	Sat 9:45 am	100th Joe Bruno Golden Gate
Oct 1	Sun 9:30 am	Alcatraz
Oct 14	Sat 9:30 am	Walt Schneebeli Over 60 Cove
Oct 15	Sun TBD	Dolphin/South End Triathlon
Oct 28	Sat 7:40 am	Escape from Alcatraz Triathlon
Oct 31	Tue 11:00 pm	100-Mile Swim Ends
Nov 11	Sat TBD	Pilot Appreciation Dinner
Nov 23	Thur 10:30 am	Thanksgiving Day Cove
Nov 24	Fri 5:00 am	Grizzly Bear Challenge
Dec 9	Sat TBD	Shiny Shoes
Dec 16	Sat 9:30 am	New Year's Day Qualifier & Holiday Brunch
Dec 21	Thur 5:00 am	Polar Bear Swim Begins
Dec 31	Sat 11:00 pm	Grizzly Bear Challenge Ends

ROWING TRAINING

These Saturdays as 9:00 am

January 21

February 18

March 18

April 15

May 20

June 17

July 15

August 19

September 16

October 21

November 18

December 16

Intro to bay swimming *usually*
offered Saturdays *or* Sunday
after Board Meetings, check
website www.dolphinclub.org

SWIM PROGRAM RULES

1. Club scheduled swims are restricted to club members, who are current on their dues and fees and in good standing.
 2. Swimmers must have current USMS membership, or USA Swimming membership, as appropriate and abide by each organization's rules and requirements.
 3. Swimmers are required to wear orange caps on all scheduled swims.
 4. Swimmers cannot use swim aids including fins and wet suits, on any timed scheduled swims.
 5. New members are not eligible to swim in scheduled out-of-cove swims for either 6-months from the start of their membership, or before successfully completing the 100-mile swim, the Polar Bear swim, or the Accelerated Out-of-Cove process.
 6. All out-of-cove swims require a pilot:swimmer ratio of 1:3.
 7. Time limits may be imposed at the discretion of the Swim Commissioner(s).
 8. All Club boats are reserved for scheduled swims. Co-pilots are encouraged. Riders are prohibited.
 9. Swimmers must register during check-in and attend the swim briefing in order to swim.
 10. To swim Golden Gate or Alcatraz, members must successfully complete at least three qualifying swims and help on at least two swims.
 11. Out-of-town members must have successfully completed two of the last three club scheduled Alcatraz and/or Golden Gate swims or meet Rule 10 above.
- (Nothing in the above rules shall contravene any applicable Federal laws and statutes.)

Alcatraz Island
1.4 miles



Fort Point
3.5 miles

Crissy Field
2.5 miles

Yacht Harbor
1.5 miles

Gas House Cove
1 mile

Aquatic Park Cove

Pier 41½
1.2 miles

Pier 43
1 mile

FALL 2017

DOLPHIN LOG

THE BULLETIN OF THE DOLPHIN SWIMMING & BOATING CLUB • SAN FRANCISCO • ESTABLISHED 1877



Once 'Round the Cove

Getting High on the Bay

Dolphin Log

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Terry Horn
Run Commissioners Chris
Tschinkel, Natazha Bernie
Rowing Commissioner Jay Dean

Cover: Among the many spectators of the 100th Golden Gate Swim was this humpback whale. Photo by Susanne Friedrich

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Editorial Policy

Submission of any and all material to the Log editors from any and all authors constitutes an agreement between the authors and the editors. This agreement gives to the editors the right to alter the submitted material in any way that the editors feel will improve the material for Log readers. Decisions to alter or publish submitted material will be the decision solely of the editors.



Its skipper in custody, his boat succumbed to the tides.

the skipper was taken away in handcuffs and an array of "lollipops" were arranged on the boards.

A day later, the whole crew was back on the boat in time for the Blue Angels, and another sailboat was getting the third degree. Apparently business is good during Fleet Week.

Anonymous

If you don't swim after lunch, you can miss a lot. One afternoon during Fleet Week, a sailboat came careening into the club, sailed straight toward the beach and ran aground. Swimmers from both clubs tried to pull it free to no avail. Someone suggested calling the police or coast guard. The skipper seemed reluctant, and two young, barely-dressed ladies emerged from the cabin, slipped off the side, waded to shore and disappeared.

The captain and his lady companion, together with a large assemblage of bags and a dog, were dropped off on the Dolphin deck leaving the boat stuck in the mud. The companion wasn't looking too good, and was driven away in an ambulance. By now coast guard, Park police and city police were conferring on the dock. It wasn't long before



Dolphin pier proved handy to array the lollipops from an in-cove drug bust.

Alex Pape

There are two new displays at the club honoring our rowing heritage. In the Sancimino room is a framed display of rowing and swimming medals awarded to Alex Pape. The medals date from 1895 to 1910 and were gifted to us by the great grandchildren of Alex Pape. He joined the club in 1896 and became the Pacific Coast rowing champion. In later years, Alex was the most famous SF Bay pilot of his era, especially for Golden Gate crossings. To learn more about Pape, go to our club's website and click on the About and Historic Photos tabs.

Pape, the Dolphin Club, and all the rowing clubs raced cedar outrigger skiffs on SF Bay from the late 1800's up to WWII. A rare survivor of those times is now displayed in the entrance hall of the club. It was donated to us by the Sausalito Historical Society. This skiff was handcrafted by Al Rogers who also built our flagship pleasure barge, the John Wieland, in 1887.

Rich Cooper

Kim Swims on film

Over 150 Dolphins and South Enders gathered on Thursday evening, October 19, to view the Jefferson St. premier of Kate Webber's already-awarded film, starring the inimitable Kim Chambers.

Aside from the Olympic sprint finals, swimming is undoubtedly the most boring sport to watch. Yet Webber's inspiration – to build on Chambers' Oceans Seven marathon swims as a prelude to her being the first woman to conquer the tempestuous 28-mile, shark-infested swim from the Farallon Islands to the Golden Gate Bridge, a performance loaded with tension and tears--succeeds admirably. And it is strongly buttressed by cinematographer David Orr's mastery of portrait and color, not to mention the mood-setting musical score, and, of course, the swimmer herself.

It concludes most fittingly: Kim, only two days past the Farallon achievement, walks modestly onto the beach for her Monday morning dip, cheerfully greeting other swimmers who likely do not yet know the story.

Another chance to view this film will be at the San Francisco International Ocean Film Festival during the week of March 8-11.

Joe Illick



*Rowing champion Alex Pape
(courtesy of Rich Cooper)*

News from the Archives

In 2017 we finished cataloging over 300 Club artifacts. Some numbers: 21 volunteers helped on 14 workdays this year. We counted over 155 trophies and plaques, for swimming, rowing, running, and handball, but just one for bowling and one for golf.

Club files are now organized, so we could help Club leadership and members with important research. We found a 1990 file on the Club's tax status, missing GG Swim results for the 50 th anniversary, and details of the first DC/SERC triathlons.

The terrible fires this fall have a Dolphin side story. In December 2014, we got a call from the granddaughter of long time member Paul Silvester - that's his photo in the Sancimino Room holding a lobster. She offered us a look at his scrapbook, a treasure trove of photos and articles. Paul was a Life Member from 1930 to 2006, and an impressive athlete who swam the Golden Gate forty times. I took it over to show the Maritime Museum Library staff. Realizing the scrapbook's value, library staff made a high quality scan of all the pages, a set for the Dolphin Club and one for the library. The family did not want to part with it, which is understandable. But we got the next best thing!

In November 2017, Paul's granddaughter called us to say she had lost her home - and everything, including the scrapbook - in the Tubbs fire in Calistoga. An unimaginable loss, but at least we can send her the scans of Paul's scrapbook.

Watch for Archive work dates, and come help preserve the history of your Club!

Morgan Kulla

Party Policy

Spirit and Intent of the Policy:

The Club and its facilities are here to be utilized and enjoyed primarily by the members of the Club. Members are expected to clean up after themselves and their group gatherings, as well as to follow all Club rules.

Guest Numbers:

Up to four (4) nonmember guests are permitted at any gathering. Five (5) or more nonmember guests, regardless of how many members are present, is not allowed.

Immediate family members and their equivalent are exempt from this rule. However, gatherings that include more than 10 individuals are prohibited unless board approval has been obtained in advance.

Small Gatherings:

Small social gatherings of primarily members that are a byproduct of general Club activities and are inclusive of other members are encouraged (i.e. pier to pier potlucks or post swim/row breakfasts). Private social gatherings, whether by members only or including nonmember guests, that impair the enjoyment of other members are not permitted. Also not permitted:

- exclusionary gatherings that monopolize the kitchen or other spaces,
- commercial or business use
- gatherings that conflict with Club sponsored activities
- use of kitchen by guests without the presence of a hosting member

Andrea Fabian Morgan

Thomas Gould III (1938-2017)



Tom Gould passed away October 12, 2017 from heart disease.

Tom was a swimmer at Galileo High School, but an accident while camping at Lake Berryessa ended his swimming career. Instead, he took up running and completed many marathons.

An "A" student at Galileo, Tom was offered scholarships at UC Berkeley, Stanford and USF. Being the good North Beach boy, he accepted USF, graduated in accounting and later completed his CPA. On the side, he prepared many Club members' tax returns. He has taken any secrets with him.

Tom enjoyed the day life and night life of North Beach, lunching with longtime friends and talking to everyone. If you wanted to know anything about North Beach, you could

ask Tom.

He was a very active member of the Dolphin Club and, together with his wife Christine, attended many Club functions. I met him in the mid-sixties when we both served on the Board. He was the Financial Secretary and I was the Locker Captain. The Club had a problem: not enough money or lockers. He found the books in very bad condition. Some members were not paying dues, others only when they saw fit. Although the club had only 200 members and 250 lockers, I found some using more than one locker and some up to five. Tom dropped any a member who was delinquent, while I put notices in lockers that were unassigned and cleared them out. Both Tom and I got phone calls at home, some answered by our wives, from not-too-happy members.

Tom was elected as club President in 1980, but while he waited for his term to begin on the first of the year, we had our historic fire. The fire that destroyed the San Francisco Rowing Club (SFRC), after the court had closed them down because they refused to accept women members, also did extensive damage to our main building. We had fire insurance, but we couldn't come to a financial agreement. Tom fought with the insurance company over the cost of repair. Eventually they agreed to pay enough to put our own club back the way it was and make a settlement for the SFRC. But after we had removed what was left of the SFRC, we had less than \$200,000 left. Tom Gould and



Wild and crazy guy Tom Gould joined the DC when he was 18.

Tom Hoffman, both money

smart, invested the balance in short term investments, in the 14% return days, and grew the balance enough to build the annex building--Zahler Hall, women's locker room, Sancimino Room, and boat shed.

In 1981 we had our first Escape from Alcatraz Triathlon. Tom was a helper. Someone handed him the timing sheets and he completed the results. He did the timing for almost every year since, doing the split-times in his head.

Tom will surely be missed as a true Dolphin.

Peter Bianucci



Photo by Susanne Friedrich

San Francisco fireboat is on hand to celebrate 100th Golden Gate Swim.

We'll Take Manhattan. . .Catalina, Tahoe too

Joe Illick

David Rich is one of our oldest and least heralded marathon swimmers. A shower conversation might include his observation, when pressed, that he was just on a family trip to Spain and “Yeah, and I took the opportunity to swim the Strait of Gibraltar,” or “It was interesting to do Lake Zurich,” or “The Maui Channel was a kick,” or “Ever hear of the Bonifacio Channel? You swim from Corsica to Sardinia. “

And so, maybe with Rodgers and Hart in mind, this summer he took on the Manhattan Island swim, 28.5 miles around the “isle of joy,” twenty bridges and a variety of waterways. For David, it was also a fundraiser in which he raised \$13,000 to support wounded soldiers recovering at the Walter Reed National Medical Center where his father had been Chief of Vascular Surgery.

This year sixty swimmers qualified for this portion of the Triple Crown of Open Water Swimming, along with the English Channel and the Catalina Channel. They were divided into five smaller groups, each racing on a different day, depending on currents, during the long, long time from June to September. In David's group were swimmers from Spain, Mexico, Australia and the UK.

David came equipped with knowledge gained from numerous Dolphins who had swum the route before him, bolstered with updated medical shots and antibiotics. And, of course, training: 3 – 6 hours with feeding plans, in the pool and with long-distance work-outs in the lagoon at Stinson Beach, whose mid-70s water is similar to Manhattan's.

At 5:30 a.m. he checked in at a marina on the upper West Side, and with his assigned support team (his observer, his captain and his kayaker) loaded up the boats and motored down the Harlem River to the designated starting point on the East River.

The race went off in heats based on speed to optimize swimmers reaching certain course points, the change of currents and ultimately the finish in a narrow band of time. It was a beautifully sunny day, and the Harlem River was calm and fast moving. He sensed the speed of the current as bridges whisked by, giving him a boost in confidence.

After 2-1/2 hours he reached the Hudson River, expansive compared to the Harlem but slower, with headwinds and waves. Another 3-1/2 hours took him to Battery Park at the southern tip of the island – and a cacophony of sights, sounds and action: boat congestion and helicopters. Moving from the chaotic to the serene, the final leg, up the East River with the current



David Rich and his NYC support team



Ryan Utsumi under the Brooklyn Bridge last summer



On his way to the start, Ryan Utsumi checks out Manhattan landmarks to look out for.

picking up again, gave him an adrenaline boost and a finishing time of 7 hours, 40 minutes, well under his 8-hour goal.

That was on August 19, 2017, two months after Ryan Utsumi's navigation of the same course. Swimming was the center of Ryan Utsumi's life growing up in sunny southern California where he covered the five kilometer swim from Huntington Beach to Seal Beach while in high school. Then it was off to pool immersion in frosty New England at Dartmouth College. Having graduated, he abandoned the water for a decade or so, until joining the Dolphin Club in early 2015, and soon began training for an English Channel swim. He made the crossing under the tutelage of some DC veterans – less intimidated, he says, by the physical than the mental aspect of it.

In the summer of 2016 he crossed in eleven hours flat, sunrise to sunset, and prepared for the following year. First, like David Rich, he took on the circling of Manhattan on



David Holscher and daughter Hannah

June 25, seven hours and 17 minutes, second in his heat. A month later, July 19, he was crossing Lake Tahoe lengthwise (21-1/4 miles in ten hours, 36 minutes). On August 21, he spanned the Santa Barbara Channel from Anacapa Island to the mainland (12+ miles in five hours, 29 minutes). And finally, on September 25, the Catalina Channel from Santa Catalina Island to the mainland at night (20+ miles in eleven hours, 6 minutes), a "tough" swim, according to Ryan, a different experience from the English Channel.

Ryan is now the holder of the records for both the Triple Crown of Open Water Swimming and the California Triple Crown of Open Water Swimming. The waiting lists for the so-called Oceans Seven swims are too long for him to sign on to for next summer, but they are on his mind.

Three other Dolphins joined Ryan in crossing the Catalina Channel: Luca Pozzi, Andrew Wynn and David Holscher. Luca jumped on September 3 and swam into the next day, 20-1/4 miles in ten and a half hours (an



David Holscher and daughter Hannah after completing Straits of Gibraltar swim



Luca Pozzi off Catalina Island

Italian record, he claims), and was welcomed by a chorus of Dolphins at dawn. Whether that also was recorded is debatable – he says they performed *nessun dorma* (no one sleeps).

Andrew's jump on September 22 was marred by seasonally uncharacteristic nasty weather, large swells and high winds. Seasick but motivated by his crew when he reluctantly entered the sea, he persisted into the calmer morning waters, reflecting that "being part of the Dolphin Club, Night Train Swimmers and open water community has pushed me farther than I knew was possible." He finished in eleven hours, 20 minutes. For the future, he is contemplating a plunge near his family



photo Susanne Friedrich

This year, Catherine Breed swam the length of Tahoe in the fastest time ever recorded: 8 hours 56 minutes

home of Penzance in the UK: the Scilly Isles to the UK mainland – a 28-mile swim that has only been completed by three people.

David Holscher's twenty-one mile swim stretched from mid-day, October 17th to mid-day, October 18 (twelve hours, 31 minutes). Three years earlier, he had spanned the Strait of Gibraltar (approximately nine miles) in four hours, 49 minutes, along with his 14-year-old daughter Hannah, the first father/daughter to complete the swim (she was the youngest American to have completed it). He has also been part of a number of relays, including the first successful Farallon Relay and the record setting 228-mile swim from Santa Barbara to San Diego on August 22-26, 2013.

Unsurprisingly, there are many routes to long distance or marathon swimming. David Rich was a competitive swimmer as a boy but not in college, and then was drawn back in through triathlons in the late 1980's and joining the Dolphin Club in 1990, when he organized one of the early DC English Channel Swims. Ryan Utsumi was a competitive swimmer in school and college, dropped out, then resumed with the English Channel. Luca Pozzi was thrown into a pool at three months, swam competitively



Andrew Wynn (center) with his Catalina Channel crew.

through high school (no swim teams in Italian colleges), and re-entered the water when he moved to the Bay area and got engaged under the Jacuzzi. Andrew Wynn experienced pool competitions and open water swimming as a boy, but not at Purdue. After a term in the Peace Corps, he settled in San Francisco, met Sunny and Mark McKee, and was introduced to open water swimming by way of the DC Triathlon. David Holscher was a competitive swimmer in high school but a competitive sailor in college and always enjoyed surfing. He began open water swimming when he was invited to join an English Channel relay in 2008, which marked the beginning of Night Train Swimmers.

Another long distance Dolphin this summer was Catherine Breed, perennial first in Club swims. She started her career at age four, qualified for the U. S. Olympic trials at 15 and was an NCAA All-American. She accomplished the 21.3-mile lengthwise Lake Tahoe route in eight hours, 56 minutes, the fastest time ever recorded.

Into the Woods, with Jon Bielinski

Davis Ja



J.D. Durst chops the branches off a black locust tree before it's felled.

It was in the early 90s during one of Jon Bielinski's first rowing trips to Sacramento, when, just past the town of Isleton, he saw a wild grove of trees on the banks of the Sacramento River. A long time boat builder, Jon immediately recognized the trees. They were black locusts.

Black locust trees (*Robinia pseudoacacia*) are most commonly found in the central and eastern

portions of the United States, rarely in the west. The critical features of the tree are its resistance to rot, durability and straight grain, making it desirable for use as fence posts, and of course, for wooden boats. Some consider it the most durable hardwood found in North America. It grows very rapidly for the first twenty years but slows down substantially afterwards, resulting in a tight grain structure.

It's an outstanding environmental alternative to tropical hardwoods or pressure treated wood which requires injections of chemical preservatives such as arsenic.

By the mid-90s, after multiple visits eyeing the grove, Jon recognized that it held many excellent trees that could be used for the fleet of wooden boats at the Dolphin Club. The grove occupied about a half acre of land that was owned by an adjacent granary and fenced off. He tried unsuccessfully for several years to reach the elusive owner, but thanks to the efforts of Jeff Wieland, the grandson of the namesake of our flagship barge, an arrangement was finally made as long as insurance was obtained for any harvesting operation. In return, the grove was to be cleared of brush, fallen trees, and other debris.

Since that time, every several years Jon has taken a small group of Dolphin Club members to Isleton to harvest more trees for our fleet and to maintain the grove. Some of them were used to help rebuild the *Wieland* in 1997.

The trip to Isleton in January this year began with significant challenges. First, the board of governors had to approve the cost for seven of us to go to Isleton for three days. After an extensive discussion, including a proposition of "why not just get wood from a lumber yard!?", we explained the necessity of green, untreated hardwood for traditional wood boat building, and they gave their approval. Secondly, on the first morning of the harvest, the primary truck loaned to our group broke down in the heart of Montgomery Street. A second truck used to tow the first also broke down. Although both trucks were rescued, neither was able to complete the trip. Returning to the club, Jon ran into Joe Omran and on the off chance, asked him whether he had a truck we could borrow. Without any questions, Joe simply tossed his keys to Jon and told him where it was parked. A primary example of the Dolphin way!

With our truck secured, the group including Jon, Rachel Berquist, Julia Hechanova, Andy Stone, J.D. Durst,



In a secret grove near Isleton, Julia Hechanova, Jon Bielinski and Rachael Berquist clear away the undergrowth.

Don Osborne, and myself, Davis Ja, set off. Life member Eric Hanson, whose hospitality and home serves as the last stop of our Sacramento rows, also offered support in clearing logs, bringing them to his wood-burning home. This trip was an invaluable opportunity for journeyman boat builders Rachel and Julia to learn from Jon's knowledge and skills in harvesting the right wood for boat building. This is a prerequisite to understanding the history, culture and tradition of wooden boat building. The skills of our group were critically important; JD's experience in staging brought knowledge of roping, pulleys and climbing techniques. Andy's skills as a gardener helped us understand the types of plants and trees that we were working with. Don's knowledge of carpentry

would also be of critical importance. Finally, since I had ten fingers and could count, I served as purser, tracking expenses.

Off River Road, just north of Isleton, we found the grove just inside the gate of the granary. What surprised us most was the wild growth that pervaded the small lot. It was filled with small brush and wild reeds, most of which topped five or six feet in height. It was also somewhat treacherous, given that we had to descend an eight-foot embankment just to get amongst the trees. It seemed impossible to even get to the trees. And so we began by clearing the brush while Jon and Andy prepared small and large chain saws, pole saws, weed wackers, trimmers, ropes, chains, pulleys, helmets, and ear protectors. It took most of the first

day to simply clear sufficient brush to give us working room and the ability to safely walk and work in the grove. Operating on uneven ground, climbing and cutting, particularly with chainsaws, made safety the highest priority.

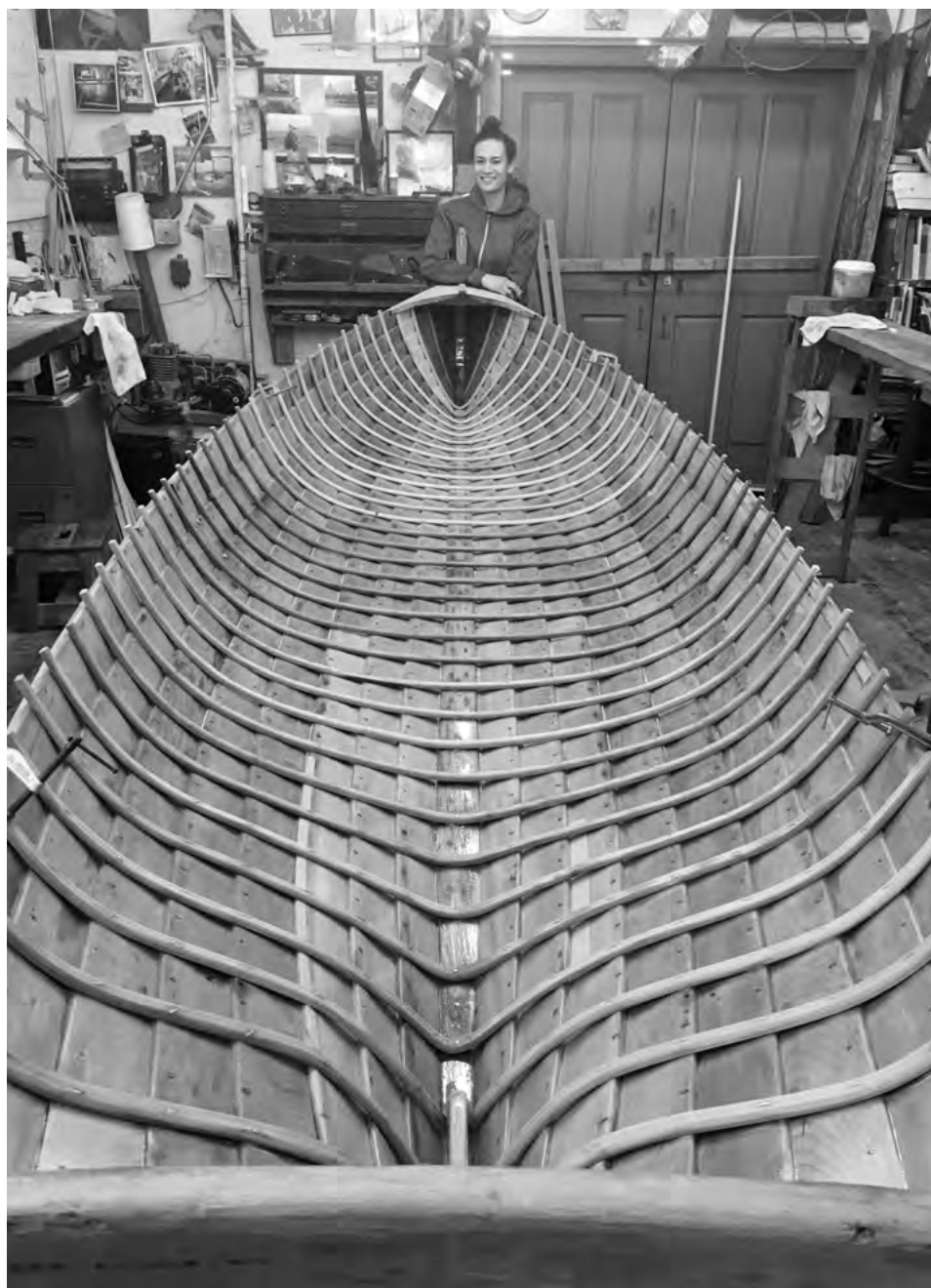
After the brush clearing, Jon and Andy walked through the grove and discussed what trees might be most desirable--and available--to be cut down in a safe direction. This meant that the trees had to fall without being "hung up" on another tree or damaging the fence. Since River Road passed nearby, an ill-fallen tree could stop traffic on the busy road. Once a tree was selected, a path was opened for the direction of the fall by cutting smaller trees in the way. Other younger trees were preserved so that they could be used in our wooden fleet 20 or 30 years from now.

Ropes were used and tied to pulleys so that the proper direction of the fall could be managed. Often JD or Jon would climb up the first quarter of the tree to cut large branches that might impede the fall. Once a tree was felled, the branches were trimmed, and the most useful pieces or the core were identified and cut into logs. Most of the wood harvested was approximately 8 to 15 inches in diameter and as long as 12 feet. The remaining branches and wood were cut into pieces for firewood or left in small brush piles.

This trip was an opportunity for Jon to show our young boat builders not only how to select the best trees, but how to safely manage the harvest. So for each step of the process, both Rachel and Julia learned the critical steps necessary. This included learning to identify the best trees, determine the path of the fall, felling the tree and cutting it into the most usable sections. After three days, we returned



Left: knees, usually apple. Center: Breast hook made from hardwoods: the darkest is African mahogany, the mid color is black locust and the lighter grain is probably oak Right: Burden boards made from cedar.



The repaired Good Luck, its ribs made from black locust. Assistant boatmaster Julia Hechanova admires the beautiful handiwork, much of it from Boatnight volunteers.

with the logs to the Dolphin Club, exhausted but pleased at all the wood we had harvested.

Our wooden boats utilize many types of wood; owing to its hardness and durability, the black locust

is used for the "ribs" of the fleet. Hardwood is also used in places that receive the most pressure or require maximum strength, such as the breast hook at the prow, which might be black locust, oak or apple.

The oarlock blocks are also mostly black locust. The knees, shaped from where a branch meets the tree's trunk, and which hold the thwarts --seats-- are often apple or cherry. The risers, which hold the seats in place, are of oak, mahogany or, again black locust. The lapstrake planks that make up the hull of the vessel are most often cedar; the most desirable is Port Orford cedar from Oregon, though Alaskan yellow or Spanish cedar is also used. The seats and burden boards on the floor are generally softer woods such as cedar since some flexibility is required.

In our boat shop, the *Good Luck* was the fortunate recipient of our black locust, which was still green and had the flexibility and softness necessary for crafting ribs. The logs were first milled with a bandsaw in order to find the straightest grain with no disruptions in the wood. The milling follows the natural curves, which preserves its natural strength. These pieces were then planed into the thickness required for the ribs. Next, the ribs were routed over two sides, soaked in water and steamed for 22 minutes at 210 degrees. After this steam bath, the boat builders have 30 seconds to put each one in place before it cools and reverts to its original shape.

This year, two boats received new ribs from this harvest. For the *Good Luck*, 32 of the original 35 oak ribs were replaced by black locust wood. These were the first rib frame replacements on the *Good Luck* since it was built in 1976. For the *Farrell*, our historic double built 100 years ago, 12 of its original 25 ribs were replaced. The *Farrell* piloted the 100th anniversary of the Joe Bruno Golden Gate swim with new ribs built from trees in the delta.

In October of this year, on two Sacramento rows, the *Farrell* passed by that copse near Isleton, the birthplace of the wood that now helps to hold this distinguished boat together. It was a fitting salute to a tradition of wooden boat building, the historic fleet of our Dolphin Club and to a natural environment which continues to give enduring strength, beauty and joy.

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INTERNATIONAL REALTY

DOLPHIN LOG SWIM STATISTICS

Crissy Field Swim AUGUST 20, 2017

Place	Name	Time
1	Catherine Breed	43:52
2	Andrew Wynn	46:39
3	Suzanne Heim	47:01
4	Adam Eilath	47:06
5	Lauren Au	51:44
6	Stephen Schatz	51:48
7	Chris Wagner	55:43
8	Hubert Chaperon	55:43
9	Ross Browne	55:52
10	Marton Siklos	56:39
11	Alex Strand	57:00
12	Bri McCarthy	1:00:40
13	Peter Bartu	1:01:06
14	Michael T-Hahn	1:02:34
15	Stuart Moulder	1:04:04
16	Kevin Whalen	1:05:44
17	Megan Wachs	1:07:35
18	Peter Molnar	1:08:24
19	Jason Prodoehl	1:09:17
20	Morgan Kulla	1:11:42
21	David Nosrati	1:12:19
22	Gina Rus	1:12:34
23	George Morris	1:13:29
24	Thomas Partridge	1:14:27
25	Maggie Lonergan	1:14:43
26	Pauline F-Koppenol	1:17:45
27	Timothy Kreutzen	1:18:32
28	Joe Ferrero	1:19:14
29	Tyler Burton	1:19:22
30	Trevor Haynes	1:19:29
31	Holly Reed	1:21:04
32	Andy Stone	1:21:15
33	Mark Lenz	1:22:43
34	Kathleen Duffy	1:22:45
35	Tracy Lorenz	1:25:25
36	Jamie Robinson	1:26:19
37	Marcy Michael	1:26:58
38	Ron Russ	1:27:21
39	Janine Corcoran	1:30:10
40	Gretchen Coffman	1:33:12
41	Hal Offen	1:34:22
42	Donald Osborne	1:34:49
43	Anthony DuComb	1:34:59

44	Laura Grubb	1:35:56
45	Kelly Clonts	1:39:02
46	John Ingle	1:49:58
47	Donna Schumacher	1:51:02
48	Arnie Thompson	1:53:02
	Robert Colyar	dnf
	Linda Mahnken	dnf
Pilots: Marcus Auerbuch, Eduardo Barranco, Jon Bielinski, John Blackman, Robert Blum, Barbara Byrnes, Barry Christian, Kathryn Cronin, Reuben Hechanova, Terry Horn, Wiktor Jakubiuk, Margaret Keenan, Brian Kiernan, Tom McCall, Mikhail Melnikov, Jane Mermelstein, Jacqueline Merovich, Kent Myers, Rick O'Hara, Joseph Omran, Steve Pratt, John Robiola, Anna Schatz, Nihan Tiryaki, Ben Zovickian		
Helpers: Dean Badessa, Joni Beemsterboer, Phillip Bowen, Andrew Braithwaite, Catherine Breed, Tyler Burton, Scott Cauchois, Hubert Chaperon, Kelly Clonts, Robert Colyar, Yossi Ettinger, Brian Gilbert, Patrick Grady, Laura Grubb, Lewis Haidt, Trevor Haynes, Suzanne Heim, Tom Hunt, Joe Illick, Sean Kelly, Susan Lauritzen, Mark Lenz, Mark Lubiszewski, Linda Mahnken, Bri McCarthy, Heather McClure, Stuart Moulder, Lorna Newlin, Hal Offen, Lucy Partridge, Tom Partridge, Jason Prodoehl, Story Rafter, Robin Rome, Polly Rose, Aaron Rosenthal, Ron Russ, Donna Schumacher, Eric Shupert, Suma Snehalatha, Andy Stone, Alex Strand, Robert Strawbridge, Matt Stromberg, Arnie Thompson, Diane Walton, Kathryn Werhane, Kevin Whalen, Andrew Wynn		
Test Swim: Lauren Au, Peter Cullinan, Hal Offen, Joseph Omran, Stephen Schatz, Nihan Tiryaki, Chris Wagner, John Blackman, Adam Eilath, Terry Horn, Davis Ja, Wiktor Jakubiuk, Brian Kiernan, Joe Marendia, Tom McCall, Jane Mermelstein, Diane Walton		
Special thanks also to: Kain Stromberg, son of Matt, who helped wrangling the clothes.		

100th Joe Bruno Gold Gate Bridge Swim SEPTEMBER 16, 2017

A truly wonderful swim was enjoyed by all of the swimmers and all of the watchers, the pilots, the helpers, and the invited guests. This was a complex swim, administratively, but the reward for it, the ceremonies and food afterwards, were terrific. Special mention must be made to thank Duke Dahlin for his organizational work, Joe Omran for the special food and work in the galley, and Kent Myers for the fantastic poster. Thanks also to all of our returning champions: men and women who have won the swim in the past. *Returning champions (see summer 2017 Log)

Place	Name	Time
1	Catherine Breed*	17:23
2	Allison Arnold	17:34
3	Adam Eilath*	19:05
4	Ben Zovickian	19:10
5	Suzanne Heim*	19:25
6	Steve Pratt*	20:15
7	Todd Walsh*	20:25
8	Adam Engelskirchen*	20:38
9	Jari Salomaa*	20:42
10	Chris Wagner	21:05
11	Ross Browne*	21:55
12	Stephen Schatz	22:05
13	Ed Duncan*	22:59
13	Laura Zovickian*	22:59
15	Joe Marendia	23:17
16	Patrick Grady	23:26
17	Marton Siklos	23:30
18	Yossi Ettinger	24:13
19	Michael T-Hahn	24:50
20	Neala Kendall*	24:56
21	Sean Kelly	25:15
22	Anna Olsen	25:34
23	Jason Prodoehl	25:48
24	Stuart Moulder	25:54
25	Chris Germain	26:07
26	Bob Cable	26:23
27	Anna Schatz	26:52
28	Tom Neill	27:02



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DOLPHIN LOG SWIM STATISTICS

29	John Selmer*	27:15	92	Bill Burke	43:52
29	George Shafer	27:15	93	John Ingle	44:25
31	Terry Huwe	28:09	94	Scott Cauchois	44:32
32	Danny De Leon	28:24	95	Robert Callan Jr.	44:45
33	Michael Garibaldi*	28:28	96	Michael Barber	45:46
34	Megan Wachs	28:30	97	Andrea Morgan	45:49
35	Hubert Chaperon	28:43	98	Peter Neubauer	47:15
36	David Nosrati	29:02	99	Sheila Gleeson	47:30
37	Chase Corum	29:16	100	Lorna Newlin	49:48
38	Kathleen Sheridan	29:39	101	Lindsay Boswell	51:55
39	Mickey Lavelle	29:40	102	Suma Snehalatha	55:04
40	Gina Rus	29:46	dnf	Holly Baskin	
41	Rich Haymes	29:54	dnf	Anne Sasaki	
42	Andy Stone	30:00	Pilots: Jean Allan, Marcus Auerbuch, Peter Bartu, Natazha Bernie, Jon Bielinski, John Blackman, Todd Bloch, Richard Bond, Barbara Byrnes, Lowen Cattolico, Barry Christian, Kathryn Cronin, Thomas Davis, Jay Dean, Marianne Dean, James Dilworth, Paul DuBois, Sam Ferguson, Patrick Freilinger, Brad Gambrell, Alessandro Gatti, Mark Gustin, Donald Harrison, Reuben Hechanova, Kelley Heye, Dawn Holley, Terry Horn, Paul Irving, Davis Ja, Jenn Jackson, Rochelle Jones, Liz Kantor, Brian Kiernan, John Kortum, Will Kushner, Eric Lam, Matthew Leffers, Kristy Leffers, Gary Leong, Thea Liskamm, Tor Lundgren, Mary Magocsy, Christian Martin, Meredith May, Grant Mays, Tom McCall, Tyler Meade, Jane Mermelstein, Jacqueline Merovich, Peter Molnar, Jon Nakamura, David Nettel, Rick O'Hara, James Michael Palu, John Pelka, Jesse Pence, John Robiola, Michael Rousseas, Katherine Schatz, Sibylle Scholz, Carlyle Seccombe, Eric Shackelford, Maile Smith, Scott Stark, Matt Stromberg, Monica Towers, Chris Tschinkel, Erik Von Blankenburg, Diane Walton, David Zovickian		
43	John Henderson	30:35			
44	Peter Drino*	31:07	Helpers: Susan Allen, Laura Atkins, Andrew Braithwaite, Tyler Burton, Gretchen Coffman, Robert Colyar, Janine Corcoran, Erik Cufino, John Davis, Duke Dahlin, Danny De Leon, Quinn Fitzgerald, Sue Garfield, Chris Germain, Sharon Gross, Jon Grunstad, Trevor Haynes, John Henderson, John Hornor, Nancy Hornor, Carolyn Hui, Tom Hunt, John Ingle, Gavin Jefferies, Bryn Kass, Athena Kyle, Lolly Lewis, Loretta Madden, Mary Magocsy, Heather McClure, Peter Neubauer, Joe Omran, Dennis Polston, Daragh Powers, Neal Powers, Jason Prodoehl, Robin Rome, Polly Rose, Ron Russ, Anne Sasaki, Marie Sayles, Susan Saylor, Eric Shupert, Alexander Sigal, Suma Snehalatha, Bob Tandler, Kevin Whalen, John Wilde, Janice Wood		
45	Robert Blum	31:42			
46	Keith Nelson	31:45	Test Swim: Barbara Byrnes, Andrew Cassidy, Jane Mermelstein, Mike Mitchell, Peter Molnar, Michael Silva, Matt Stromberg, Allison Arnold, Jon Bielinski, John Blackman, Duke Dahlin, Reuben Hechanova, Terry Horn, Davis Ja, Brian Kiernan, Joe Marena, Tom McCall, Andrea Morgan, Stephen Schatz, Scott Stark, Diane Walton, David Zovickian		
47	Maggie Lonergan	32:00			
48	Margaret Keenan	32:12	Special thanks to: Xavier Lanier, a non-member who joined the piloting group on a jet ski.		
49	Timothy Kreutzen	32:24			
50	Peter Cullinan	32:36			
51	Denise Sauerteig	32:56			
52	Trevor Haynes	33:11			
53	Holly Reed	33:25			
54	Bryn Kass	33:26			
55	Dean Badessa	33:32			
56	Lindzy Bivings	33:50			
57	Tyler Burton	34:00			
58	Jim Frew	34:02			
59	Aaron Rosenthal	34:07			
60	Ken Coren	34:15			
61	Hal Offen	34:28			
62	Mark Lenz	34:40			
63	Barry Baskin	35:31			
64	Marcy Michael	35:36			
65	Andrea Allen	35:39			
66	Deb Sullivan	35:42			
67	Janine Corcoran	35:57			
68	Nancy Hornor	36:00			
69	Douglas James	36:35			
70	Joni Beemsterboer	36:45			
71	Philip Coyle	36:49			
72	Tommaso Trionfi	37:06			
73	Pauline F-Koppenol	37:20			
73	John Hornor	37:20			
75	Gretchen Coffman	38:00			
76	Gregory Anderson	38:36			
76	Kent Myers	38:36			
78	Mark Lubiszewski	39:00			
79	Robin Rome	39:08			
80	Donald Osborne	39:26			
81	Will Powning	39:40			
82	Ron Russ	40:04			
83	Kathleen Duffy	40:38			
84	Laura Grubb	40:45			
85	Lindsey Hoshaw	41:00			
86	Liam Hennessy*	41:26			
87	Lewis Haidt	41:40			
88	Kathryn Werhane	41:45			
89	Susan Lauritzen	42:38			
90	Joe Gannon	42:55			
91	Linda Mahnken	43:20			



Alcatraz Swim OCTOBER 1, 2017

[As of October 5, 2017, the following results had been reported: the pilots' list was still incomplete and the list of helpers in the Galley had not been turned in. Information will be updated as it is received.] The swim had its challenges, including a freighter, which slowed to allow the swimmers and pilots to get out of the way.

Place	Name	Time
1	Catherine Breed	33:13
2	Allison Arnold	33:14
3	Adam Eilath	35:59
4	Suzanne Heim	37:25
5	Ben Zovickian	39:20
6	Lauren Au	41:39
7	Patrick Grady	43:06
8	Stephen Schatz	43:34
9	Ross Browne	43:43
10	Matt Stromberg	44:41
11	Marton Siklos	46:29
12	Hubert Chaperon	47:25
13	Yossi Ettinger	47:36
14	Alex Strand	48:36
15	Laura Zovickian	49:04
16	Michael T-Hahn	50:21
17	Amanda Ernzer	51:42
18	Bri McCarthy	52:01
19	Anna Schatz	53:17
20	Anna Olsen	53:22
21	Kevin Whalen	54:09
22	Chris Germain	55:12
23	Mickey Lavelle	55:45
24	Tom Neill	56:09
25	Terry Huwe	57:35
26	Charles Cross	57:51
27	David Nosrati	1:00:07
28	Thomas Partridge	1:01:11
29	Chase Corum	1:03:26
30	Trevor Haynes	1:03:27
31	Krista Gager	1:04:02
32	TylerBurton	1:05:22
33	Kathleen Sheridan	1:05:41
34	Andy Stone	1:05:54
35	Andrew Braithwaite	1:08:18
36	Danny De Leon	1:08:27
37	Keith Nelson	1:10:09
38	Robert Blum	1:10:49

DOLPHIN LOG SWIM STATISTICS

39	Wiktor Jakubiuk	1:10:52
40	Margaret Keenan	1:11:11
40	Timothy Kreutzen	1:11:11
42	Hal Offen	1:11:23
43	Tommaso Trionfi	1:11:37
44	Laura Grubb	1:12:11
45	Mark Lenz	1:12:27
46	Mark Harrold	1:12:39
47	Morgan Kulla	1:12:47
48	Lindzy Bivings	1:14:09
49	Janine Corcoran	1:14:22
50	Joni Beemsterboer	1:14:22
51	Kathleen Duffy	1:15:12
52	Ken Coren	1:16:19
53	Gretchen Coffman	1:16:22
54	Denise Sauerteig	1:16:55
55	Scott Cauchois	1:17:38
56	John Wilde	1:18:14
57	Donald Osborne	1:18:26
58	John Hornor	1:19:03
59	Maggie Lonergan	1:19:09
60	Holly Reed	1:20:33
61	Lindsey Hoshaw	1:21:20
62	Ron Russ	1:24:33
63	Bill Burke	1:26:42
64	Michael Barber	1:26:46
65	Kathryn Werhane	1:27:19
66	Jamie Robinson	1:27:42
67	Peter Neubauer	1:28:11
68	Keith Howell	1:28:21
69	Marcy Michael	1:29:00
70	Deb Sullivan	1:29:50
71	Linda Mahnken	1:30:12
72	Robert Callan Jr.	1:33:05
73	Joe Gannon	1:33:34
74	Aaron Rosenthal	1:33:43
75	Janice Wood	1:34:44
76	John Ingle	1:37:36
77	Will Powning	1:39:04
78	Kent Myers	1:43:32
79	Lindsay Boswell	1:46:29
R	Stuart Gannes	1:03:06
R	Suma Snehalatha	1:39:20
R	Sheila Gleeson	1:44:06
R	Nancy Hornor	1:05:08
dnf	Barry Baskin	

Pilots: John Blackman, Richard Bond, Barbara Byrnes, Bob Cable, Barry Christian, Anthony DuComb, Adrian Dyer, Sam Ferguson, Brad Gambrell, Reuben Hechanova, Terry Horn, Davis Ja, Brian Kiernan, Eric Lam, Thea Liskamm, David McGuire, Andrea Morgan, Jon Nakamura, David Nettell, Rick O'Hara, John Robiola, Gina Rus, Anne Sasaki, Eric Shackelford, Deborah Sherwood, Elizabeth Tippin, Monica Towers, Chris Tschinkel, Megan Wachs, David Zovickian
Helpers: Andrea Allen, Barry Baskin, Christine Casey, Peter Cullinan, Signe Curtis, Eileen David, Brenna Fleener, Brian Gilbert, Gail Grynbaum, Suzanne Heim, Tom Hunt, Claire Jackson,

Marcy Michael, Lorna Newlin, Miriam Osborne, Melissa Parent, Daragh Powers, Neal Powers, Polly Rose, Eric Schaefer, Eric Shupert, Jennifer Sturgill, Michael Tschantz-Hahn, Ryan Utsumi, Kevin Whalen, John Wilde, Janice Wood
Test Swim: Gabriella Cross, Peter Cullinan, John Ingle, Aniko Kurczinak, Stephen Schatz, Matt Stromberg, Jon Bielinski, John Blackman, Charles Cross, Reuben Hechanova, Terry Horn, Brian Kiernan, Tom McCall, Tom Neill, David Nettell, Sibylle Scholz, Diane Walton
Special Thanks to: Travis Kulla – Morgan's son, Caroline Curtis – non-member, David Ufferflige – non-member



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COMPASS

DOLPHIN LOG SWIM STATISTICS

Walt Schneebeli Over 60 Swim
OCTOBER 22, 2017

Escape From Alcatraz Triathlon
OCTOBER 29, 2017



Walt Schneebeli 1925-2017

3 different courses

A. touch numbers on Eppleton Hall;

B. buoy line; C. cove

Only 1st place was recorded, with no times recorded. Starting gun fired by Walt Schneebeli.

Group Place Name

A	1	David Zovickian
A		Robert Danielson
A		John Davis
A		Susan Sward
B	1	Laura Merkl
B		Stan Baker
B		Phil Fernandez
B		Sue Garfield
B		Sarah McCuskey
B		Marla McGowan
B		Eric Shackelford
B		Noel Turner
C	1	Jon Nakamura
C		Barry Baskin
C		Joni Beemsterboer
C		Mary Cantini
C		Ken Coren
C		Eileen David
C		Norman Degelman
C		Joe Gannon
C		John Hornor
C		Nancy Hornor
C		Heidi Howell
C		Keith Howell
C		Kate Matthay
C		Mark McKee
C		Sunny McKee
C		Michaelynn Meyers
C		Keith Nelson
C		Peter Neubauer
C		Hal Offen
C		Will Powning
C		Robin Rome
C		Andy Stone
C		Kathryn Werhane

Pilots Vince Huang, Brian Kiernan
 Helpers Lindsay Boswell, Sue Garfield,
 Brian Gilbert, John Hornor, Aniko
 Kurczinak, Daphne Lagios, Andy Stone,
 Susan Sward, Diane Walton, Madhuri
 Yechuri

Place	Name	# of Escapes now complete (2017)	2017 1st yr complete	Crz	Swim Time	Bike Time	Run Time	Total Time	Notes
1	Reid Tileston		yes		0:43:57	1:00:03	2:26:00	4:10:00	1st 30s (m)
2	Marton Siklos	2			0:36:38	0:51:22	2:47:00	4:15:00	
3	Thomas Brown	7			0:40:10	0:53:50	2:52:00	4:26:00	1st 40s (m)
4	Thomas Partridge		yes	yes	0:42:49	0:52:11	3:00:00	4:35:00	1st cruiser
5	Hubert Chaperon		yes		0:35:11	0:54:49	3:06:00	4:36:00	
6	Will Callan		yes		0:44:32	1:32:28	2:23:00	4:40:00	fastest run; youngest; 1st 20s (m)
7	Amanda Ernzer	2			0:37:21	0:56:39	3:12:00	4:46:00	1st 20s (f)
8	Duncan Law		yes		0:57:13	1:07:47	2:41:30	4:46:30	
9	Terry McKellips	2			0:46:08	0:58:52	3:02:00	4:47:00	1st 50s (m)
10	John Ottersberg	9		yes	0:33:08	0:59:52	3:16:00	4:49:00	fastest swim
11	Nobuya Takahashi	9			0:56:47	1:22:13	2:33:00	4:52:00	
12	Conor McLaughlin		yes		0:44:05	1:03:55	3:06:00	4:54:00	
13	Laura Vartain Horn	3			0:36:24	0:57:36	3:20:00	4:54:00	1st 30s (f)
14	Victor Jakubiuk		yes		0:48:50	1:16:10	2:53:00	4:58:00	
	Daniel Wheeler	3		DNF			2:43:00	5:02:00	
15	Conor Power	5			0:40:58	0:56:02	3:28:00	5:05:00	
16	Peter Buck		yes		0:37:52	1:05:08	3:27:00	5:10:00	
17	John Gibbon		yes	yes	0:41:29	0:55:31	3:34:00	5:11:00	
18	Mark Harrold		yes		0:49:22	1:18:38	3:04:00	5:12:00	
19	Daniel Reid		yes	yes	0:40:45	1:01:15	3:31:00	5:13:00	
20	Kala Sherman Presser		yes		0:35:27	1:04:33	3:35:00	5:15:00	
21	Christian Ebersol	3			0:55:54	1:19:06	3:08:00	5:23:00	
22	Robert Callan		yes		0:55:56	1:13:04	3:14:30	5:23:30	
23	Richard Haymes	7		yes	0:49:28	0:59:32	3:36:00	5:25:00	
24	Sean McFadden	14		yes	0:37:32	0:50:28	3:59:00	5:27:00	fastest bike
25	Kelly Clonts		yes		1:05:34	1:01:26	3:21:00	5:28:00	
26	Michael Miller	3			0:42:23	1:07:37	3:41:00	5:31:00	
27	Jay Egami	2			0:42:00	1:15:00	3:35:00	5:32:00	Wet suit
28	George Morris		yes	yes	0:43:54	1:12:06	3:37:00	5:33:00	
	Tim Harsch		yes		DNF		3:03:00	5:35:00	
29	Chris Tschinkel	4		yes	1:15:52	1:10:08	3:24:00	5:50:00	

DOLPHIN LOG SWIM STATISTICS

Escape From Alcatraz Triathlon OCTOBER 29, 2017

30	Anthony DuComb	22			0:56:06	1:09:54	3:53:00	5:59:00	1st 60s (m)
31	Margaret Lonergan		yes		0:49:15	1:05:45	4:07:00	6:02:00	
32	Alex Sigal	6			0:55:02	1:26:58	3:44:00	6:06:00	
33	John Horner	13		yes	0:56:52	1:07:08	4:05:00	6:09:00	
34	James Walter	6			0:43:27	1:08:33	4:20:00	6:12:00	
35	John Coughlan		yes	yes	0:41:17	1:20:43	4:13:00	6:15:00	
36	John Mattox	13			0:51:00	1:08:00	4:21:00	6:20:00	
37	Mark McKee	19			0:57:04	1:17:56	4:15:00	6:30:00	
37	Sunny McKee	20			0:49:17	1:17:43	4:23:00	6:30:00	1st 60s (f) HALL OF FAME ENTRY
38	John Sims		yes		0:52:27	1:14:33	4:35:00	6:42:00	
39	Jon Nakamura	28			0:42:56	1:23:04	4:51:00	6:57:00	
40	Mike Webb	25		yes	0:55:25	1:43:35	4:30:00	7:09:00	oldest finisher
41	Tom Linthicum	21			0:46:26	1:12:34	5:11:00	7:10:00	
42	Eileen Buckley	4			0:53:48	1:22:12	4:55:00	7:11:00	1st 40s (f)
43	Stephanie Duhau	6		yes	0:57:06	1:40:54	4:36:00	7:14:00	first cruiser
44	Barry Baskin		yes		0:55:35	1:16:25	5:19:00	7:31:00	
45	Keith Nowell	28			1:00:13	1:39:47	5:12:00	7:52:00	
46	Holly Baskin		yes		1:12:17	1:00:43	5:41:00	7:54:00	1st 50s (f)
47	Phil Taylor	10			1:18:39	1:45:21	4:51:00	7:55:00	

First Team - overall time									
R9 - Shepewski Youth Corps					0:41:37	0:46:23	2:20:00	3:48:00	
Tim Kline									
Andrew Willis									
Andrew Willis									
Tim Kline									
Second Team									
R7 - Green Monstera					0:45:54	0:48:06	2:20:00	3:54:00	
Brian Matray									
James Dyett									
James Dyett									
=									
Third Team									
R4 - Wander Women					0:38:03	0:47:57	3:08:00	4:34:00	
Krista Gager		yes							
Rebecca Wolski		yes							
Theda Uskamm		yes							
R1 - The First Mom and Son Relay					0:46:20	0:54:40	3:49:00	5:31:00	
Gina Bianucci Rus									
Brian Rus		yes							
Brian Rus									
Brian Bianucci Rus									
R2 - Splash Roll Dash					0:39:44	0:58:16	3:43:00	5:21:00	
Arnie Oji									
Dennis Watson									
Carlos Cheung		yes							
R3 - Turtles					1:11:11	0:50:49	3:46:00	5:48:00	
Pete Neubauer									
Davis Ja									
Lisa Smith									
R5 - Partial Tripe					0:34:22	0:57:38	3:17:00	4:49:00	
James McDonald									fastest relay swim
Heather Zinn		yes							
Mark Lenz									
Andrew Schwaab									
R6 - I Forget					0:55:20	1:02:46	3:53:00	5:51:00	
Greg Anderson		yes							
Tim Kreutzen									
Tim Kreutzen									
Greg Anderson									
R8 - Class of Our Own					0:37:38	1:00:22	4:18:00	5:56:00	
Peter Bartu									
Hal Cranston									
Stephen Anderson									
R10 - Gay Mafia					0:40:24	1:02:36	2:39:00	4:22:00	
Stuart Moulder		yes							
Hal Offen									
Stuart Moulder									



So close to Halloween, Doug James and Nancy Horner on Mt Tam offer broomsticks to Double Dipsea runners—but they come at a price.

DOLPHIN LOG SWIM STATISTICS



Pete Bianucci with daughter Gina Rus who organized this Year's Escape from Alcatraz Triathlon

Dolphin / South End Triathlon NOVEMBER 18, 2017

Row:

DC won first place in every Rowing event, second place in half of them, and third in the rest.

We swept the top four spots in the Heavy Single race.

We captured the "Senior" bonus points in the Heavy Single and the "First Woman" bonus points in the Single Shell.

We put over twice as many rowers and boats on the water than the South End.

By the end of the regatta we were ahead by 155 points. By any normal measure, this should have been an insurmountable lead. The rowers thoroughly cleaned SERC's clocks. The club next door shouldn't be allowed to call themselves a "rowing club."

Swim:

DC captured first place in 2 of the 8 divisions, second place in 5, but only took 1 third place spot.

We had the fastest overall swimmer (Catherine Breed) and 5 of the top 11 finishers.

Our youngest swimmers turned out

and performed well. 16 of the 36 swimmers under the age of 35 were Dolphins, and even though they were heavily outnumbered they placed very strongly (especially the Women).

The rest of our swimmers stayed home. Of the remaining 115 competitors, only 35 were from the blue team. We were outnumbered by more than 3 to 1 among swimmers over 35 years old. Even worse, in the critical 36 - 50 age group we were outnumbered 53 to 9.

Worst of all, we only fielded a single competitor in the the Women's 36-50 bracket. Out of 18 women between the ages of 36 and 50 who swam last Saturday only ONE had an orange cap on. When you're outnumbered 17 to 1 how can you possibly hope to win?

Remember that 155-point lead coming out of the row? By the time all the yellowheads walked up onto the beach, that lead had shrunk to 62. We lost the swim by 93 points.

Run:

104 people completed the run. 33 of them were Dolphins, 71 of them South Enders. Again, we were outnumbered by over 2 to 1.

Also like the swim, our Runners did very well. We took first place in 4 of the 8 divisions, second place in another 4, and 3rd place in 3.

We swept the top 3 places in Men's 35 and Under division, the top 2 spots in both the Men's 51 - 64 and the Men's 65+ divisions, and second and third in the Men's 36 - 50 division.

The best story was the Men's 35 and Under, where we had 8 of the top 9 finishers. This was the only division in either the Swim or the Run in which Dolphins actually outnumbered South Enders.

Just like the swim, our youngest athletes showed up and kicked ass, but our "middle aged" members stayed home. Out of 36 participants in the 36 - 50 age group, only 8 were Dolphins.

And worst of all, we didn't have a single competitor in the Women's 36 - 50 race. None. SERC brought 9.

We lost the Run by 63 points. Game, set, match.

SERC won by 2 points. On the Epic Meltdown Scale it was right up there with the 2013 America's Cup or the 2017 Super Bowl... or a certain election that took place last year.

Charlie Sava, Dolphin and Famous Coach

Rich Cooper

Charlie Sava, born in 1896 of Portuguese parents in the Balearic Islands near Spain and brought to the US at age 3, joined the Dolphin Club in 1926, won the Golden Gate swim in 1927, and remained a club member until his death in 1983. As a young athlete he won many open-water races when not swimming out and around Seal Rocks just for exercise and fun.



Charlie Sava, Dolphin from 1927-1983

The SF Rec and Park's Sava Swimming Pool (formerly Larsen Pool) is a state-of-the-art 25 yard, eight-lane multi-purpose facility nestled on 19th Avenue near Stern Grove, a tribute to a man who dedicated his adult life to teaching and improving swimming and water safety. In both World Wars he instructed young recruits how to swim and survive. In 1925, Charlie attended the first National Aquatic School to help develop the Red Cross lifesaving program. He went on to win several major competitions testing lifesaving skills.

But he is better remembered as an innovative and dedicated coach. Sava worked to establish national age-group training and rules that have required few changes. He taught many thousands how



Joan Brown painting

to swim, including the Sancimino kids and other children of club members known as the Dolphin Splashers. Charlie emphasized longer workouts than most coaches of that era and was one of the first to use interval training repetitions. He perfected several breathing and stroke techniques. His 1960 book, *How to Teach Yourself to Swim*, is still available and highly recommended for beginners.

For three decades, until it closed in 1956, Charlie was manager, coach, and janitor at the old Crystal Plunge in North Beach (the subject of a May 8, 1948 article in *The Saturday Evening Post*); he slept there and cooked on a hot plate.

More importantly, before high schools and colleges had teams for girls, Charlie gave female swimmers a chance to compete and excel. His teams in the 1940's won eight consecutive AAU National Championships. His prize pupil was Ann Curtis, who went on to become an Olympic Gold Medalist in 1948 and the first female



When high schools had no girls' teams, Coach Sava encouraged females to compete

winner of the Sullivan Award for Outstanding Amateur Athlete. Sava also helped to organize the San Francisco Merionettes Synchronized Swim Team (at what was then Larsen Pool), internationally famous for decades.

Joan Brown, SF Bay swimmer and recognized artist, pictured him in several of her paintings.

In 1970, Charlie Sava, honored coach, was inducted into the International Swimming Hall of Fame. For all his contributions to the community and swimming world, we can be proud to count Charlie as a Life Member of the Dolphin Club.



Sava with a self-portrait of Joan Brown

Much about Dolphin Rowing is unique, the spectacular Bay views, the challenging currents, and our classic wooden boats. We also have a usual habit of going on long rows, very long, multi-day rows. In a sport where a 3-mile race is considered “long”, our 20 to 100 mile “adventure rows” are special. The most significant example is the three-day row from the Dolphin Club to Sacramento, an annual tradition reaching back generations. In recent years, increased interest in these unique outings has seen some rows of the past resurrected and other new adventures achieved.

The “Sac Row” has defined the standard form for these long-distance efforts. One or two of the club’s wooden doubles is packed with drinking water, gear and three rowers per boat (earlier efforts took four per boat). This arrangement allows the rowers to rotate positions, spending 40 minutes of each hour rowing and 20 minutes resting (and eating, drinking and steering the boat). This rotation means that the physical demands, while challenging, are not out of reach of typical experienced club rowers, and the experience is demanding but enjoyable, with sights to see and good conversation amongst crewmates.

In many ways the toughest part of a long row like Sacramento is not the rowing but the planning and logistical arrangement. Careful timing of tides and winds is key, navigation is an obvious requirement, and food and camping must be arranged along with trailers and vehicles to return the boats and rowers. The skills in planning and execution of a multi-day effort are an important “institutional memory” for the Dolphin Club. As more members have experienced the Sac Row, and learned how to plan and organize such an event, they’ve found other ways to put those skills to use.

In just the past year, Dolphins have rowed from the club to Petaluma, a 12-hour one-day effort, and have also rowed from Napa back to San Francisco, an especially difficult



In Petaluma: Davis Ja, J.D. Durst, Caroline Sugnaux, Todd Block, Dave Maloney, Andy Stone

challenge finishing in the afternoon winds. Other rows went to Jack London Square in Oakland and back, and later a complete circuit of Alameda Island with an overnight stop. Trips to China Camp State Park in Marin, either as an overnight trip or as a seven-hour up-and-back row, have become a regular route for our rowers. We have seen groups make several overnight trips to Angel Island. In 2016 a group of Dolphins rowed across the Strait of Juan De Fuca from Washington to Victoria, BC as a part of the Race to Alaska, and finally this fall three Dolphins; Scott Stark, Natazha Bernie and Paul Dubois, rowed from the DC dock to Half Moon Bay in a Whitehall owned by Scott.

These successful adventures have Dolphin rowers planning to repeat many of these routes and try new ones in the coming year (a circuit of Tahoe, perhaps?), and adding variations that are harder, or faster or in some way more fun or more challenging, including long, solo rows where the comfort of rowing partners and regular rest periods is eliminated. So, in addition to rowing and racing on the bay, and piloting our swims, Dolphins will continue to set out on extended adventures on the water.

Of course we still like to race fast on the bay too. This September we hosted the second Angel Island regatta. Both shell and wooden boat rowers circuted the island in calm conditions before enjoying a brunch on the dock. Rachael Perry took first place in the single shell division with a time of 1:21, but the fastest finisher was our new “quad”, rigged for this outing as a sweep-oared “four”, returning to the finish in 1:10, albeit without direct competition. The ladies of the *Wieland* crew covered the route in 1:29, and Don Osborne was the fastest wooden boat at 1:40. Dolphin rowers also raced, with great success, at the Wooden Boat Classic hosted by SERC, and traveled to Massachusetts for the Head of the Charles Regatta.



Don Osborne and Hal Offen rowing to Alameda up the Oakland Estuary.

Jay Dean

The Future of the Dolphin Club is in the Present. While we celebrate the allure of a Club that has attracted an all-time high membership, close to 1700 strong, we are aware of the 'wear and tear' on the facility and a diminishing quality of the experience. That 'wear and tear' also extends to the expanding administrative burden that has increased in concert. Independent of the fluctuations in membership is the constant onslaught of the marine environment. For many of the Life Members, the changes that have occurred, serve as a reminder that our past is an intrinsic part of the present. Over the 140-year span of the club's existence, with multiple annual events, this has always been a cultural and social place for everyone. Our enduring zest to 'Live Life Large' was exemplified in September with the 100th annual Golden Gate Bridge Swim. This occasion marks a significant historical moment, a milestone in the enduring legacy and testimony of this major athletic event, which must be around to notch a second century.

To endure the onslaught of members is as challenging as the weather. This well-used and well-loved temple requires the same constant and nurturing attention we provide to our own physical health. While we maintain 'the most affordable athletic club' in the city (one of the costliest places to live in this country) largely through membership dues, they are falling behind. Dues alone are not enough to keep this club as good as it can be, or better. The many years of 'deferred maintenance' are taking a visible toll on the building's exterior and on the unseen but vital upkeep on the interior.

A comprehensive Master Plan for our building - parts of which date back to 1896 - has been assembled to ambitiously address the list of projects including Repair, Replace and Maintain for the next five or more years. Issues/improvements include utilities (gas, electrical, water, sewer), roof, floor, and foundation(s). The 30-year-old boiler was just replaced (cost \$80K), while the Kitchen and Weight Room (equipment replacement-ongoing, foundation-pending) require our undivided

attention NOW. All these projects will need a protracted series of significant funding. And we must address the compounding decline caused by past 'deferred maintenance'. Next slotted for renovation is the Kitchen, the heart and soul of all the Swims and celebrations. Aside from what we have in our coffers, it will require another push for funding.

On a parallel path, I also have an Alert and a Shout Out to solicit a pod of 'Indiana Joneses' needed to help Morgan Kulla, life member and club archivist, who continues to orchestrate the labor-intensive and time consuming archiving of our historic and precious memorabilia. Please keep an eye out for the posting of her next whirlwind of archiving activity. Make sure to take the time to help her and other volunteers who offer their time to help mine our precious trove of 'stuff' found in the piles of historic detritus. We all seek to hold on to

our keepsakes, but we do need to cast out those items that have seen better days. FYI, this is a great way to truly learn what has taken place for over a century within these walls, 'if only they could only talk'!

The Dolphin Club Board has accomplished a lot in 2017, through their commitment, energy and diligent work, but the Master Plan 'List of Projects' can no longer be kicked down the road. The end of the line for 2017 will be moved forward into the 2018 'To Do' Projects List. The ultimate results are typically done by the heavy lifting of volunteers who unselfishly contribute to the good of the club, making it better for all. To be a member of the Dolphin Club is like no other experience, carrying with us it's History and Heritage, bringing a better and richer experience to the New, Young, Old, and Life members. Go Dolphins !!!

Reuben Hechanova



Jacks now support the aging weightroom. Don't jump too hard.



The Dolphin Swimming
& Boating Club
502 Jefferson Street
San Francisco, CA 94109

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2018 DOLPHIN CLUB SWIM & EVENT SCHEDULE

Jan 1	Mon 9:45 am	*New Year's Day Alcatraz
Jan 1	Mon 10:00 am	New Year's Day Cove Swim
Jan 27	Sat 10:00 am	*Pier 41
Feb 3-4	Sat/Sun 00:58	24 hour cove relay
Feb 11	Sun TBD	Old Timer's Lunch
Feb 17	Sat 10:00 am	*Gas House Cove
Feb 24	Sun 9:15am	*Pier 39
Mar 17	Sat 10:00 am	*Yacht Harbor
Mar 21	Wed 11:00 pm	End of Polar Bear
Mar 31	Sat 9:00 am	*Dick Beeler Crazy Cove
Apr 7	Sat TBD	McCovey Cove Regatta
Apr 22	Sun 8:00 am	*Pier 23
May 6	Sun 8:00 am	*John Nogue Swim for Science Pier 15
May 12	Sat 8:00 am	*Coghlan Beach (fun swim)
May 19	Sat TBD	Rowers Festival
May 20	Sun 7:30 am	*Bay Bridge
May 27	Sun 9:00 am	*Gas House Cove (fun swim)
Jun 1	Fri 5:00 am	100-Mile Swim Begins
Jun 9	Sat 8:30 am	*Pride Swim
Jul 7	Sat 5:00 pm	*Under 30 & 30-45
Jul 7	Sat 5:30 pm	*Doc Howard Over 45
Jul 15	Sun TBD	Baykeeper Relay
Jul 21	Sat 8:30 pm	*Under the Stars I/S-O/S
Jul 29/30	Sat/Sun 11:00/8:30 am	*Santa Cruz Pier Swim
Aug 12	Sun 9:30 am	*Crissy Field
Aug 19	Sun 8:00 am	Joe Bruno Golden Gate
Aug 25	Sat 9:00 am	*Fort Point
Aug 26	Sat TBD	Angel Island Regatta
Sep 8		Dolphin/South End Triathlon
Sep 30	Sun 8:15 am	Escape from Alcatraz Triathlon
Oct 3	Sun 9:30 am	Walt Schneebeil Over 60 Cove
Oct 13	Sat 9:30 am	Alcatraz
Oct 31	Wed 11:00 pm	100-Mile Swim Ends
Nov 10	Sat TBD	Pilot Appreciation Dinner
Nov 22	Thur 9:00 am	Thanksgiving Day Cove
Nov 24	Fri 5:00 am	Grizzly Bear Challenge
Dec 8	Sat TBD	Shiny Shoes
Dec 16	Sun 9:30 am	New Year's Day Qualifier & Holiday Brunch
Dec 21	Fri 5:00 am	Polar Bear Swim Begins
Dec 31	Sun 11:00 pm	Grizzly Bear Challenge Ends

ROWING TRAINING

These Saturdays at 9:00 am

January 20

February 24

March 24

April 21

May 19

June 23

July 21

August 18

September 22

October 20

November 24

December 22

Intro to bay swimming *usually*
offered on the Saturday *or* Sunday
following the monthly Board
Meetings, check website
www.dolphinclub.org

SWIM PROGRAM RULES

1. Club scheduled swims are restricted to club members, who are current on their dues and fees and in good standing.
 2. Swimmers must have current USMS membership, or USA Swimming membership, as appropriate and abide by each organization's rules and requirements.
 3. Swimmers are required to wear orange caps on all scheduled swims.
 4. Swimmers cannot use swim aids including fins and wet suits, on any timed scheduled swims.
 5. New members are not eligible to swim in scheduled out-of-cove swims for either 6-months from the start of their membership, or before successfully completing the 100-mile swim, the Polar Bear swim, or the Accelerated Out-of-Cove process.
 6. All out-of-cove swims require a pilot:swimmer ratio of 1:3.
 7. Time limits may be imposed at the discretion of the Swim Commissioner(s).
 8. All Club boats are reserved for scheduled swims. Co-pilots are encouraged. Riders are prohibited.
 9. Swimmers must register during check-in and attend the swim briefing in order to swim.
 10. To swim Golden Gate or Alcatraz, members must successfully complete at least three qualifying swims and help on at least three swims.
 11. Out-of-town members must have successfully completed two of the last three club scheduled Alcatraz and/or Golden Gate swims or meet Rule 10 above.
- (Nothing in the above rules shall contravene any applicable Federal laws and statutes.)

Alcatraz Island
1.4 miles



Fort Point
3.5 miles

Crissy Field
2.5 miles

Yacht Harbor
1.5 miles

Gas House Cove
1 mile

Aquatic Park Cove

Pier 41½
1.2 miles

Pier 43
1 mile